



GASTROGASTROSTOMY: A SURGICAL ALTERNATIVE TO GASTRIC BYPASS FOR ANGULARIS STENOSIS AFTER LAPAROSCOPIC SLEEVE GASTRECTOMY







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promoting health through education & research

INTRODUCTION

- Subset of post Laparoscopic sleeve gastrectomy (LSG) may experience Reflux, regurgitation and dysphagia.
- Aetiology is multifactorial
- Stenosis is one of the causes reported to occur in 0.2-4% of sleeve patients
- Patients are typically offered gastric bypass as a definitive management in those with refractory symptoms.
- Bypass comes with their own life-long risks.

METHODS:

Tube volumetry.

Oesophageal diameter

Diaphragm notch, staple line

Proximal surface area

Angularis: Angle and Surface Area

Distal Surface area

Pyloric notch



OBJESTIVES

We report a series of patients underwent Gastrogatrostomy as an alternative technique to bypass in management of patients with refractory symptoms related to angularis/post LSG conduit stenosis.

METHODS

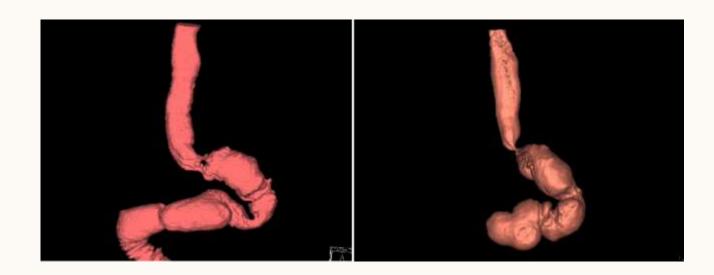
- Retrospective study of prospectively maintained database of all gastrogastrostomy stricturoplasty for management of symptomatic post LSG angularis stenosis.
- Demographic and clinical information retrieved
- Investigations: endoscopy, 3DCT, pH and manometry studies were obtained.
- Gastrogastrostomy was performed laparoscopically in all patients at the area of stenosis identified laparoscopically and correlated to preoperative imaging.
- Postoperative recovery recorded according to *Visick Score* (1-4) and follow up information were collected.

RESULTS

- 4 patients underwent gastrogastrostomy alone and 2 had gastrogastrostomy with small hiatus hernia repairs.
- (66%) were females. Average age was 46.6 ± 11.7 years.
- LSG to gastrogastrostomy was 6.2±2.2 years.
- Average follow up was 3 months.
- Average BMI pre-gastrogastrostomy was $30.4 \pm 2.1 \text{ (kg/m}^2)$.
- Post Gastrogastrostomy BMI on follow up was 29.7 ± 1.9
- Patients 3DCT findings suggestive of conduit stenosis (Angularis Angle 52.6 °, Angularis Surface area 6.5 cm)
- 2 patients had manometry suggestive of high pressures 5-6 cm distal to gastrooesophageal junction
- 3 (50%) patients had endoscopic evidence of stenosis and underwent trial of dilatation prior to their final intervention. Nil had immediate complications.

- 3 month follow up revealed resolution of symptoms in all except for one with persistence of mild reflux symptoms.
- One patient has had follow up 3DCT which shows resolution of angulation/ stenosis.

RESULTS



Gastrogastrostomy: A
Surgical alternative to
Gastric Bypass for
Angularis Stenosis after
Laparoscopic Sleeve
Gastrectomy

CONCLUSION

- Gastrogastrostomy is a technically easy, safe procedure
- Effective in management of post LSG symptomatic conduit stenosis in appropriately selected patients.
- It may help avoid risky and challenging conversion procedures such as gastric bypass.

ALGORITHM

Consider RYGB

Consider

Gastrogastrostomy

Reflux, Regurgitation or Dysphagia despite PPI Investigations: 3DCT, $Endoscopy \pm pH \\$ monitoring, manomery Yes Hiatus Hernia >2 cm only No Yes Stenosis likely or confirmed No Consider RYGB after careful discussion

Hiatus hernia repair

Weight regain

Endoscopic dilatation

No

Yes

No

THANK YOU