

Sustainable weight loss: A risk profile for a negative body image of the bariatric patient

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What's Your GQ?

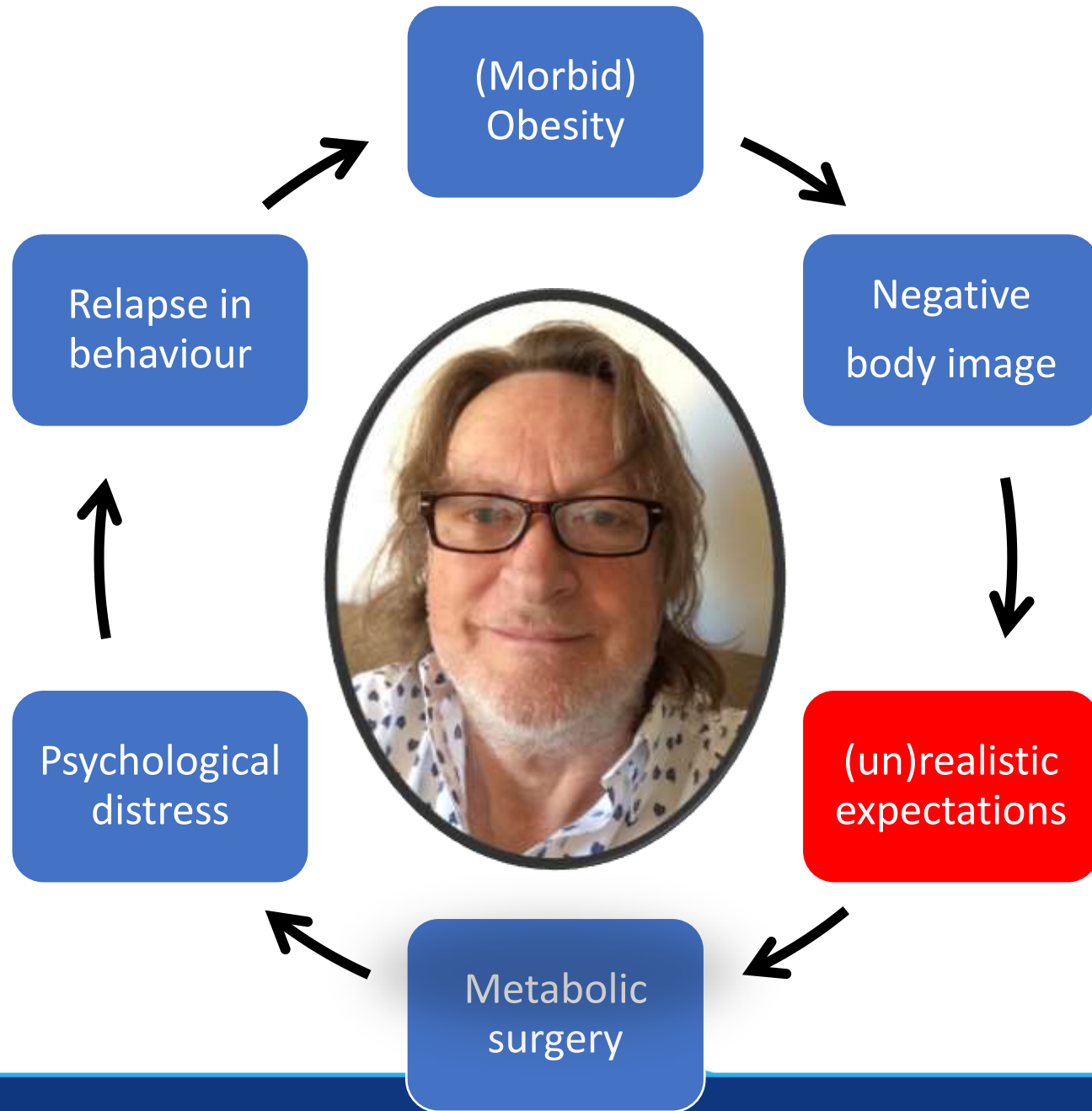
What's Your GQ?













339 preoperative metabolic surgery patients

multivariate logistic regression

3 questionnaires

1 dependent variable: Body image

5 independent variables



	Total patients (%)	Mean age	Mean bmi	Comorbidity %	Negative Body Image %	Emotional eating ¹	Psych distress ²
Population	339	42.79	42.56	95.9	83.8	29.4	156.5
Men	78 (23%)	45.7	42.72	93.6	83.3	29.4	148.1
Woman	261 (77%)	41.9	42.51	96.6	83.9	29.4	159.02

Table 1 1 woman from age 21-40, scores 33-36 and age 41-70, scores 28-31; average men from age 21-40, scores 26-29 and age 41-70 ≥ 34 scores 24-27: average 2 mean normal population 127.5 SD 26.1

Man from 131-169: high level, Woman 150-203: high level



	BMI		Emotional eating		Age		Distress	
	Correlation coefficient	Significance (2-tailed)	Correlation coefficient	Significance (2-tailed)	Correlation coefficient	Significance (2-tailed)	Correlation coefficient	Significance (2-tailed)
Body Image	.042	.442	-.278**	<.001	.010	.861	-.376**	<.001
Body Image males	-.028	.804	-.354**	.001	.482**	<.001	-.381**	<.001
Body Image females	.061	.329	-.256**	<.001	-.130*	<.001	-.368**	<.001

Correlation coefficient and Significance ******, $p < 0.01 = \text{sign}$ and *****, $p < 0.05 = \text{sign}$





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COVID-19 (Corona)



authorized
personnel only



Intervening on
psychological
distress"



Intervening
on body image
expectation
management