

# IMPERIAL



## OAGB or RYGB as Revisional Surgery for Failed Laparoscopic Adjustable Gastric Banding: A Comparison of Weight Loss Outcomes

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# Background

## Laparoscopic adjustable gastric band (LAGB)

- Now rarely performed due to limited long-term weight loss and patients developing intolerance to the band which necessitates removal

## Revisional Procedures:

- One Anastomosis Gastric Bypass (OAGB)
- Roux-en-Y Gastric Bypass (RYGB)



# Objectives

## Primary Objective:

- Compare percentage total weight loss (%TWL) at 2 years between OAGB and RYGB after LSG

## Secondary Objectives:

- Assess 30 day post-operative complications

# Methods

## Study Design:

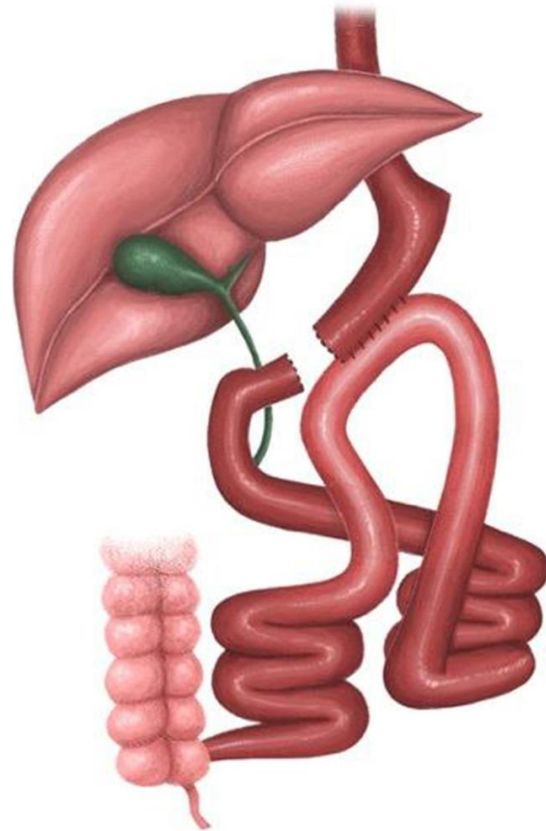
- Retrospective analysis of prospectively collected data (2015-2022)
- Conducted at a UK center.

## Participants:

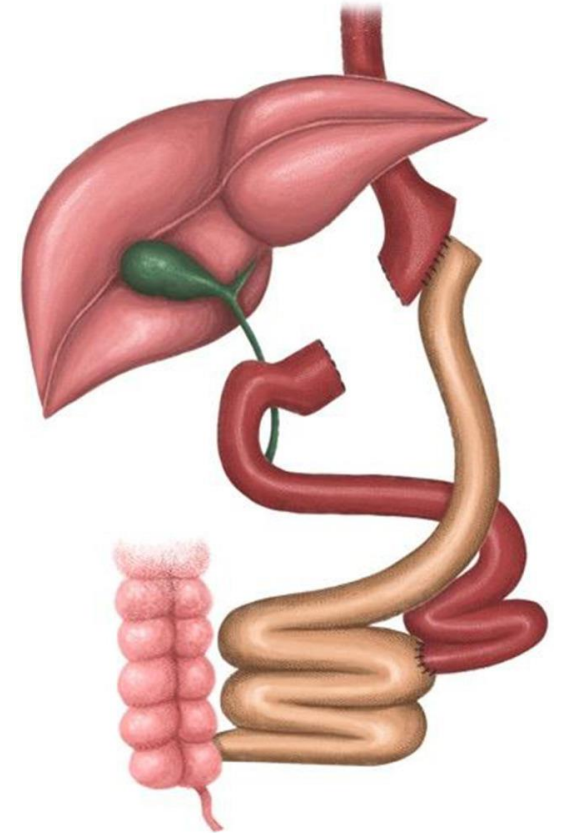
- 90 patients who underwent revisional surgery post LAGB removal

# Surgical techniques

OAGB:  
Sleeve divided at the incisura.  
Biliary length: 150-200cm.



RYGB:  
Shorter gastric pouch  
Biliary limb: 50-70cm  
Roux limb: 100cm  
Ante-colic Ante-gastric



Both procedures used a 30mm linear stapler for the gastro-jejunosomy.

# Results

- 69 patients received OAGB, 21 received RYGB.

|                         | OAGB      | RYGB      |
|-------------------------|-----------|-----------|
| <b>Gender</b>           |           |           |
| Male (%)                | 10 (14.7) | 3 (13.6)  |
| Female (%)              | 58 (85.3) | 19 (86.4) |
| <b>Age at Operation</b> |           |           |
| Mean                    | 45.5      | 51.3      |
| Range                   | 25-69     | 22-70     |
| <b>Operation Stage</b>  |           |           |
| 1 (%)                   | 29 (42.1) | 6 (28.6)  |
| 2 (%)                   | 40 (57.9) | 15 (71.4) |
| <b>Ethnic Origin</b>    |           |           |
| Caucasian (%)           | 40 (58.8) | 16 (72.7) |
| Asian (%)               | 16 (23.6) | 2 (9.1)   |
| Afro-Caribbean (%)      | 5 (7.4)   | 0         |
| African (%)             | 4 (5.9)   | 0         |
| Other/Unknown (%)       | 3 (4.4)   | 4 (18.2)  |
| <b>ASA Grade</b>        |           |           |
| II (%)                  | 41 (60.3) | 15 (68.2) |
| III (%)                 | 25 (36.8) | 4 (18.2)  |
| Unknown (%)             | 2 (2.9)   | 3 (13.6)  |

# Primary Outcome

## Weight Loss after revisional surgery

The OAGB group had a higher pre-conversion BMI (44.4 vs. 38.6).

Both groups experienced significant BMI reductions at 2 years (33.7 in OAGB, 31.1 in RYGB).

This translates to mean %TWL of 30.7% vs. 23.8% ( $p = 0.03$ ), favouring OAGB.

Post-operative complication rates were similar between groups.

### OAGB

|                  | Pre-Op | Post-Op  |        |         |
|------------------|--------|----------|--------|---------|
|                  |        | 6 months | 1 year | 2 years |
| Mean Weight (kg) | 125.4  | 102.9    | 96.5   | 92.8    |
| Mean % TWL       |        | 22.6     | 30.7   | 30.7    |
| Mean BMI         | 44.4   |          |        | 33.7    |

### RYGB

|                  | Pre-Op | Post-Op  |        |         |
|------------------|--------|----------|--------|---------|
|                  |        | 6 months | 1 year | 2 years |
| Mean Weight (kg) | 107.5  | 92.3     | 87.8   | 81.1    |
| Mean % TWL       |        | 18.3     | 23.2   | 23.8    |
| Mean BMI         | 38.6   |          |        | 31.1    |

# Discussion

## Weight Loss Outcomes:

- OAGB may offer greater %TWL at 2 years following failed LAGB compared to RYGB
- Similar post-operative complication rates between the two groups.
- Consideration of higher pre-conversion BMI in OAGB group and indication for surgery
- Need for further long-term studies to assess:
  - Sustained weight loss.
  - Impact on quality of life.
  - Cost-effectiveness.
  - Patient satisfaction.
  - Long term complication / side effect profile

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# Thank you

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OAGB or RYGB as Revisional Surgery for Failed Laparoscopic Adjustable Gastric  
Banding: A Comparison of Weight Loss Outcomes  
06/09/2024