Standardized Assessment of Metabolic Bariatric Surgery Outcomes: Swiss-Finnish BARIatric Metabolic Outcome Score (SF-BARI Score)

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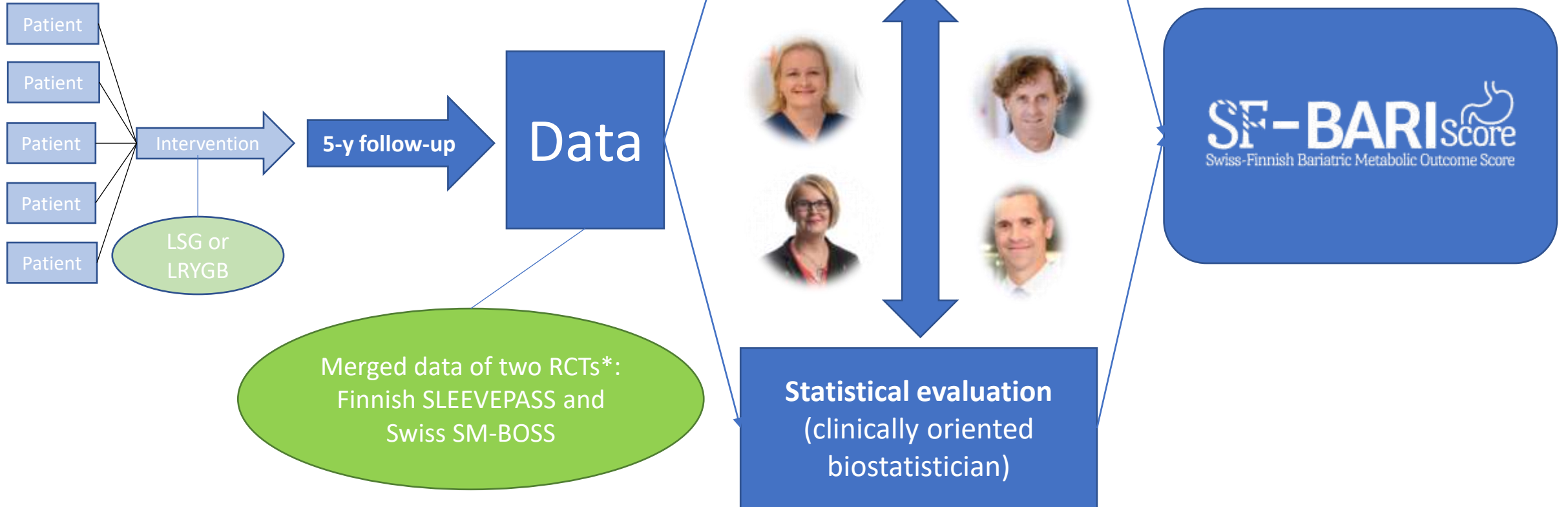**I have no potential conflicts of interest to report**

Why is a new score needed to measure outcome of metabolic bariatric surgery (MBS)?

- No widely used standardized definition of MBS outcome
- Reporting of MBS outcomes is very variable in science
- Comparison of results between studies is difficult
- Weight loss is the driving force of all positive MBS outcomes, but other outcomes should also be included

- **Composite endpoint is needed for assessment of MBS outcome in both science and clinical practise!**
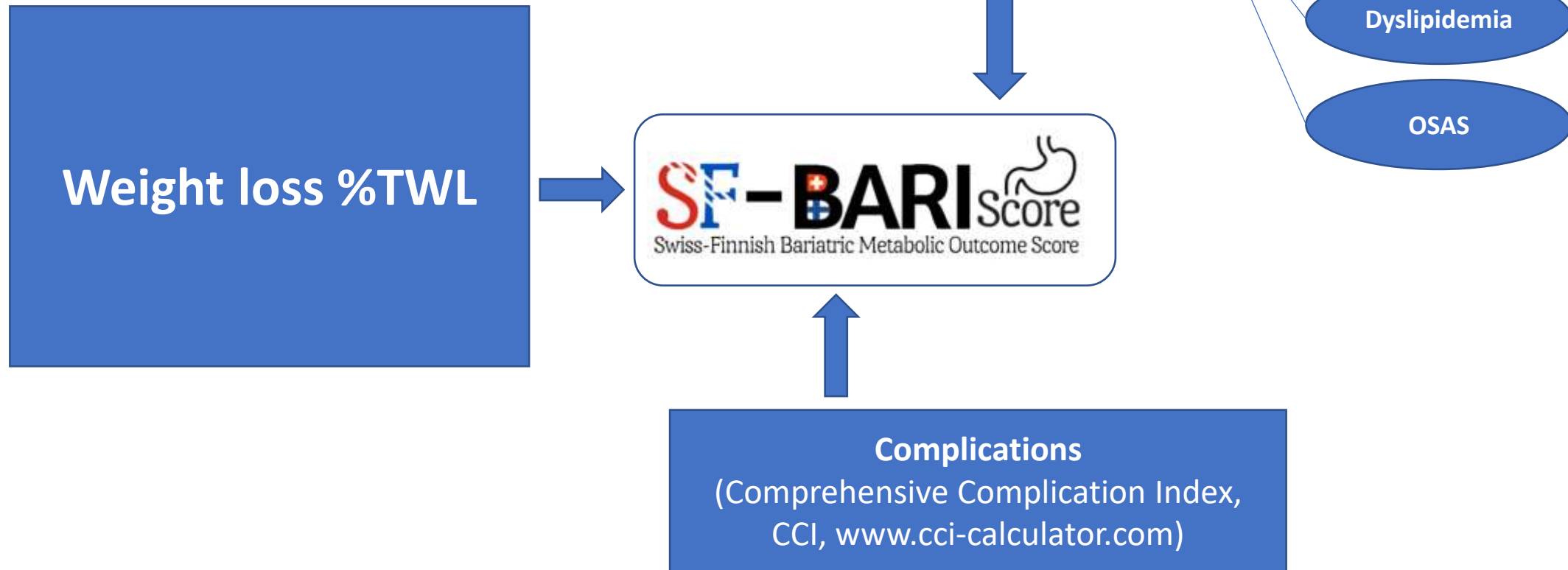
Development of SF-BARI score
Swiss-Finnish Bariatric Metabolic Outcome Score

Patient
Patient
Patient
Patient
Patient

Intervention

LSG or LRYGB

5-y follow-up

Data

Merged data of two RCTs*:
Finnish SLEEVEPASS and
Swiss SM-BOSS

Clinical evaluation
(experienced surgeon scientists)

Statistical evaluation
(clinically oriented biostatistician)

SF-BARI score
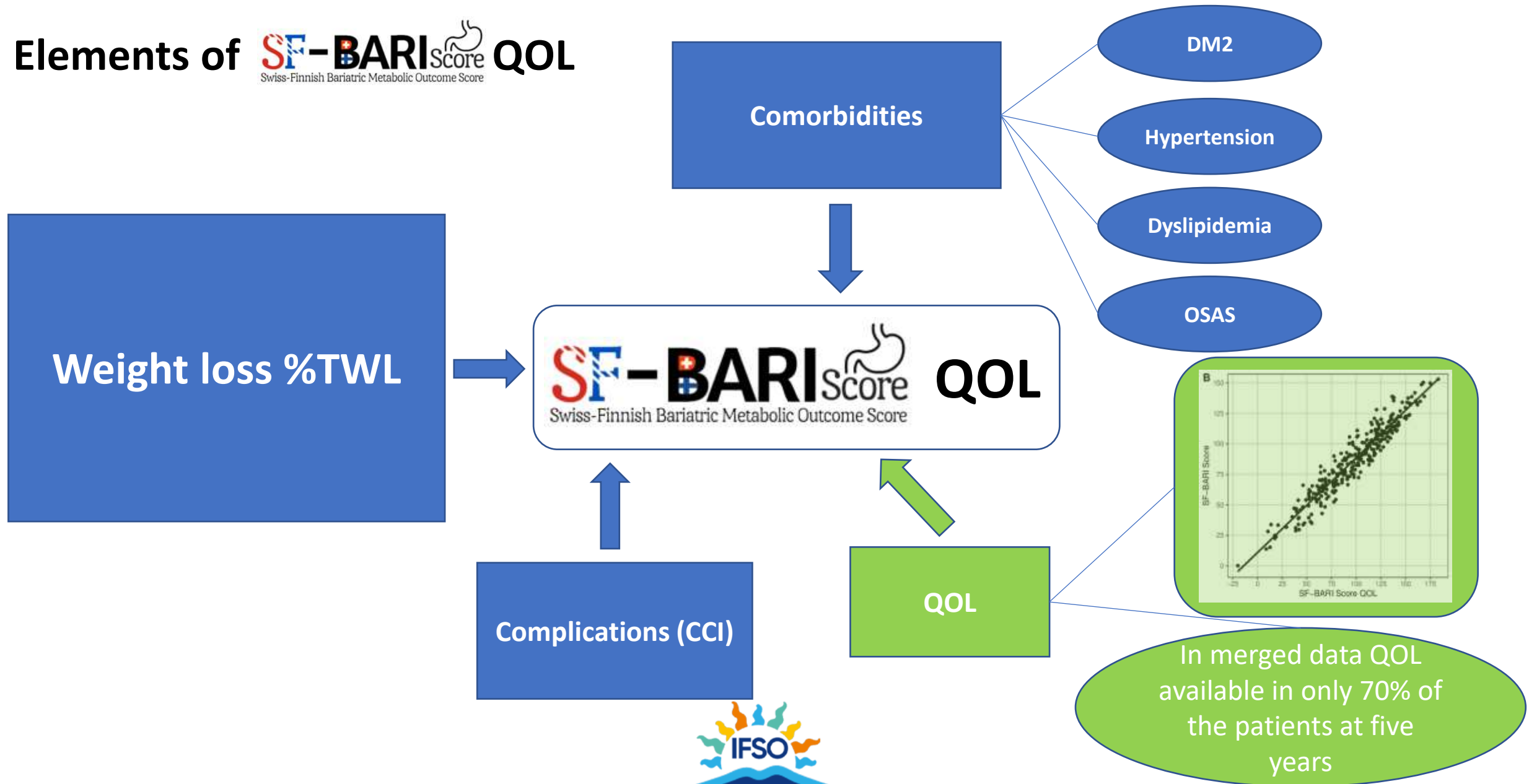Swiss-Finnish Bariatric Metabolic Outcome Score

*Wolnerhanssen BK, Peterli R, Hurme S, et al. Laparoscopic Roux-en-Y gastric bypass versus laparoscopic sleeve gastrectomy: 5-year outcomes of merged data from two randomized clinical trials (SLEEVEPASS and SM-BOSS). *Br J Surg.* 2021;108(1):49-57.

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Elements of SF-BARIscore
Swiss-Finnish Bariatric Metabolic Outcome Score

Weight loss %TWL

Clinically important and measurable **comorbidities**

- DM2
- Hypertension
- Dyslipidemia
- OSAS

SF-BARIscore
Swiss-Finnish Bariatric Metabolic Outcome Score

Complications
(Comprehensive Complication Index, CCI, www.cci-calculator.com)

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Elements of SF-BARI Score QOL

Comorbidities

- DM2
- Hypertension
- Dyslipidemia
- OSAS

Weight loss %TWL

SF-BARI Score QOL
Swiss-Finnish Bariatric Metabolic Outcome Score

Complications (CCI)

QOL

In merged data QOL available in only 70% of the patients at five years

Results of evaluations of SF-BARI Score
Swiss-Finnish Bariatric Metabolic Outcome Score

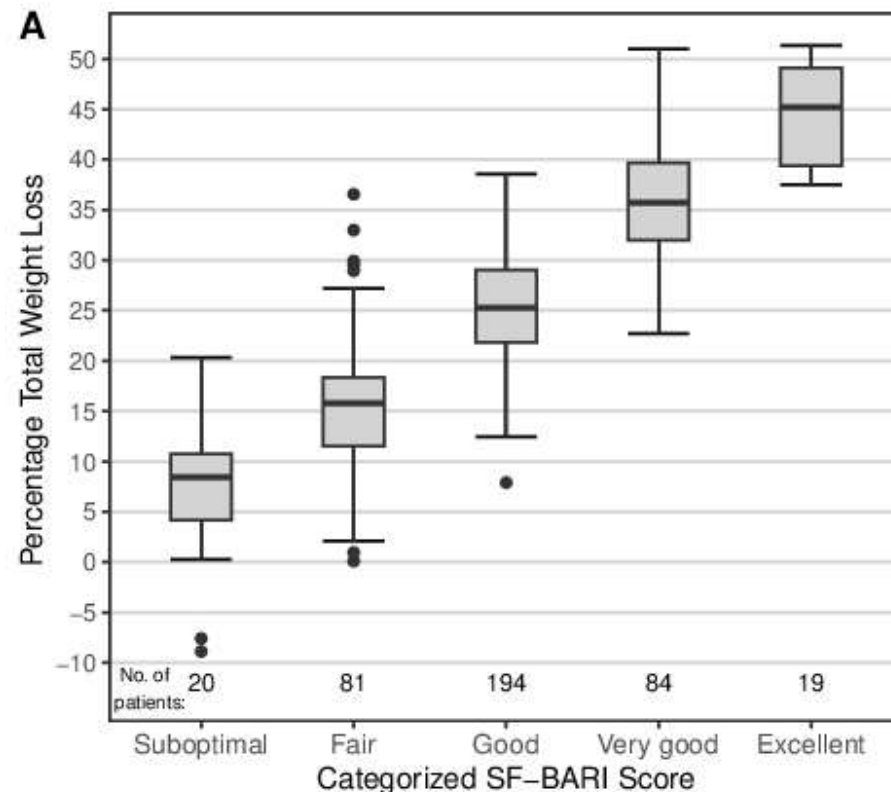| Response	SF-BARI Score	SF-BARI Score QOL
Excellent	≥ 135	≥ 150
Very good	110 to <135	125 to <150
Good	70 to < 110	75 to <125
Fair	35 to < 70	40 to <75
Suboptimal	< 35	< 40

Comparison of SF-BARI Score and Bariatric Analysis and Reporting Outcome System (BAROS)
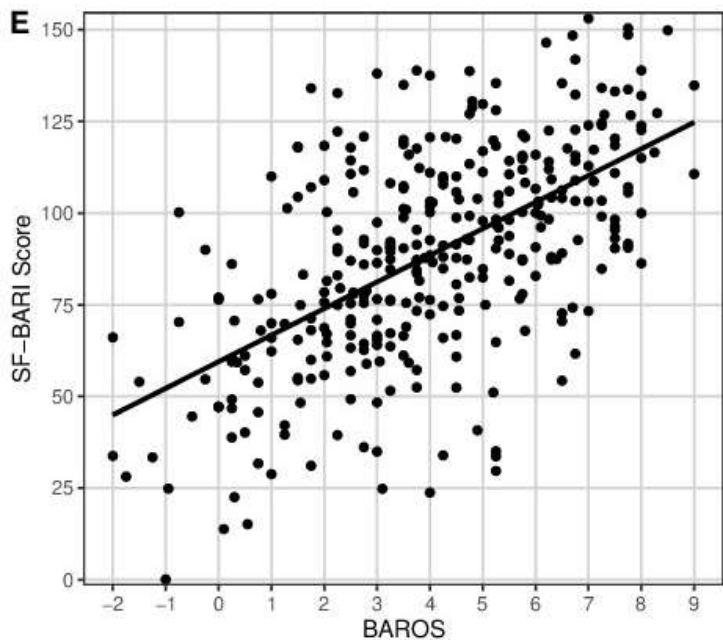
Categorization:

- SF-BARI Score was categorized based on 5%, 25%, 75% and 95% percentiles of the data

Why SF-BARI Score could be the solution for the need of standard reporting of outcome of MBS?

Available online

Easy to apply

Objective

Clear definitions

Uses continuous %TWL

CCI used to account complications

Parameters are available

Differentiates operations well

Next step:
Validation of SF-BARI Score using large register data from the Netherlands, Sweden, and Norway

SF-BARI score
Swiss-Finnish Bariatric Metabolic Outcome Score

Home   How to Use SF-BARI Score   SF-BARI Score Calculator 1.0   Materials ∨   SF-BARI Score study group   Contact

SF-BARI Score

Scoring system for evaluation of treatment outcome in metabolic bariatric surgery.

SF-BARI Score Calculator →

Thank you !

Science is collaboration!

Switzerland: Ralph Peterli (PI), Marco Büeter, Bettina Wölnerhanssen
Finland: Paulina Salminen (PI), Mika Helmiö, Sofia Grönroos, Saija Hurme (Biostatistics)

More information from:

https://sites.utu.fi/sfbariscore/

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