

Harnessing Big Data for Predictive Analytics in Bariatric Surgery

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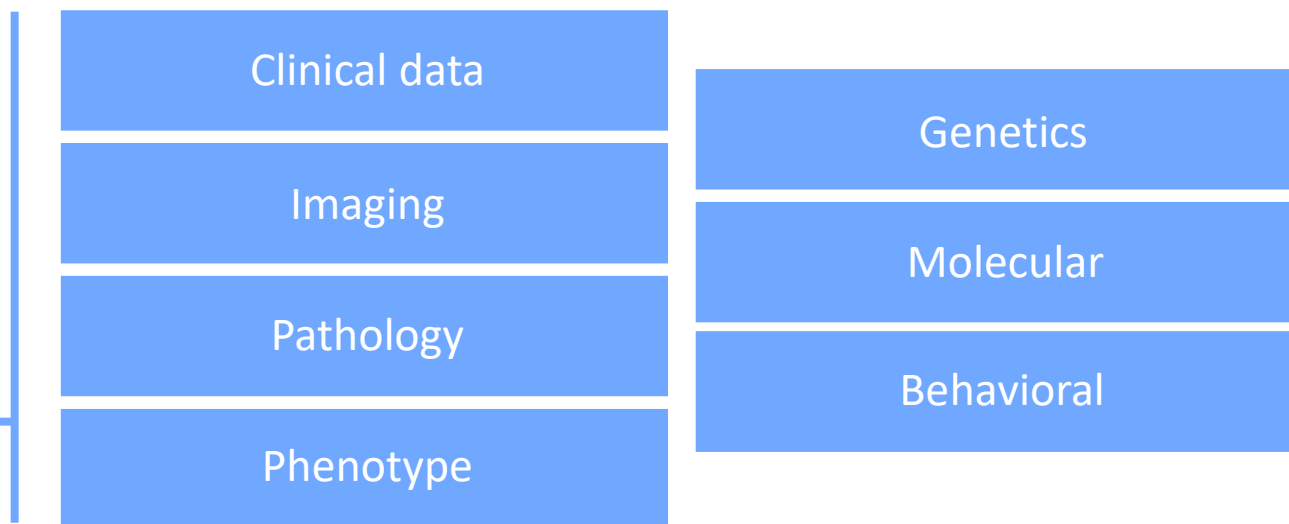


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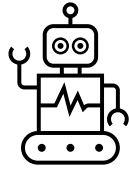
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Background

“diverse, complex, disorganized, massive, and multimodal data generated by researchers, hospitals, and mobile devices around the world”

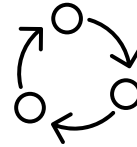


Use of Big Data in Bariatric Surgery



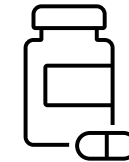
Robotics and MIS

“Computer-assisted surgery”
Algorithms utilized to
increase precision and safety
(i.e. stapling)



Operational Efficiency

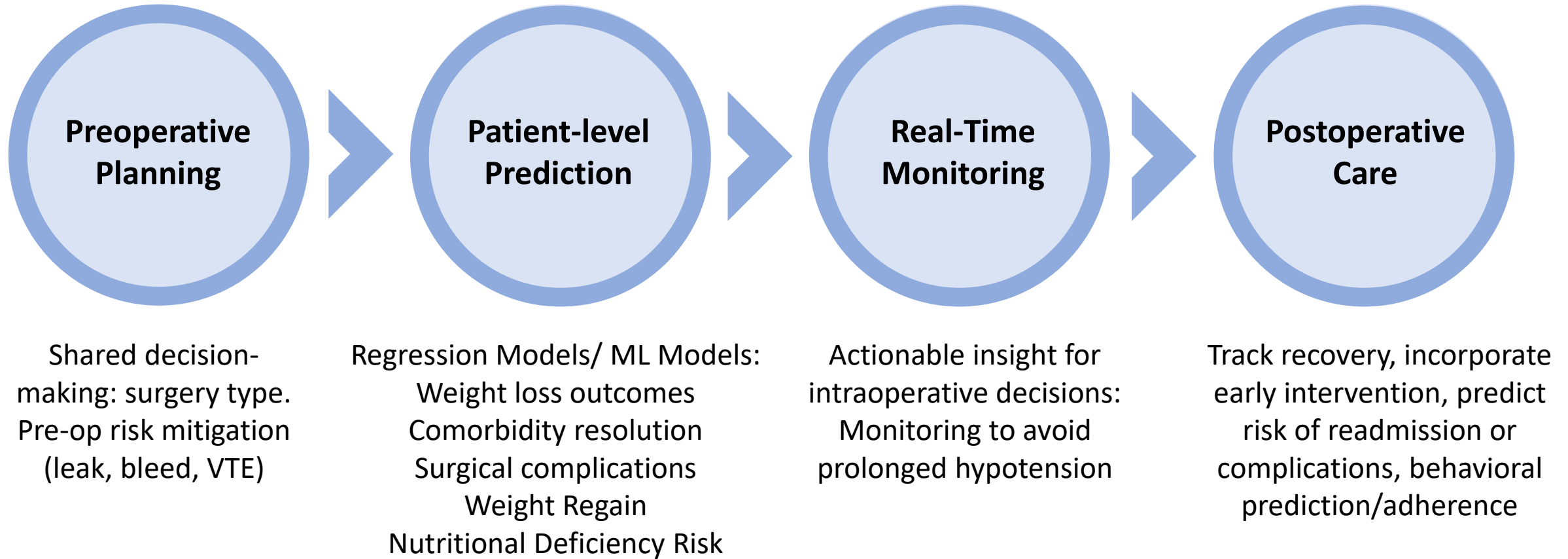
Optimize surgical
workflows and resource
allocation



Personalized Medicine

Tailor treatment based
on risk stratification,
determine who needs
more intensive follow-
up or dietary support

Large datasets can uncover hidden patterns, correlations, trends, and insights to enhance quality and efficiency of surgical care



Predictive Analytics for Weight Trajectory – The SOPHIA Study

Outcome: 5-year weight trajectory after sleeve & bypass

LASSO regression for feature selection; Decision Tree (ML) analysis
 Classification and Regression Trees (CART) algorithm
 80/20 with internal validation (n=1493, France)
 External validation in 8 other cohorts (n=7137 Europe, n=167 Americas, n=977 Asia),
 including SLEEVEPASS and SM-BOSS (n=457)

Development and validation of an interpretable machine learning-based calculator for predicting 5-year weight trajectories after bariatric surgery: a multinational retrospective cohort SOPHIA study



Patrick Saux*, Pierre Bauvin*, Violeta Raverdy, Julien Teigny, H  l  ne Verkindt, Tomy Soumphonphakdy, Maxence Debert, Anne Jacobs, Daan Jacobs, Valerie Montpellier, Phong Ching Lee, Chin Hong Lim, Johanna C Andersson-Assarsson, Lena Carlsson, Per-Arne Svensson, Florence Galtier, Guelareh Dezfoulian, Mihaela Moldovanu, Severine Andrieux, Julien Couster, Marie Lepage, Erminia Lembo, Ornella Verrastra, Maud Robert, Paulina Salminen, Geltrude Mingrone, Ralph Peterli, Ricardo V Cohen, Carlos Zerrweck, David Nocca, Carel W Le Roux, Robert Caiazzo, Philippe Preux, Fran  ois Pattou

SOPHIA Bariatric Weight Trajectory Prediction THE LANCET Digital Health

Patient

Weight 150 kg

Height 180 cm

Age 30 years

Non-smoker **Smoker**

Type 2 diabetes Diabetes

Diabetes duration 10 years

Surgery

Type of intervention Gastric Bypass

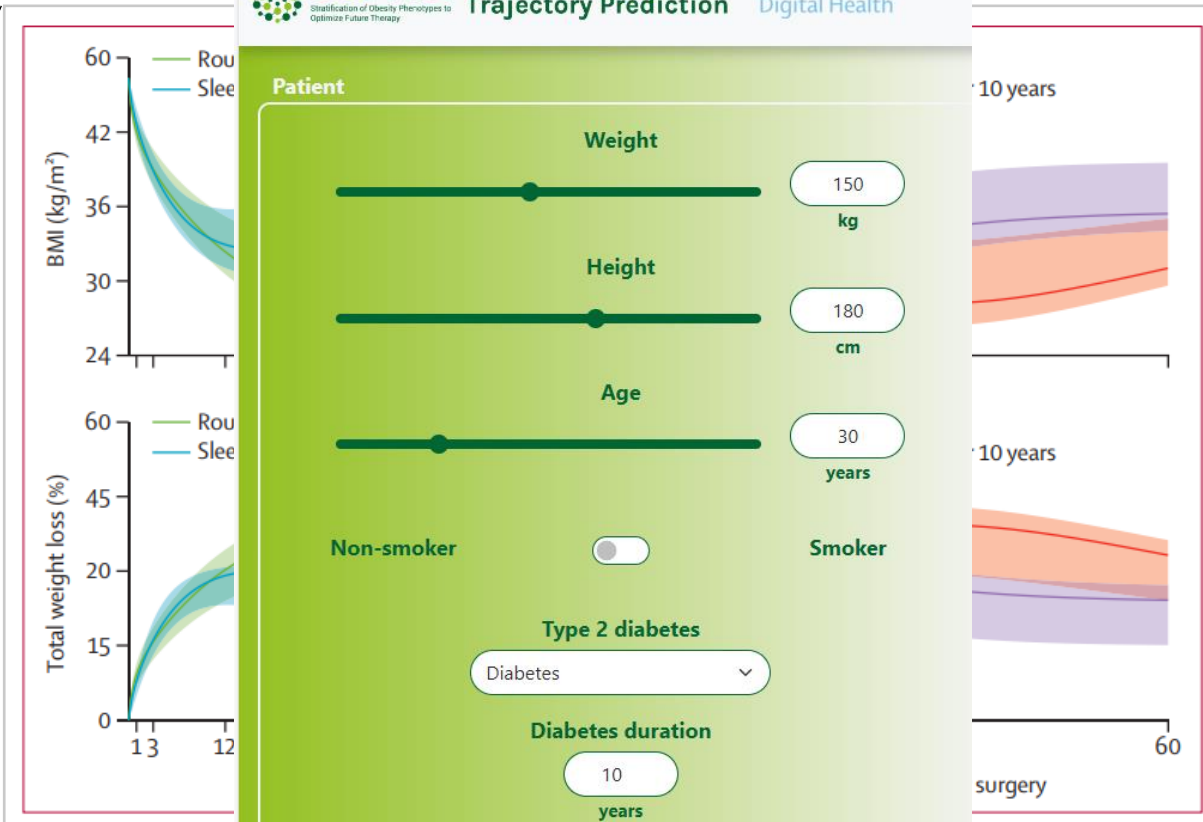


Figure 3: Predicted weight trajectories for Roux-en-Y gastric bypass (Roux) and sleeve gastrectomy (Sleeve) over 10 years. The top graph shows BMI (kg/m²) decreasing from approximately 55 to 35 for both procedures. The bottom graph shows total weight loss percentage, with sleeve gastrectomy achieving approximately 20% weight loss and Roux-en-Y achieving approximately 15% weight loss over 10 years. Shaded areas represent confidence intervals.

AI and Machine Learning can be used to predict “success” after surgery

Original Research Article



Application of machine learning algorithms in classifying postoperative success in metabolic bariatric surgery: A comprehensive study

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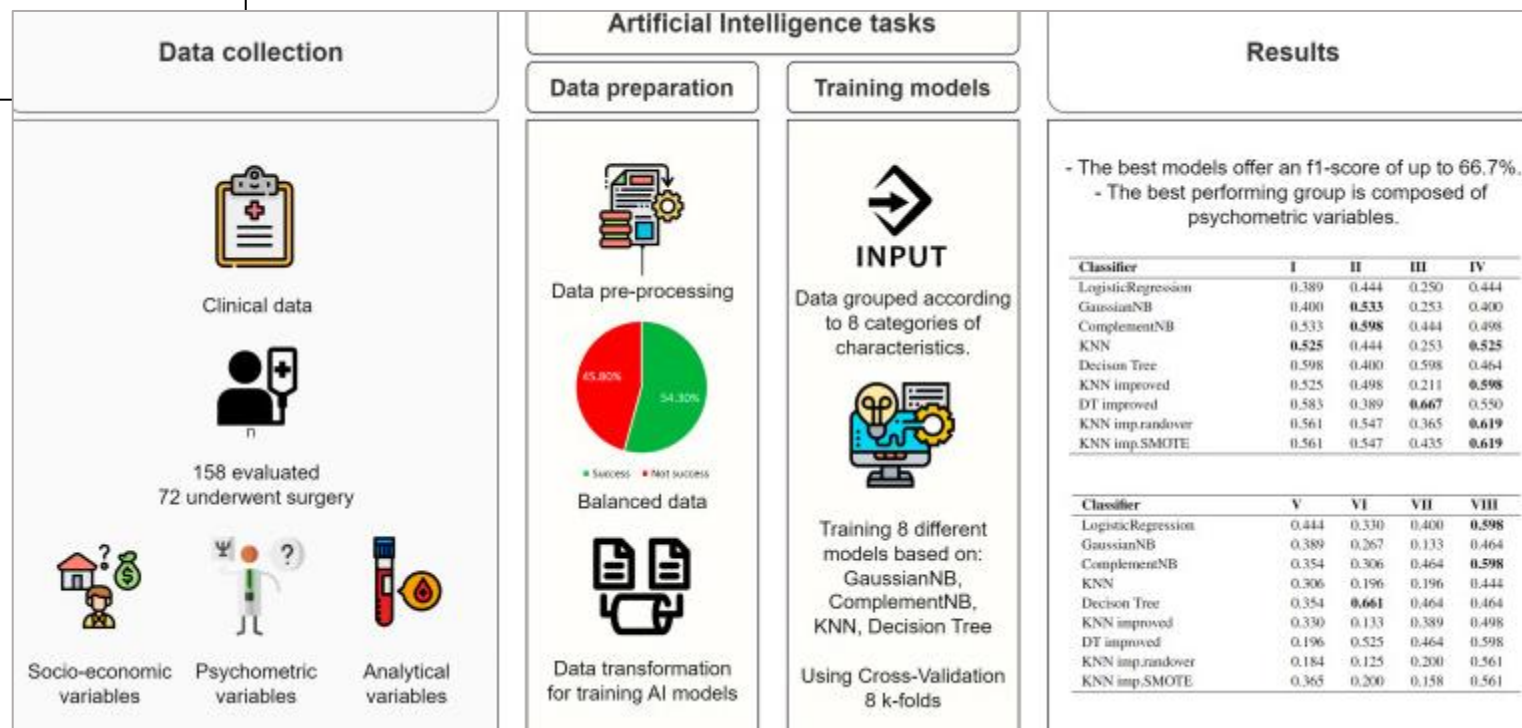
José Alberto Benítez-Andrades¹ , Camino Prada-García^{2,3} ,
Rubén García-Fernández⁴, María D Ballesteros-Pomar⁵ ,
María-Inmaculada González-Alonso⁴ and Antonio Serrano-García⁶

Incorporation of socioeconomic, psychometric, and lab values into ML models for “success” (>50%EWL) after surgery:

- 54.2% of cohort had “successful” weight loss
- highlight the **multifactorial complexity** in predicting success

Table 1. Division of input variables into groups.

| Group | Description |
|------------|---|
| Group I | Socio-economic variables |
| Group II | Psychometric variables |
| Group III | Analytical variables |
| Group IV | Only psychometric variables from the EuroQoL5 Quality of Life Scale |
| Group V | Only the psychometric variables from the Salamanca screening questionnaire |
| Group VI | Only the psychometric variables from the ACTA Inventory of motivation for change |
| Group VII | Combination of all variables (Groups I, II, and III) |
| Group VIII | Combination of socio-economic variables (Group I) and psychometric variables (Group II) |



- The best models offer an f1-score of up to 66.7%.
- The best performing group is composed of psychometric variables.

| Classifier | I | II | III | IV |
|--------------------|--------------|--------------|--------------|--------------|
| LogisticRegression | 0.389 | 0.444 | 0.250 | 0.444 |
| GaussianNB | 0.400 | 0.533 | 0.253 | 0.400 |
| ComplementNB | 0.533 | 0.598 | 0.444 | 0.498 |
| KNN | 0.525 | 0.444 | 0.253 | 0.525 |
| Decision Tree | 0.598 | 0.400 | 0.598 | 0.464 |
| KNN improved | 0.525 | 0.498 | 0.211 | 0.598 |
| DT improved | 0.583 | 0.389 | 0.667 | 0.550 |
| KNN imp.randover | 0.561 | 0.547 | 0.365 | 0.619 |
| KNN imp.SMOTE | 0.561 | 0.547 | 0.435 | 0.619 |

| Classifier | V | VI | VII | VIII |
|--------------------|-------|--------------|-------|--------------|
| LogisticRegression | 0.444 | 0.330 | 0.400 | 0.598 |
| GaussianNB | 0.389 | 0.267 | 0.133 | 0.464 |
| ComplementNB | 0.354 | 0.306 | 0.464 | 0.598 |
| KNN | 0.306 | 0.196 | 0.196 | 0.444 |
| Decision Tree | 0.354 | 0.661 | 0.464 | 0.464 |
| KNN improved | 0.330 | 0.133 | 0.389 | 0.498 |
| DT improved | 0.196 | 0.525 | 0.464 | 0.598 |
| KNN imp.randover | 0.184 | 0.125 | 0.200 | 0.561 |
| KNN imp.SMOTE | 0.365 | 0.200 | 0.158 | 0.561 |

Use of claims data for modeling resolution of diabetes:

Decision-Analytic Modeling: Past, Present, and Future

Using Machine Learning Applied to Real-World Healthcare Data for Predictive Analytics: An Applied Example in Bariatric Surgery

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22,099 candidate predictors in dataset →
125 predictors selected via LASSO regression

3 predictors w strongest NEGATIVE association with cessation of antihyperglycemic meds:

1. baseline use of insulin
2. prior LAGB
3. increasing Diabetes Comorbidity Severity Index

3 predictors w strongest POSITIVE association with cessation of antihyperglycemic meds:

1. Non-insulin glucose lowering meds
2. RYGB (vs. Sleeve)
3. younger age

Figure 4. Receiver operating curve plot for the external validation of the model in Optum (N = 3477).

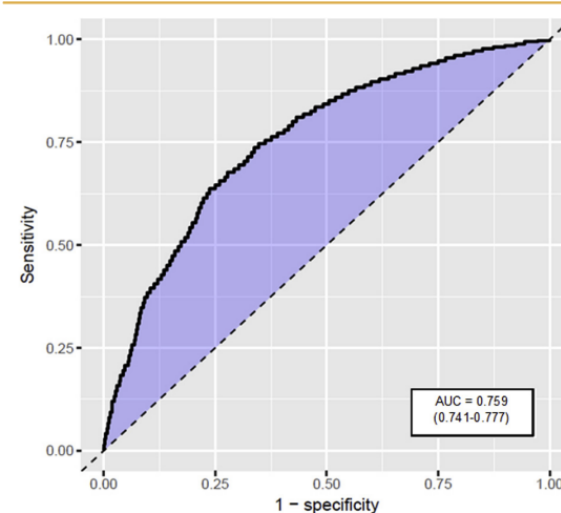
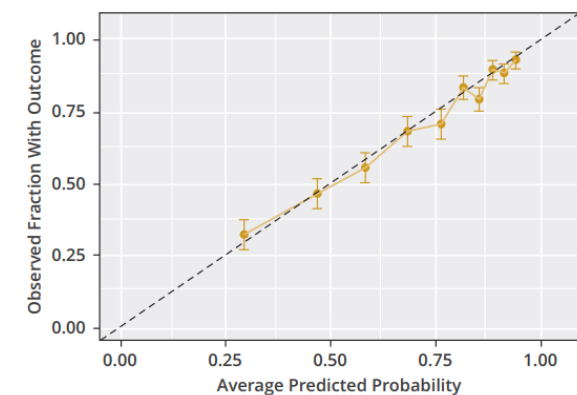




Figure 5. Calibration* plot for the external validation of the model in Optum (N = 3477). *The sample was split into 10 deciles, and the mean predicted probability of the outcome was plotted against the observed probability of the outcome for each decile. The dotted line represents perfect model calibration, with the expected risk neither under- nor overestimated across risk deciles.




Predictive analytics may be useful BUT external validation is needed

Obesity Surgery (2021) 31:4555–4563
<https://doi.org/10.1007/s11695-021-05548-x>

REVIEW

A Scoping Review of Artificial Intelligence and Machine Learning in Bariatric and Metabolic Surgery: Current Status and Future Perspectives

Athanasios G. Pantelis¹  • Georgios K. Stravodimos¹ • Dimitris P. Lapatsanis¹

...**iterative process**, collecting more data from a relevant patient cohort to better train algorithms to ultimately help guide patient and physician decision-making

Obesity Surgery (2022) 32:2772–2783
<https://doi.org/10.1007/s11695-022-06146-1>

REVIEW

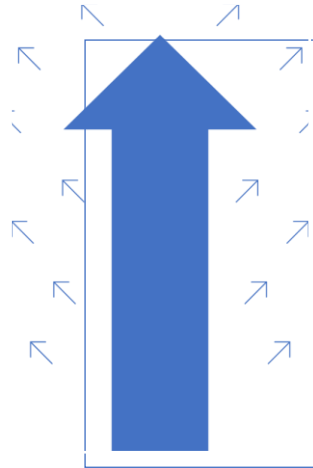
Artificial Intelligence in Bariatric Surgery: Current Status and Future Perspectives

Mustafa Bektaş¹ • Beata M. M. Reiber¹ • Jaime Costa Pereira² • George L. Burchell³ • Donald L. van der Peet¹

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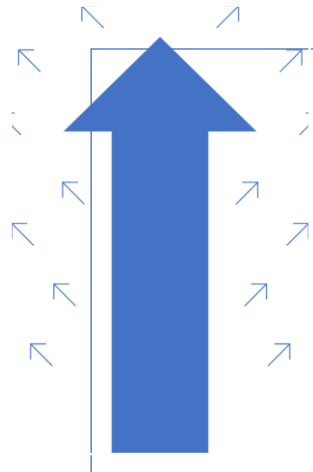
*“Due to the **missing external validation** in most studies, the **first step for future studies in bariatric surgery** should be the inclusion of external validation cohorts to **gain more generalizability** of machine learning models”*

Challenges and Future directions:



Needs for ethical and safe deployment of predictive models:


- Enhanced data quality and standards
- Strict reporting systems and governing bodies
- Objective benchmarking
- Multicenter institutional data collection for **external validation**



Future projects may include:

- Revealing hidden relationships between ALL phases of bariatric patient management (perioperative, intraoperative, postoperative)
- Variety of data streams and inputs for diverse generalizations
- Decision-making support
- improving the predictive accuracy of existing models

Conclusions:

- 
- **Big data transforms bariatric surgery through personalized treatment and optimized outcomes**
 - Integration of **real-time data** can **enhance decision-making** and **patient monitoring**
 - Predictive analytics and AI can **improve surgical precision** and **post-operative care strategies**
 - Clinical decision support systems **optimize treatment plans** based on real-time analytics
 - Diverse data integration (e.g., genomics, imaging) **enhances patient profiling and treatment customization**
 - **Population health management strategies leverage big data for preventive interventions**
 - **Ethical guidelines and regulatory frameworks ensure responsible data use and patient consent**
 - **Collaboration and data sharing drive research advancements and innovation in bariatric surgery**

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