

Single Anastomosis Gastro Ileal (SAGI)



SPEAKER

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Scientific Committee Italian Society of Obesity (SIO)

Scientific Committee The Upper Gastrointestinal Surgeons (TUGS)

31st of August, 2023

Single Anastomosis Gastro Ileal (SAGI)

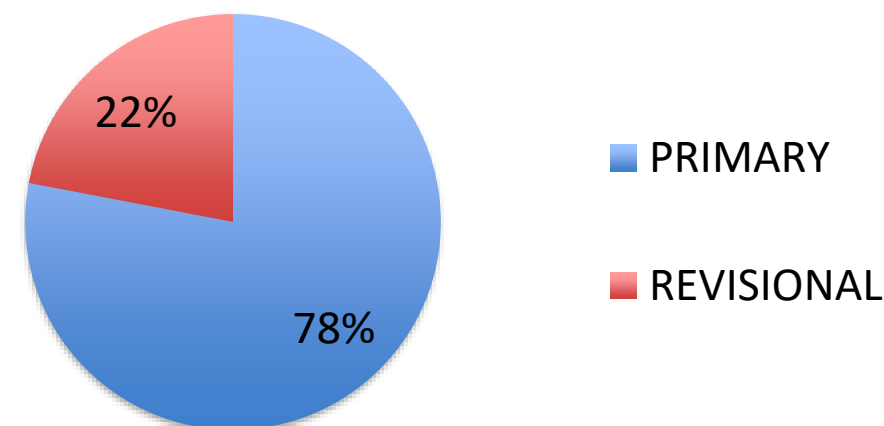
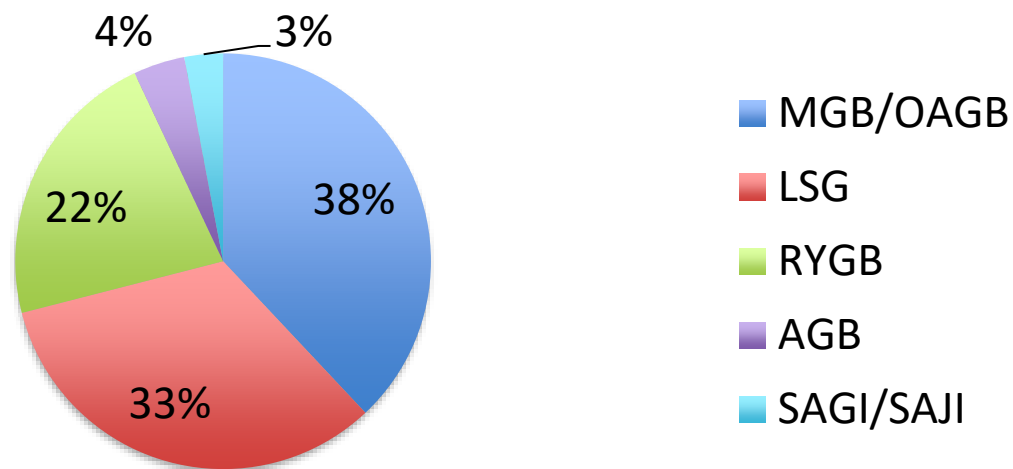
My Bariatric Experience

Trained in Mini-invasive Laparoscopic and Thoracoscopic Surgery

First Bariatric Procedure – Gastric Banding, 1993

~ 12000 bariatric procedure in 29 years

Last 5 years



MGB and OAGB operations combines two major components:

- 1) First is a long **non-obstrutive gastric tube** (Collis Gastroplasty), sized equal to the diameter of the esophagus that rapidly delivers undigested food through the **non-obstructive wide gastro-jejuno-stomy** into the distal jejunum. This results in an exaggerated “**Post-Gastreotomy Syndrome (PGS)**” that restricts the intake of food (without “obstruction”), limits the intake of sugars, fat and large food boluses, but allows each of these in moderation.
- 1) The PGS results in alteration of intestinal transit time, reduced acid secretion, bloating, decreased appetite, and consequently decreased caloric intake.
- 1) The other component of the MGB and OAGB operations is a **moderate malabsorption** due to the bilio-pancreatic limb (150 - 250 cm) combined with a Billroth II gastro-jejuno-stomy that results in significantly more fat malabsorption and fatty food intolerance than RNY.

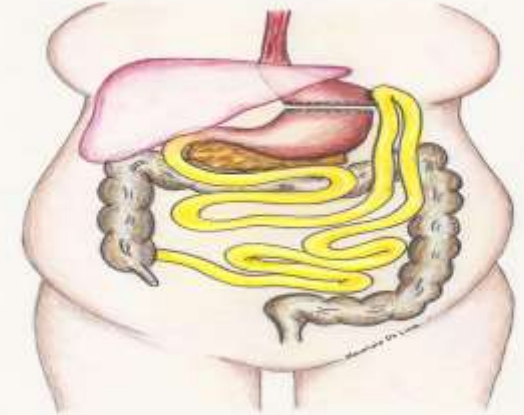
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Can Med Assoc J. 1953 Sep;69(3):237-42

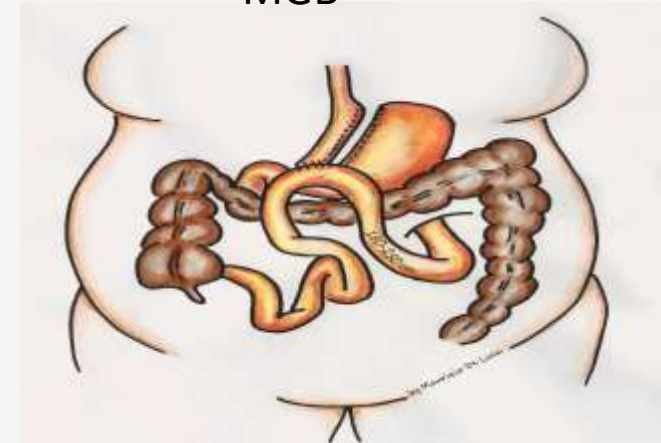
Eagon JC1, Miedema BW, Kelly KA., Postgastreotomy syndromes.

Surg Clin North Am.1992 Apr;72(2):445-65.

Old Mason GBP



MGB



Single Anastomosis Gastro Ileal (SAGI)

A NEW CONCEPT IN SURGERY FOR OBESITY AND WEIGHT RELATED DISEASE. SINGLE ANASTOMOSIS GASTRO-ILEAL (SAGI): TECHNICAL DETAILS AND PRELIMINARY RESULTS

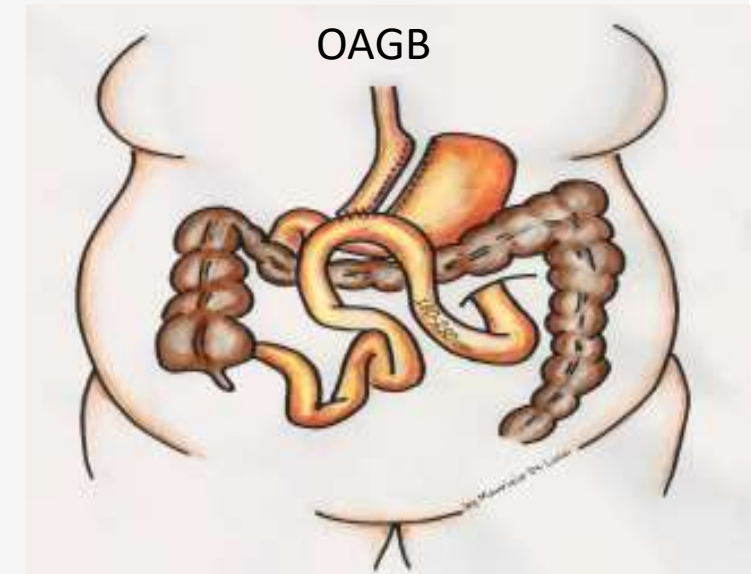
Maurizio De Luca, Jacques Himpens, Luigi Angrisani, Nicola Di Lorenzo, Kamal Mahawar, Cesare Lunardi, Natale Pellicanò, Nicola Clemente and Scott Shikora.

Obesity Surgery, 2017, 27, 1, 143-147



Single Anastomosis Gastro Ileal (SAGI) - Rationale

- In **OAGB** the technique of measuring involves the small bowel located cephalad to the anastomosis
 - The length of the small bowel in contact with food (the so-called common channel) remains unknown
-
- > 150 cm BP limb: measure the entire small bowel
 - < 150 cm BP limb : doesn't measure the entire small bowel
-
- This measurement does not allow to define the length of the common channel



SAGI: a low invasive malabsorptive procedure

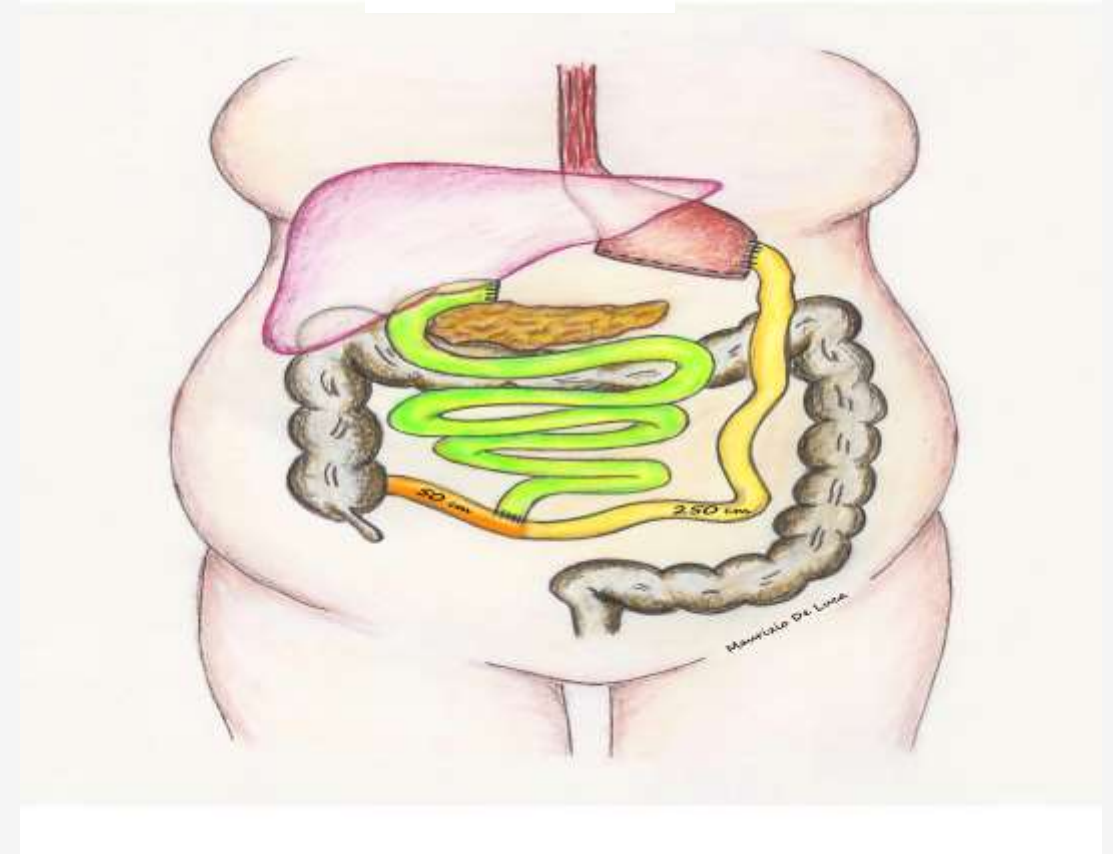
Rationale

BilioPancreatica Diversion

(Scopinaro 1976)

- distal gastrectomy
- gastric reservoir 200-300 ml
- common channel 50 cm
- alimentary channel 200 cm

Standard BPD



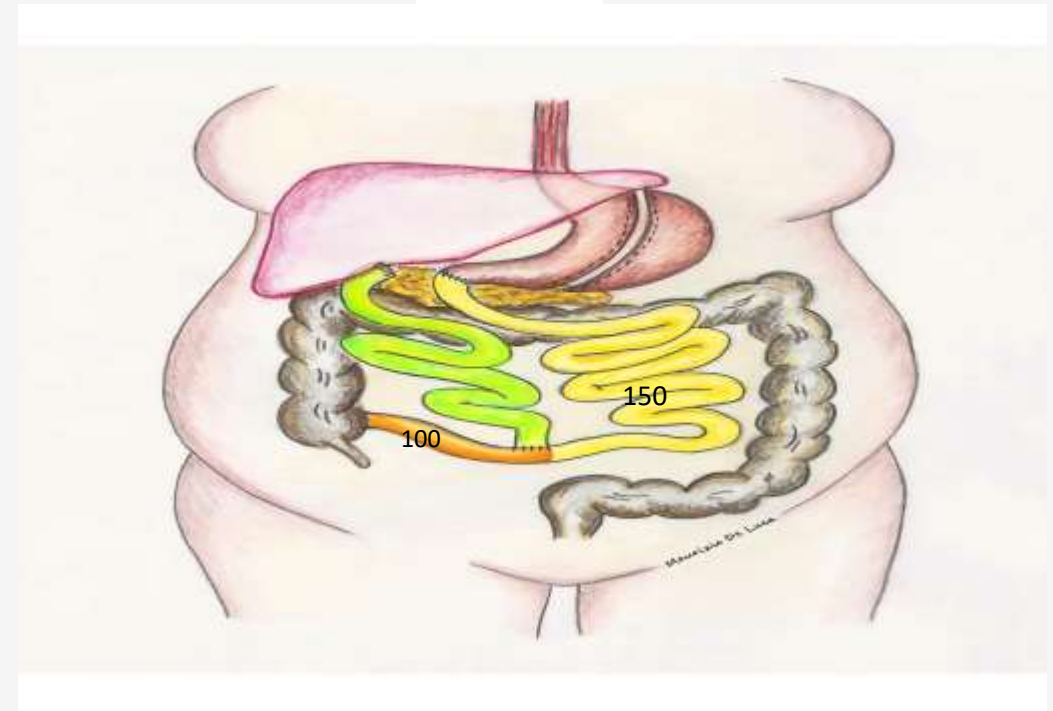
Rationale

Bilio Pancreatic Diversion - Duodenal Switch

(Douglas Hess 1988)

- vertical gastrectomy
- antrum preservation
- gastric reservoir 80-100 ml
- duodenal switch
- common channel 100 cm
- alimentary channel 150 cm

BPD-DS

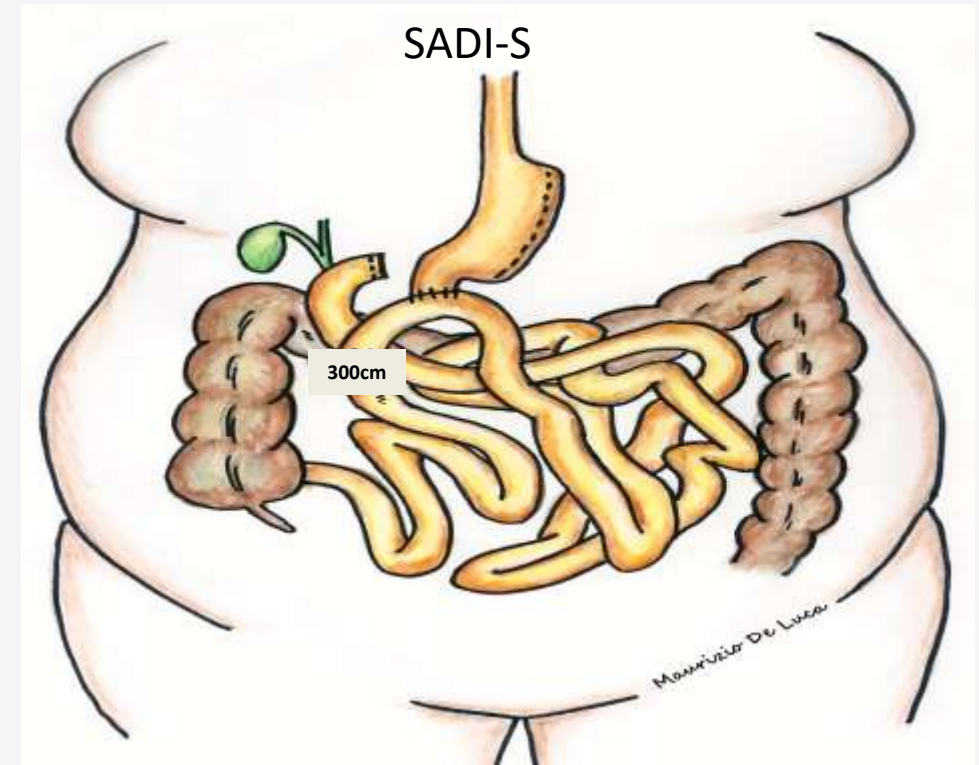


Rationale

Single Anastomosis Duodeno-Ileal with Sleeve Gastrectomy (SADI-S)

Pernaute and Torres 2006

- sleeve gastrectomy
- duodenal-ileal anastomosis
- 250-300 cm from the ileo-cecal valve
- mainly a malabsorptive procedure

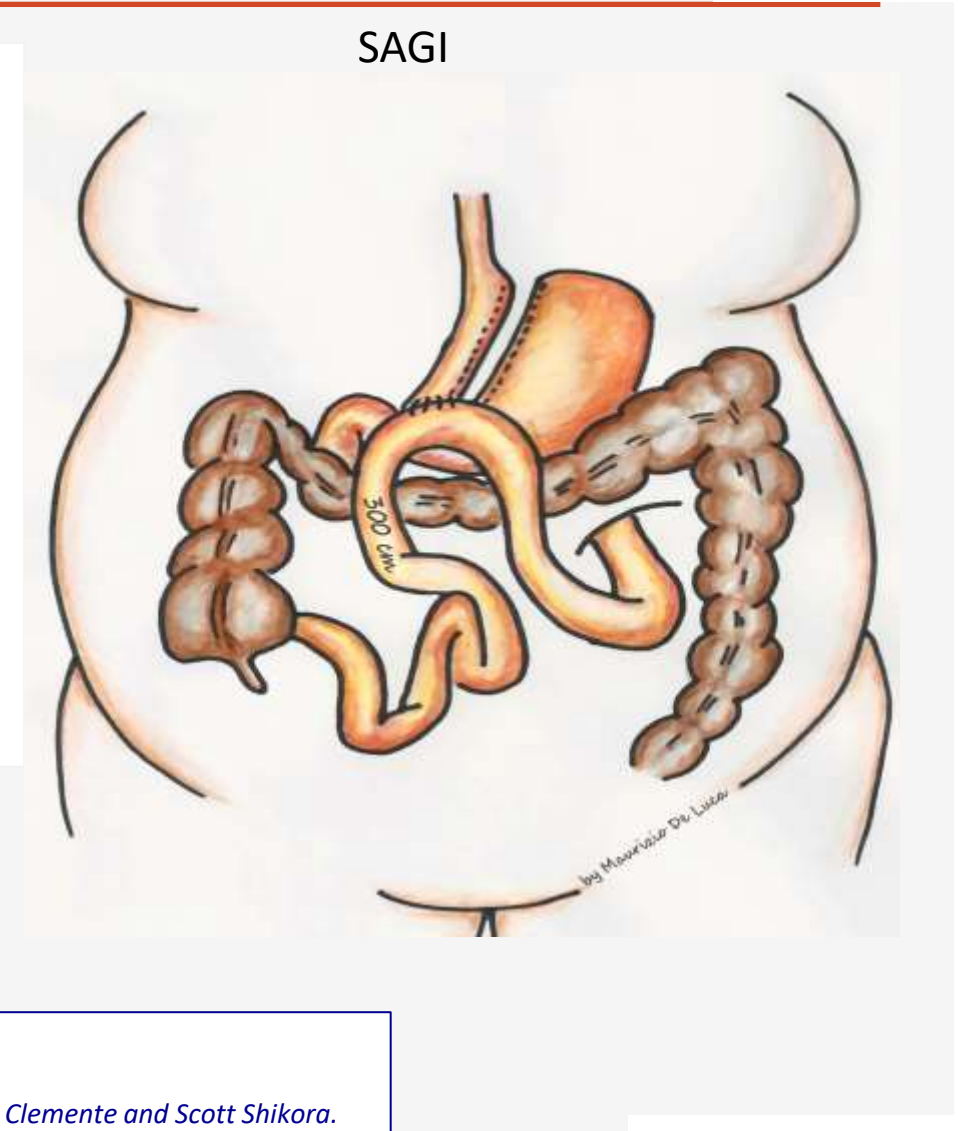


Sanchez-Pernaute A, Herrera MA, Perez-Aguirre ME, Talavera P, Cabrerizo L, Matia P, Diez-Valladares L, Barabash A, Martin-Antona E, Garcia-Botella A, Garcia-Almenta EM, Torres A. Single anastomosis duodeno-ileal bypass with sleeve gastrectomy (SADI-S). One to three-year follow-up. *Obes Surg* 2010, 20:1720–1726

Single Anastomosis Gastro Ileal (SAGI)

2016: Single Anastomosis Gastro-Ileal (SAGI)

- OAGB principles
- non obstructive gastric tube
- gastro-ileal anastomosis
- 250-300 cm from the ileo-cecal valve
- malabsorptive procedure



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RESEARCH

Open Access



Complex duodenal fistulae: a surgical nightmare

Ari Leppäniemi^{1,2*}, Matti Tolonen¹ and Panu Mentula¹

Abstract

Introduction A common feature of external duodenal fistulae is the devastating effect of the duodenal content rich in bile and pancreatic juice on nearby tissues with therapy-resistant local and systemic complications. This study analyzes the results of different management options with emphasis on successful fistula closure rates.

Methods A retrospective single academic center study of adult patients treated for complex duodenal fistulas over a 17-year period with descriptive and univariate analyses was performed.

Results Fifty patients were identified. First line treatment was surgical in 38 (76%) cases and consisted of resuture or resection with anastomosis combined with duodenal decompression and periduodenal drainage in 36 cases, rectus muscle patch, and surgical decompression with T-tube in one each. Fistula closure rate was 29/38 (76%). In 12 cases, the initial management was nonoperative with or without percutaneous drainage. The fistula was closed without surgery in 5/6 patients (1 patient died with persistent fistula). Among the remaining 6 patients eventually operated, fistula closure was achieved in 4 cases. There was no difference in successful fistula closure rates among initially operatively versus nonoperatively managed patients (29/38 vs. 9/12, $p=1.000$). However, when considering eventually failed nonoperative management in 7/12 patients, there was a significant difference in the fistula closure rate (29/38 vs. 5/12, $p=0.036$). The overall in-hospital mortality rate was 20/50 (40%).

Conclusions Surgical closure combined with duodenal decompression in complex duodenal leaks offers the best chance of successful outcome. In selected cases, nonoperative management can be tried, accepting that some patients may require surgery later.

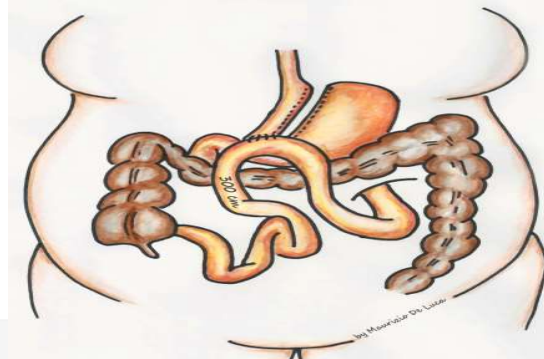
Keywords Duodenal leak, Duodenal fistula, Enteric fistula, Postoperative peritonitis, Intra-abdominal infection, Duodenal diversion

SAGI: Indications

Best candidates for SAGI may be:

- 1) Insufficient weight loss or weight regain after **Gastric Banding** and **Sleeve Gastrectomy**, especially when the reason of failure is related to patient lack of compliance, and not related to gastric pouch dilatation
- 1) Insufficient weight loss or weight regain after **MGB**
- 1) primary surgery for OAGB/MGB candidate patients **with short small bowel**

SAGI



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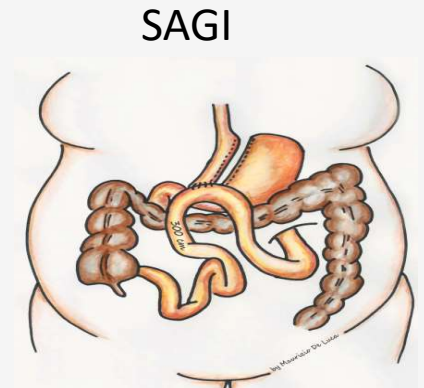
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SAGI vs SADI-S, DS and OAGB

- Gastro-ileal anastomosis is easier to do than duodeno-ileal anastomosis. [SAGI vs SADI-S and DS](#)
- Surgeons have **fear** of the duodeno-ileal anastomosis leak. DS series report this complication. [SAGI vs SADI-S and DS](#)
- The endoscopic/laparoscopic management, in case of leak and/or hemorrhage of the gastro-ileal anastomosis, is easier. [SAGI vs SADI-S and DS](#)
- Fixed length of the common channel may allow more consistent outcomes than MGB and OAGB and should do away with the uncommon long term complications of OAGB, like severe hypoalbuminemia, anemia and/or malnutrition (i.e. patients with short small bowel). [SAGI vs OAGB](#)



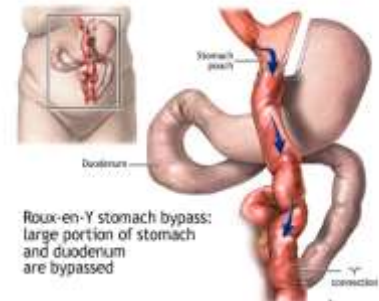
Biertho L., Lebel S., Marceau S. Perioperative complications in a consecutive series of 1000 duodenal switches. *Surg. Obes. Relat. Dis.* 2013;9:63–68
Nelson L, Moon R, Teixeira A. Duodenal stump leak following a duodenal switch: A case report. *Int J Surg*, 2015, 14: 30-32.

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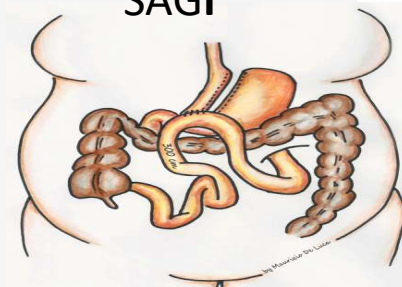
SAGI (and OAGB) vs GBP

- Gastro-ileal anastomosis is placed lower on the stomach, hence **allows a *tension-free anastomosis*** that contrasts with the more proximal and challenging anastomosis close to the esophagogastric junction (**as in GBP**). **OAGB and SAGI vs GBP**
- Placing the anastomosis low on the stomach pouch also *circumvents common anatomical obstacles such as **massive left-liver lobe hypertrophy*** that may obscure this area. **OAGB and SAGI vs GBP**
- Avoiding a Roux-en Y limb eliminates the risks related to a ***second anastomosis*** and to the ***division of the mesentery*** such as obstruction, hematoma and internal hernia **OAGB and SAGI vs GBP**
- Moreover, in case of acute obstruction MGB, OAGB and SAGI **allow an easy exploration of the jejunal or ileal limbs and prompt repair**. **OAGB and SAGI vs GBP**
- Finally MGB, OAGB and SAGI can be **easily revised, reversed, or resleeved** if necessary. **OAGB and SAGI vs GBP**

GBP



SAGI



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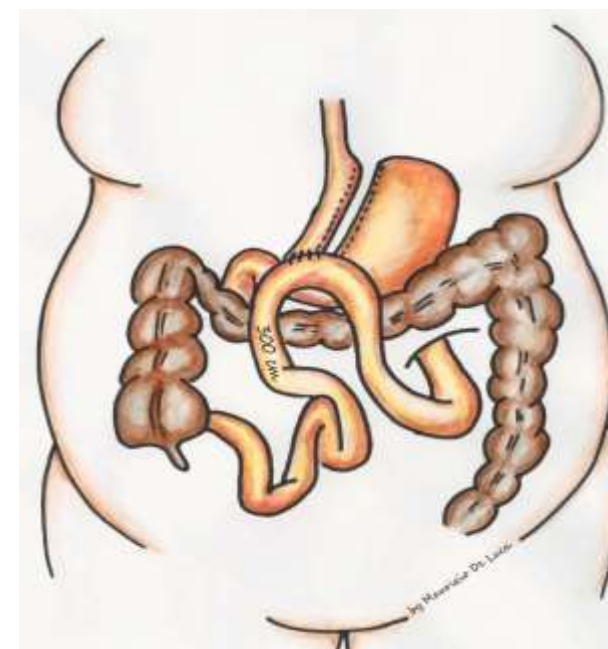


Reversal to normal anatomy after one-anastomosis/mini gastric bypass, indications and results: a systematic review and meta-analysis

Mohammad Kermansaravi, M.D.^a, Shahab Shahabi Shahmiri, M.D., M.P.H.^b,
Amir Hossein Davarpanah Jazi, M.D.^c, Rohollah Valizadeh, Ph.D.^d,
Rudolf A. Weiner, M.D.^e, Sonja Chiappetta, M.D., Ph.D.^{f,*}

In our systematic review OAGB/MGB reversal showed an overall incidence of 10.9% for perioperative complications and included bleeding (1.6%), intestinal obstruction (.8%), leakage (3.2%), stenosis (3.2%), and death due to severe liver failure (1.6%) with leakage and stenosis of gastro-gastrostomy being the most common major complications after reversal surgery. This reflects an important advantage of OAGB/MGB. **Complication rate seems to be 3 times higher after RYGB reversal compared with OAGB/MGB reversal (29% versus 10.9%). This is explained by the more challenging technical procedure in RYGB reversal due to the small gastric pouch and the second entero-entero anastomosis, which has to be reversed. Operation time in our systematic review was 139.1 minutes. None of the studies reported operation time for RYGB reversal, but 19% of the reported operations underwent reversal by an open approach, which might be due to more adhesions and an open approach for RYGB in the past [27].**

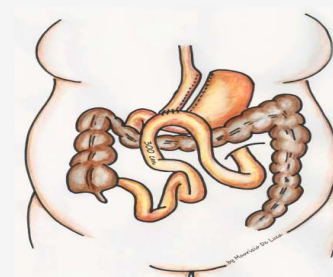
On the other hand, laparoscopic reversal of OAGB/MGB might be technically simple but remains challenging due to the presence of the clinical condition of protein-energy malnutrition. Alarmingly, single studies reported an overall



Single Anastomosis Gastro Ileal (SAGI)

- ❑ SAGI patients 68
- ❑ SAGI patients with 12 months FU: 37 (F/M 25/12)

| | SAGI/primary surgery (n=7) | SAGI/AGB group* (n=19) | SAGI/SG group (n=10) | SAGI/OAGB (n=1) | <i>p</i> |
|---|----------------------------|------------------------|----------------------|-----------------|----------|
| Age (years) at SAGI surgery | 36,9 ± 9,4 | 39,5 ± 11,8 | 38,3 ± 10,1 | 47,1 | 0,4 |
| BMI at AGB/SG/OAGB surgery | | 46,7 ± 11,4 | 47,3 ± 9,1 | 51 | 0,6 |
| BMI at SAGI surgery | 49,4 ± 6,7 | 42,6 ± 7,1 | 44,8 ± 6,8 | 49,9 | 0,01 |
| Body Weight at AGB/SG/OAGB surgery (Kg) | | 127,2 ± 23,2 | 129,1 ± 20 | 149,5 | 0,7 |
| Body Weight at SAGI surgery (Kg) | 137,5 ± 15 | 116,9 ± 20,1 | 120,1 ± 18,7 | 146,2 | 0,1 |
| Months between operations | | 80,6 ± 16,8 | 66,7 ± 33,3 | 6 | 0,5 |
| Operative time (minutes) | 115 ± 35 | 130 ± 50 | 105 ± 43 | 105 | 0,2 |
| Hospital stay (days) | 4 ± 1 | 4 ± 3 | 3 ± 2 | 4 | 1 |



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Single Anastomosis Gastro Ileal (SAGI)

1. SAGI primary
2. SAGI/AGB group
3. SAGI/SG group
4. SAGI/ OAGB group

- SAGI patients 68
- SAGI patients with 12 months FU: 37 (F/M 25/12)

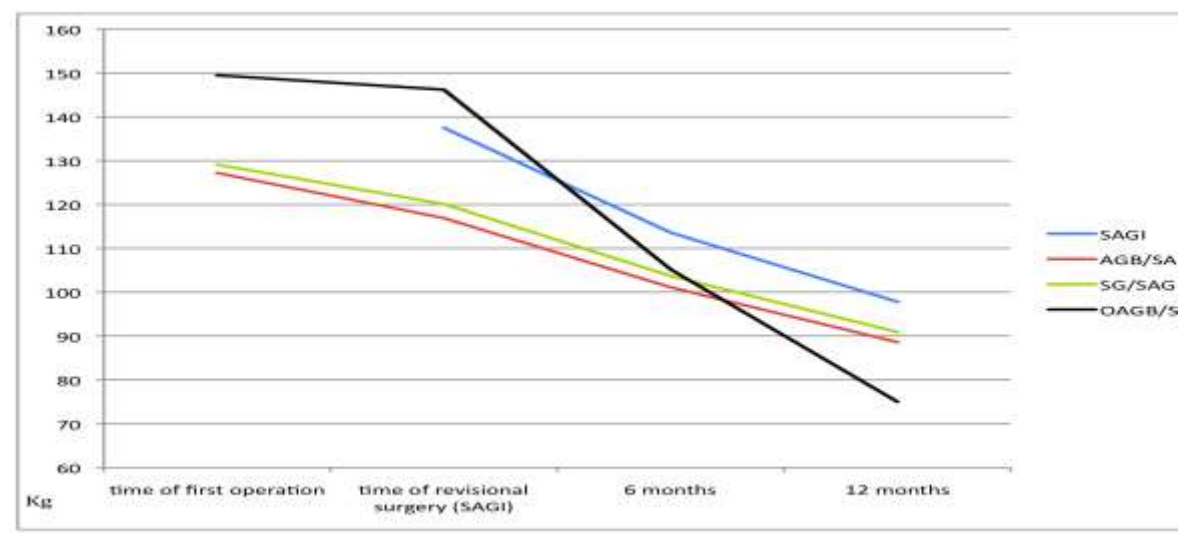
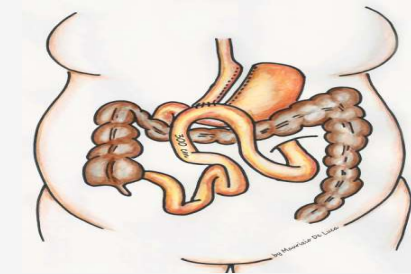
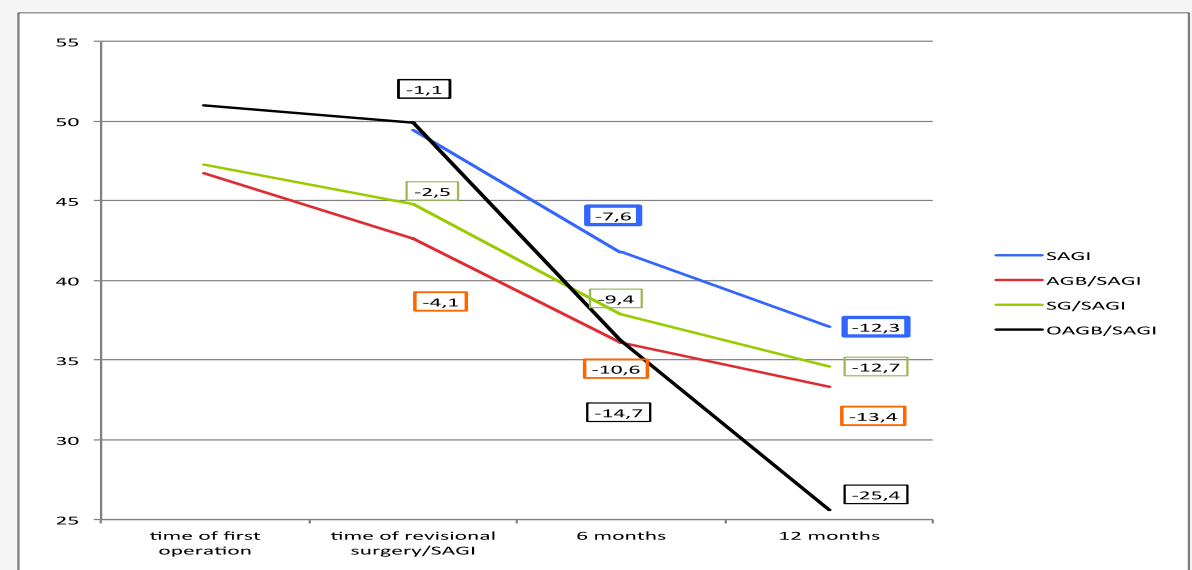


Fig 1 Weight loss (Kg) during follow-up among the different groups

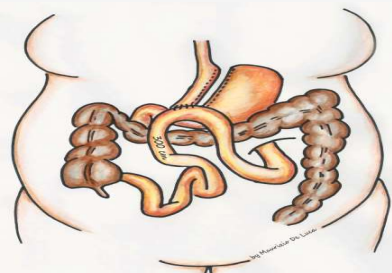


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Comorbidities

Total n of SAGI patients 12 m FU: 37

1. SAGI primary
2. SAGI/AGB group
3. SAGI/SG group
4. SAGI/ OAGB group



| Comorbidity | Number of patients | Improvement | Remission | p |
|------------------------------|-------------------------------|-------------|-----------|-----|
| T2DM* | 14 (number of total patients) | 14 | 12 | 0,7 |
| SAGI group | 4 | 4 | 3 | |
| SGB/SAGI | 7 | 7 | 6 | |
| SG/SAGI | 3 | 3 | 3 | |
| OAGB/SAGI | 0 | 0 | 0 | |
| Hypertension ‡ | 17 (number of total patients) | 13 | 10 | 0,9 |
| SAGI group | 5 | 5 | 5 | |
| SGB/SAGI | 9 | 6 | 4 | |
| SG/SAGI | 3 | 2 | 1 | |
| OAGB/SAGI | 0 | 0 | 0 | |
| Hyperlipemia ¶ | 22 (number of total patients) | 21 | 20 | 0,8 |
| SAGI group | 5 | 5 | 5 | |
| SGB/SAGI | 12 | 12 | 11 | |
| SG/SAGI | 4 | 3 | 3 | |
| OAGB/SAGI | 1 | 1 | 1 | |
| OSAS √ | 15 (number of total patients) | 15 | 12 | 1,0 |
| SAGI group | 3 | 3 | 2 | |
| SGB/SAGI | 8 | 8 | 8 | |
| SG/SAGI | 3 | 3 | 1 | |
| OAGB/SAGI | 1 | 1 | 1 | |
| Osteoarthritis x | 23 (number of total patients) | 21 | 4 | 0,4 |
| SAGI group | 5 | 5 | 2 | |
| SGB/SAGI | 13 | 11 | 0 | |
| SG/SAGI | 6 | 6 | 1 | |
| OAGB/SAGI | 1 | 1 | 1 | |
| Urinary Incontinence ☞ | 3 (number of total patients) | 3 | 1 | 0,8 |
| Plasma liver enzyme levels ∞ | 7 (number of total patients) | 7 | 4 | 0,7 |
| SAGI group | 3 | 3 | 2 | |
| SGB/SAGI | 2 | 2 | 0 | |
| SG/SAGI | 2 | 2 | 2 | |
| OAGB/SAGI | 0 | 0 | 0 | |

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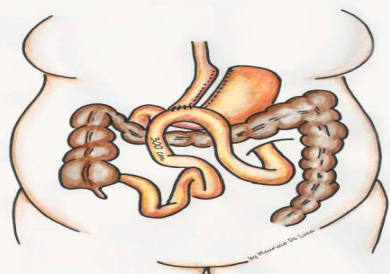
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Complications

Total n of SAGI patients 12 m FU: 37

1. SAGI primary
2. SAGI/AGB group
3. SAGI/SG group
4. SAGI/ OAGB group



| Complications | Number of patients months post-op | Treatment | Recovery | p |
|---------------------|--------------------------------------|----------------|-----------------------------|-----|
| Marginal Ulcer* | 1 (total n. of patients) | - | - | 1,0 |
| SAGI group | 0 | - | - | |
| SGB/SAGI | 1 (7 m post-op) | 1 conservative | Complete (EGDS findings) | |
| SG/SAGI | 0 | - | 3 | |
| OAGB/SAGI | 0 | - | - | |
| Reflux § | 3 (total n. of patients) | - | - | 0,8 |
| SAGI group | 2 (3,7 m post-op) | 2 conservative | 2 Partial (1 EGDS findings) | |
| SGB/SAGI | 0 | - | - | |
| SG/SAGI | 1 (7 m post-op) | 1 conservative | 1 Partial (EGDS findings) | |
| OAGB/SAGI | 0 | - | - | |
| Malnutrition ¶ | 1 (total n. of patients) | - | - | 0,4 |
| SAGI group (1) | 1 (11 m post-op) | 1 surgery | 1 complete | |
| SGB/SAGI (2) | 0 | - | - | |
| SG/SAGI (3) | 0 | - | - | |
| Diarrhea (>4/day) ° | 5 (total n. of patients) | - | - | 0,9 |
| SAGI group | 3 (4,4, 6 m post-op) | 3 conservative | 3 partial | |
| SGB/SAGI | 0 | - | - | |
| SG/SAGI | 2 (6,7 m post-op) | 1 conservative | 1 partial | |
| OAGB/SAGI | 0 | - | - | |

We didn't record any case of leak, hemorrhage, small bowel obstruction in these four groups of patients at 12 months.

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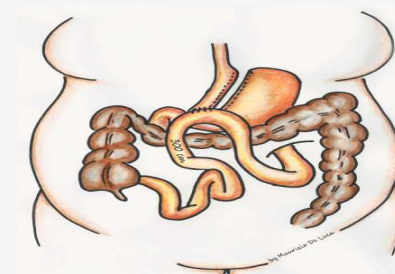
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SAGI patients with 12 months follow up: 37

1. SAGI primary
2. SAGI/AGB group
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Nutritional Deficiencies

| Vitamins, electrolytes, albumin | | A | D | E | K | B1 | B6 | Folate (B9) | B12 | Iron | Calcium | Albumin |
|---------------------------------|----------------------------|---|---|---|---|----|----|-------------|-----|------|---------|---------|
| Type of surgery | N pts with 12 m blood test | 2 | 8 | 0 | 0 | 1 | 2 | 9 | 4 | 8 | 6 | 6 |
| SAGI group | 7 | 1 | 2 | 0 | 0 | 0 | 0 | 2 | 1 | 2 | 2 | 2° |
| AGB/SAGI | 14 | 1 | 3 | 0 | 0 | 1 | 1 | 3 | 2 | 3* | 2 | 2 |
| SG/SAGI | 7 | 0 | 2 | 0 | 0 | 0 | 1 | 3 | 1 | 2 | 2 | 1 |
| OAGB/SAGI | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 |
| | | | | | | | | | | | | |



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ORIGINAL CONTRIBUTIONS

Omega Loop Gastroileal Bypass (OLGIBP/SAGI) Versus One Anastomosis Gastric Bypass (OAGB): Medium-Term Results

Radwan Kassir^{1,2,3} · Xavier Giudicelli¹ · Patrice Lointier⁴ · Christophe Breton⁵ · Pierre Blanc⁵

Table 1 Patients characteristics

| | OAGB (N = 23) | OLGIBP (N = 17) |
|--------------------------------|---------------|-----------------|
| Male | 2 (8.7%) | 1 (5.9%) |
| Age (years) | 35 | 38 |
| Body weight before the surgery | 121.7 | 116.6 |
| BMI before the surgery | 44.84 | 45.3 |
| Previous bariatric surgery | 8 (34.8%) | 4 (23.5%) |
| Diabetes mellitus | 1 (4.3%) | 4 (23.5%) |
| Hypertension | 5 (21.7%) | 3 (17.6%) |
| Sleep apnea syndrome | 3 (13%) | 1(5.9%) |
| Dyslipidemia | 1 (4.3%) | 1(5.9%) |
| Arthralgia | 3 (13%) | 0 (0%) |

Table 3 Outcomes of patients (data on follow up and complications)

| | OAGB (N = 23) | OLGIBP (N = 17) |
|------------------------|---------------|-----------------|
| % TWL at 3 years | 43.6 ± 6.2 | 48.2 ± 7.4 |
| Bile reflux at 3 years | 5 (21.7%) | 3 (17.6%) |
| Conversion en RYGB | 2 (8.7%) | 1 (5.9%) |
| Malnutrition (albumin) | 0 (0%) | 0 (0%) |
| Vitamin deficiency | 1 (4.3%) | 1 (5.9%) |

N number, OAGB one anastomosis gastric bypass, OLGIBP omega loop gastroileal gastric bypass, BMI body mass index, TWL total weight loss, RYGB Roux-en-Y gastric bypass

Single Anastomosis Gastro Ileal (SAGI)



Multicenter data collection on 420 patients

Anthropometrics

| N of Patients | 112 patients as primary surgery | 121 patients after AGB | 160 patients after SG | 27 patients after OAGB |
|-----------------------------|---------------------------------|------------------------|-----------------------|------------------------|
| Age | 37, 1 years | 39.4 years | 38.2 years | 44.1 years |
| BMI first operation | | 47.1 | 48.0 | 47.3 |
| BMI at SAGI surgery | 53.1 | 42.3 | 41,3 | 39.3 |
| Body Weight at SAGI surgery | 141.7 kg | 117.9 kg | 112.6 kg | 107.9 kg |
| Months between operations | | 83.6 months | 61.7 months | 37.4 months |

Multicenter data collection on 420 patients

Weight Loss (BMI)

| | | | | |
|-----------------------|------------------------|--------------------------|-------------------------|--------------------------|
| BMI at SAGI operation | 53.1 primary (112 pts) | 42.3 after AGB (121 pts) | 41.3 after SG (160 pts) | 39.3 after OAGB (27 pts) |
| BMI at 1 year | 42.4 (88 pts) | 37.2 (100 pts) | 38.0 (131 pts) | 34.2 (20 pts) |
| BMI at 2 years | 39.3 (71 pts) | 33.3 (86 pts) | 34.5 (110 pts) | 33.2 (12 pts) |
| BMI at 3 years | 38.1 (55 pts) | 31.3 (70 pts) | 33.1 (64 pts) | 31.5 (7 pts) |
| BMI at 4 years | 34.4 (33 pts) | 31.0 (31 pts) | 33.2 (31 pts) | 30.2 (7 pts) |
| BMI at 5 years | 34.5 (12 pts) | 30.5 (21 pts) | 31.3 (18 pts) | 30.3 (3 pts) |
| BMI at 6 years | 33.0 (7 pts) | 29.1 (19 pts) | 30.2 (10 pts) | 28.3 (1 pts) |

Multicenter data collection on 420 patients

Complications

Mortality: 0

Reoperation rate 1.9% (8 cases)

| | |
|---------------------------------|----------------------------------|
| 1 bleeding of the gastric pouch | 1st post-op day |
| 1 incisional hernia | 34° post-op day |
| 1 internal hernia | 8° post-op month |
| 1 untractable GERD | 14° post-op month |
| 4 malnutrition vs diarrhoea | 13°, 21°, 23°, 33° post-op month |

Conclusion

- SAGI as a variant of MGB/OAGB is based on solid (and old!!) physiopathologic principles.
- SAGI is a safe and easy malabsorptive procedure.
- It is a mixed restrictive and malabsorptive procedure, mainly malabsorptive in the long-term
- SAGI main indications are:
 - 1) Insufficient weight loss or weight regain after **Gastric Banding** and **Sleeve Gastrectomy**
 - 2) Insufficient weight loss or weight regain after **OAGB**
 - 3) Primary surgery for OAGB candidate patients with short small bowel
- In general the measurement of entire small bowel for patients candidate to OAGB **can avoid severe hypoalbuminemia, anemia and/or malabsorption** when there is a short small bowel
- Standardization and studies on long term results are necessary

A NEW CONCEPT IN SURGERY FOR OBESITY AND WEIGHT RELATED DISEASE.

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Single Anastomosis Gastro Ileal (SAGI)



Thanks!

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