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[] PI of the referred study (2015-2016)

CASE MIX DISCLOSURE







Metabolic surgery

- Metabolic procedures induce improved glycemic in T2DM patients by diferent mechanisms.
- One of the factors involved is the introduction of nutrients more quickly and distally in the small intestine.



- 2015 2016 Study
- 2017 out of the Study
- 2018 procedure fully reimbursed by the HIC



N= 112 pts

- Laparoscopic side-to-side jejunojejunostomy utilizing 60 mm endocutter
- Partial diversion of nutrients

<u>Goals</u>:

- Improved glycemic control
- Weight loss approximately 10%
- Anatomy preserving
- Technically simple for surgeon
- Quick recovery for patient
- No limitations on post-procedure diet

































Open Access

Original researc

BMJ Open Diabetes Research & Care A novel approach to glycemic control in type 2 diabetes mellitus, partial jejunal diversion: pre-clinical to clinical pathway

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Summary from the Study

- Twelve months post-surgery, the mean (SD) reduction from baseline in HbA1c was 2.3% (1.3) (p<0.01)
- Clinically relevant improvements in glycemic and weight control were observed.
- Despite the fact that 80% of participants on insulin and a mean time since diagnosis of over 10 years.



Results (n=30) of the first ten patients who reached the follow-up milestone

2, 5 & 7 yrs follow-up

Characteristics n=30		
Age, years	Mean	59
Gender, n (%)	Female	16 (53.3%)
	Male	14 (46.6%)
BMI, kg/m ²	Mean	34.4
	Range	29.5 to 42.3
OADs & Insulin usage, n (%)	OAD & Insulin	22 (66.6%)
	OADs only	11 (33.4%)
Diagnosed T2DM, years	Mean	9.5
	Range	2 to 20

- Duration: 1 to 1.5 hours (mean 72 min)
- Patients discharged

uneventfully

Patients returned to normal

diet immediately





Anastomosis patent at 12 months



Kg

Weight and BMI change

110 BMI (kg/m2) change 35 34,5 105 34 Weight (<u>kg</u>) 33,5 33 -4.2%* 32,5 32 -6.6%* 31,5 [└] -9.4%* **-9.1%*** -10.4%* -10.3%* 31 90 30,5 -11.5%* 30 -12.4%* 29,5 85 0 1 2 3 4 5 11.5

* p < 0.05

BMI

Impact on OGTT

OB KLINIKA



* p < 0.05



Impact on HbA1c





Impact on glycaemia





Conclusions

Laparoscopic PJD promising as a non-drug intervention for Type 2 diabetes, further study warranted

- Patients adopted normal diet immediately post-op
- Glycemic control improved
- Clinically relevant weight loss
- Lipid control improved



Conclusions

- Partial jejunal diversion transit bipartition provides anatomy sparing, low-risk, potentially reversible, metabolic procedure.
- For patients with poorly controlled T2DM.
- Procedure does not impose significant need for alterations in lifestyle.



Thank you for your attention

