

# Young IFSO Report 2024

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President, Young IFSO Scientific Committee Member, IFSO Director, Global Obesity Collaborative (GOC) Director, Chinese Obesity and Metabolic Surgery (COMES) Collaborative & Database Director, Clinical Research and Training, International Bariatric Center, Jinan University Vice-President, Jinan University Institute of Obesity and Metabolic Disorders (JNUIOMD) Co-founder and Secretary General, Asia Pacific Alliance for Obesity and Sarcopenia Metabolism (APAOSM) National Committee Member and Secretary General, Chinese Society for Metabolic and Bariatric Surgery - Integrated Health

### Content

- 1. Structures and platforms
- 2. Activities: recent updates
- 3. Selected publications
- 4. Future plans



### **10th Anniversary of the Young IFSO**



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### 10th Anniversary of the Young IFSO (International Federation for the Surgery of Obesity and Metabolic Disorders): Current Status and Future Perspectives

Letter to the Editor | Published: 16 November 2023 Volume 34, pages 274–277, (2024) Cite this article

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Access provided by International Federation for the Surgery of Obesity

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**Obesity Surgery** 

Aims and scope  $\rightarrow$ 

Submit manuscript  $\rightarrow$ 

Wah Yang , Daniel Moritz Felsenreich, Halit Eren Taskin, Reynu Rajan, Shahab Shahabi, Roxanna Zakeri, Jose Eduardo Garcia Flores, Tamer Abdelbaki, Toghrul Talishinskiy, Sonja Chiappetta, Daniel Gero, Aleksandr Neimark, Karin Dolezalova & Sylvia Weiner Use our pre-submission checklist  $\rightarrow$ 

Avoid common mistakes on your manuscript.

# 4 E's for Young IFSO



- Expansion: Promote Young IFSO to more young talents around the world, especially in countries/regions just started bariatric surgery.
- Education: Give more equal chances to our young members to learn, share and collaborate with each other.
- Evidence: We need more data and evidence to speak for bariatric surgery as evidence is lacking for many clinical questions. With data, then we can come up with consensus or guidelines which is needed for IFSO and its members and chapters. Encourage and conduct more multicenter clinical researches.
- Equity: Be more practical and beneficial to most of our members.

### Activities of Young IFSO (selected)



- Young IFSO offers online and recorded events. The topic will be announced four weeks before the webinar via social media.
- Young IFSO session at the IFSO World Congress 2023 in Naples, Italy August 30 September 1, 2023
- 1st Joint IFSO-EC and Young IFSO Webinar online September 28, 2023
- Young IFSO MENA Chapter Session in Egyptian Society of Bariatric Surgeons Annual Meeting October 2023
- Young IFSO session at the IFSO-APC Congress 2023 in Shenzhen, China Nov 30 Dec 2, 2023
- Young IFSO Lecture at Club SOFFCO Jeune Congress in Strasbourg iRCAD, France February 1-2, 2024)
- Young IFSO Training Course (become a bariatric and metabolic surgeon) Animal Lab in Naples, Italy February 22-23, 2024
- Young IFSO session at the IFSO-EC Congress 2024 in Vienna, Austria May 2-4, 2024. 5 Prizes for the best
  presentations are planned.
- Joint Young IFSO and International Club SOFFCO Jeune Session at National SOFFCO Congress in Nantes, France May 22-24, 2024

Source: Young IFSO

# Join us: Young IFSO Membership Survey



- An IFSO member aged 45 or below is eligible to join Young IFSO
- Fill in a simple survey to join: <u>https://www.surveymonkey.com/r/RPZKPNW</u>



## **Benefits of being Young IFSO Members**



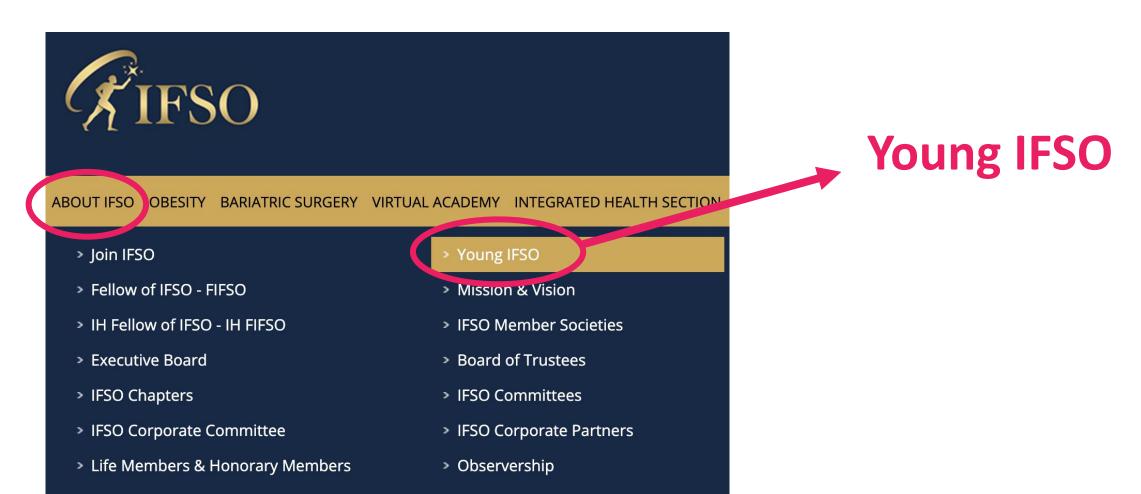
- 1. Enjoy all benefits of IFSO Regular Members / Integrated Health Members
- 2. Young IFSO provides clinical/academic international collaborations and global research opportunities.
- 3. Young IFSO sessions at international conferences provide young investigators to present their work and increase their visibility.
- 4. Young IFSO Journal Clubs provide good networking and discussions on hot topics in bariatric and metabolic surgery.
- 5. Young IFSO provides opportunities to make international friends. A global network to call for advice and learn new skills in a relaxed, friendly environment.
- 6. Young IFSO provides opportunities to take part in leadership and teamwork in its Chapters and Committees with global collaborations and activities.
- 7. IFSO Scholarship to support our young members to attend IFSO Chapter Meetings and World Congress.

Source: <a href="https://www.linkedin.com/company/youngifso">https://www.linkedin.com/company/youngifso</a>

## Young IFSO Webpage at IFSO.com

### https://www.ifso.com/Young-IFSO

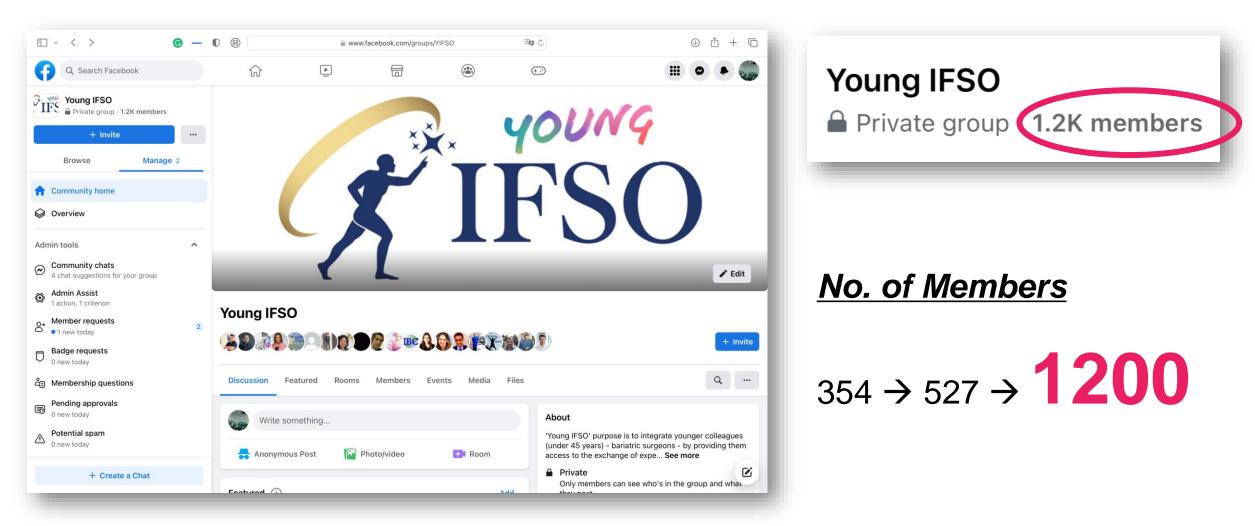




## Young IFSO Facebook Page



### www.facebook.com/groups/YIFSO









### https://x.com/YoungIFSO





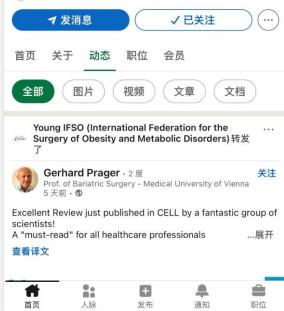


#### Young IFSO (International Federation for the Surgery of Obesity and Metabolic Disorders)

The hub of bariatric metabolic surgery & allied health care

医院和医疗保健·945关注者

#### 🗣 Bengy和其他 61 位好友已关注该主页



https://www.linkedin.com/company/youngifso

### **Executive Board, Committees, Advisory Board**



#### **Executive Board**

President President-elect Immediate Past President Secretary-Treasurer Chapter Representatives APC EC LAC MENAC NAC Committees Scientific Committee Chair

Communication Committee Chair

#### Advisory Board

Halit Eren Taskin, Aleksandr Neimark, Karin Dolezalova, Sylvia Weiner

Wah Yang (China) Daniel Moritz Felsenreich (Austria) Halit Eren Taskin (Turkey)

Reynu Rajan (Malaysia)

Shahab Shahabi (Iran) Roxanna Zakeri (UK) Jose Eduardo Garcia Flores (Mexico) Tamer Abdelbaki (Egypt) Toghrul Talishinskiy (USA)

Sonja Chiappetta (Italy) Daniel Gero (Switzerland)















# **Activities:** Recent Updates

### **Scientific Committee**

#### Credits: Dr. Sonja Chiappetta

2025:

Greece...

Italy







Istanbul 14.-15. October 2024



Directors Sonia Chiappetta - Vincenzo Bottino Honorary Presidents Christine Stier - Rudolf Weiner

Naples, February 26<sup>th</sup> - 27<sup>th</sup> - 28<sup>th</sup> 2025





### **Scientific Committee**

**XIFS** 

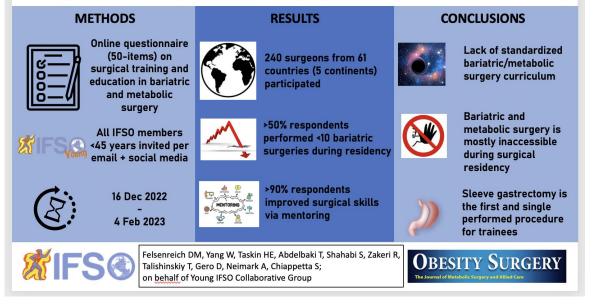
Obesity Surgery (2023) 33:2816–2830 https://doi.org/10.1007/s11695-023-06751-8

#### ORIGINAL CONTRIBUTIONS

### Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey

Daniel M. Felsenreich<sup>1</sup> · Wah Yang<sup>2</sup> · Halit E. Taskin<sup>3</sup> · Tamer Abdelbaki<sup>4</sup> · Shahab Shahabi<sup>5</sup> · Roxanna Zakeri<sup>6</sup> · Toghrul Talishinskiy<sup>7</sup> · Daniel Gero<sup>8</sup> · Alexandr Neimark<sup>9</sup> · Sonja Chiappetta<sup>10</sup> · on behalf of Young IFSO Collaborative Group

#### Young IFSO Bariatric/Metabolic Surgery Training and Education survey



#### Credits: Dr. Sonja Chiappetta



Global Young-IFSO training and education survey: Endoscopic Bariatric Therapy and Endoscopic Complication Management in Metabolic/Bariatric Surgery

#### Dear colleagues,

this Young IFSO Bariatric / Metabolic Surgery Training and Education survey: Endoscopic Bariatric Therapy and Endoscopic Complication Management in Metabolic/Bariatric Surgery

aims at helping us to analyze the actual status of Endoscopic Bariatric Therapy and Endoscopic Complication Management education worldwide.

We invite all Young-IFSO members (age up to 45) to participate.

The survey includes 39 questions regarding the usage of endoscopy in your daily clinical practice.



In pipeline... will be send after Melbourne

## **Communication Committee**

Credits: Dr. Daniel Gero

6mo \*\*\*

6mo \*\*\*



- Creation of an active community on Linkedin > almost 1000 followers
  - Sharing information on courses / Journal Clubs / Webinars ٠
  - Empowering winners (Dr Poljo) / organisers / participants of Young IFSO ٠
  - Posting scientific studies and Young IFSO presentation videos •
  - Engaging with followers via polls, KeyOpinionLeaders in comments

|        | Young IFSO (International Federation for the Surgery of Ob |
|--------|--|
| F IFSO | 722 followers  |
|        | 4mo • 🕲  |

GLP-1 drugs named Breakthrough of the Year www.science.org/content/article/breakthrough-of-the-year-2023. Their impact on bariatric surgery?

You can see how people vote. Learn more

| S 3                            | 1 comme |
|--------------------------------|---------|
| 25 votes • Poll closed         |         |
| BMS will be used for high BMIs | 20%     |
| No impact on use of BMS        | 32%     |
| Use of BMS will increase       | 28%     |
| Use of BMS will decrease 🥑     | 20%     |



6mo (edited) \*\*\* Esteban Varela MD, MBA • 2nd MPH, FACS, FASMBS, DABS, DABOM | Expert in Bariatric, Hernia & Robotic Su...

Any good solutions to standardize this procedure? Michel Gagner Marina Kurian Jaime Ponce, MD, FACS, FASMBS, FIFSO, DABS-FPMBS, DABOM

#### 2 Reply · 2 Replies

Michel Gagner • 2nd Chief of Surgery at Westmount Square Surgical Center

Was this difference the same as with cholecystectomy or Roux-en-Y gastric bypass? The guestion is, is it the specific procedure or are surgeons always going to differ within this range no matter what the procedure is? Once you know this, we'll be able to help you.

#### 2 Reply

Jaime Ponce, MD • 2nd

FACS, FASMBS, FIFSO, DABS-FPMBS, DABOM Past-President of the A... Esteban Varela MD this paper is interesting but I think the big

principles of the technique are well accepted. The fine details about how are done and the specific anatomical variations are the ones that get surgeons confused sometimes

**Representing Young** IFSO in the Taskforce to create a **European Board of Surgery Exam** for MBS (FEBS)

Young IFSO (International Federation for the Surgery of ... FIFSO 929 followers 2mo · 🕥

The tradition of a competitive Young IFSO Session, followed by a networking event including an awards mini-ceremony was revived last week in Vienna.

Adisa Poljo received the first, Evangelia Triantafyllou (represented by his coauthor, Panagiotis Lainas) received the second prize for their best oral presentation of the Young IFSO (International Federation for the Surgery of Obesity and Metabolic Disorders) session. The Young IFSO was represented by Moritz Felsenreich, Roxanna Zakeri, Daniel Gero, PD Sonja Chiappetta, Romano Schneider and Marko Kraljević.

Many thanks to our first class Jury Panel (Michel Suter, Torsten Olbers and Dimitri Pournaras), to all speakers, to the IFSO-president Gerhard Prager for his support and to the many friends and colleagues who made both events memorable!



# **Young IFSO Journal Club Meetings**



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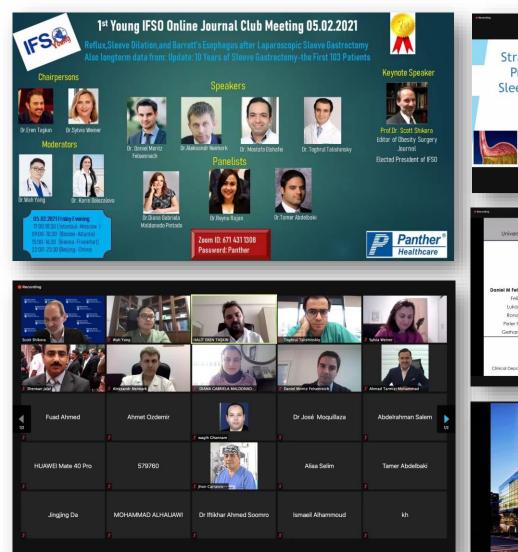
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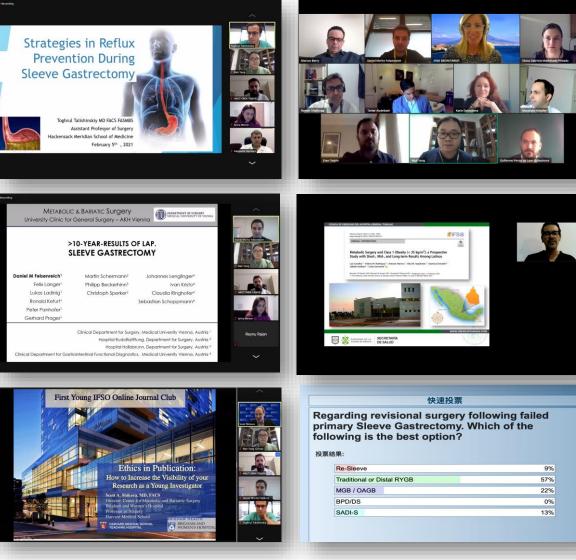
UILI

BALLE

CARL

4th YOUNG IFSO JOURNAL CLUB MEETIN





| IN I: KEYNOTE LECTURE<br>ANASTOMOSIS DUODENAL-ILEAL E<br>CTOMY/ONE ANASTOMOSIS DUOD<br>SITION STATEMENT – UPDATE 202 | ENAL SWITCH (SADI-S/OADS | MAY 21, 2021<br>8 am Mexico City<br>9 am New York                     |
|--|--------------------------|---|
| N II: PAPER DISCUSSION<br>LIC SURGERY AND CLASS 1 OBESI<br>CTIVE STUDY WITH SHORT, MID.,<br>LATINOS                  |                          | 3 pm Central Europe<br>4 pm Moscow<br>9 pm Beijing<br>11 pm Melbourne |
| RS   | PANELISTS                |   |
| GABRIELA   | EREN TASKIN              | C+  |
| ASKIN  | WAH YANG                 | •2  |
|  | SYLVIA WEINER            |   |
| ERATORS  | ALEKSANDR NEIMARH        |   |
| IS BERRY   | TAMER ABDELBAKI          | -   |
| N VILALLONGA   | KARIN DOLEZALOVA         |   |
| ENTERS   | DANIEL MORITZ FELS       |   |
| RMO PONCE DE LEÓN  | MOUSTAFA ELSHAFE         | =   |
| IS ZERRWECK  | REYNU RAJAN              |   |

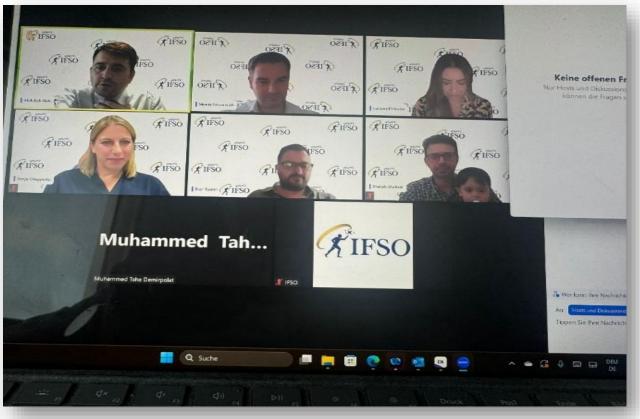
#### Source: Young IFSO

# **Young IFSO Journal Club Meetings**









### **Training and Education in MBS**



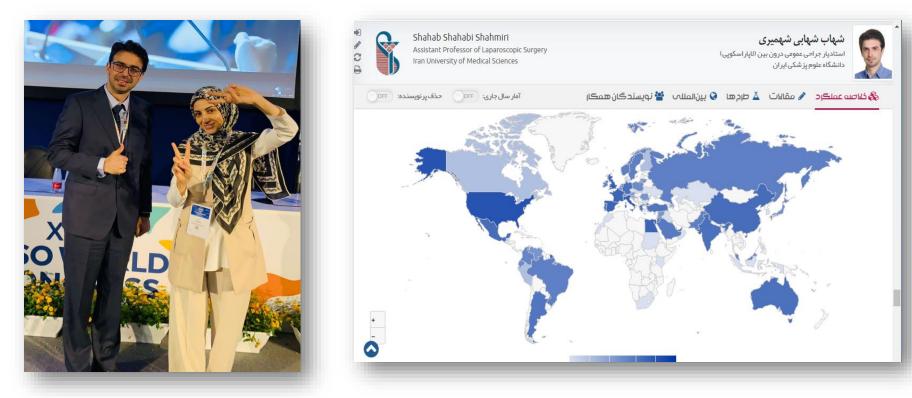
• MBS fellowship program in Rasoul-e- Akram Hospital COE for surgery of Obesity, trainees from Afghanistan, Pakistan, UAE, IRAQ And Lebanon



### **Training and Education in MBS**



- Implement initiatives to encourage participation and representation of women
- Announcing and Encouraging members to attend and present in congress
- More than 40 papers with international collaborations



### Young IFSO Sessions in different conferences



- Young IFSO Session in IFSO-APC Meeting 2023... etc
- Young IFSO Session in IFSO World Congress 2024



# **Selected Publications**

by Young IFSO Members

### Young IFSO Spotlight



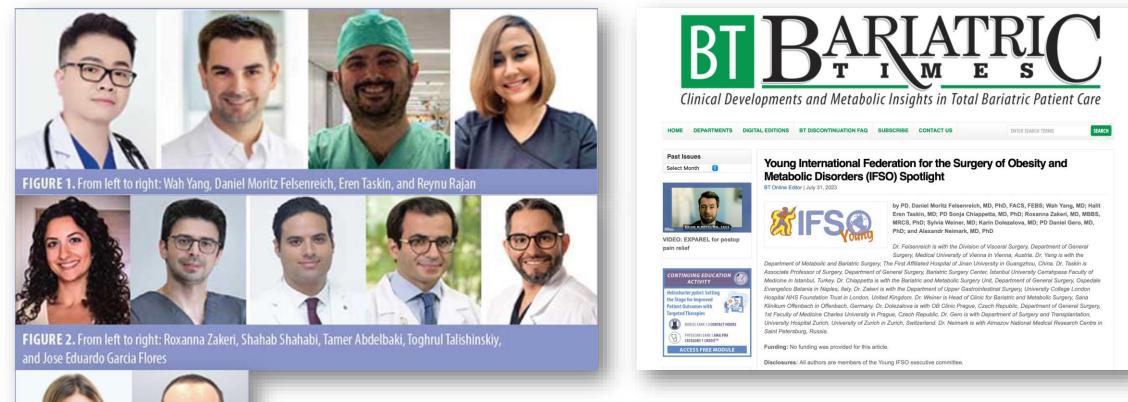




FIGURE 3. Sonja Chiappetta and Daniel Gero

Young International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Spotlight. Bariatric Times. 2023;20(7–8). Published online July 31, 2023. <u>https://bariatrictimes.com/young-ifso-spotlight</u>

#### Credits: Dr. Daniel Moritz Felsenreich

### **Best Paper and Best Video in OBSU**



#### **BEST PAPERS OBSU**

 Single-anastomosis Sleeve Jejunal: a Mid-term Follow-up Report of a New Surgical Technique (Apr 2023)

#### **BEST VIDEO OBSU**

 Laparoscopic Conversion of Open Vertical Banded Gastroplasty to Roux-en-Y Gastric Bypass with Resecting the Remnant Stomach—Video Case Report" (Feb 2023)







Many other papers published by Young IFSO members



• >100 publications last year from Young IFSO Members



# **Future Plans**

## Young IFSO Election: New Executive Board



#### **Incoming Young IFSO President 2024 - 2026:**

- A.p. Prof. Priv. Doz. Daniel Moritz Felsenreich, MD, PHD, FEBS, FACS
- Medical University of Vienna / Austria
- IFSO-EC Executive Director
- Young IFSO-EC Representative 2020 2022
- Young IFSO President-elect 2022 2024

Elections of Young IFSO in IFSO World Congress 2024 Melbourne

- Young IFSO President-elect
- Young IFSO Secretary
- Young IFSO Chapter Representatives

**New Structure: Young IFSO Integrated Health (IH)?** 



# **Keep in Touch for Future Collaborations!**

### Dr. Wah Yang, MD

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President, Young IFSO Scientific Committee Member, IFSO Director, Global Obesity Collaborative (GOC) Director, Chinese Obesity and Metabolic Surgery (COMES) Collaborative & Database Director, Clinical Research and Training, International Bariatric Center, Jinan University Vice-President, Jinan University Institute of Obesity and Metabolic Disorders (JNUIOMD) Co-founder and Secretary General, Asia Pacific Alliance for Obesity and Sarcopenia Metabolism (APAOSM) National Committee Member and Secretary General, Chinese Society for Metabolic and Bariatric Surgery - Integrated Health