IFSO – Melbourne, Australia - 2024

Obesity Surgery Update

Scott A. Shikora, MD, FACS
Editor-in-Chief
Brigham and Women's Hospital
Professor of Surgery
Harvard Medical School

Obesity Surgery
Editorial Board Meeting

As previously disclosed, these are the companies with which I have a financial or other relationship (s):

Company Name (s)	Nature of Relationship (s)
BARInet	Medical Director
Obesity Surgery Journal	Editor-in-Chief

Obesity Surgery
Editorial Board Meeting

Summary of the Past Year

- 2023 Submissions : 1209
- 2023 Acceptance rate: 51%
- 97% of authors surveyed in 2023 rated their Obesity Surgery experience: Good or Excellent
- Impact factor = 2.9
- 2023 downloads: 1.1 Million
- Publication of the science and statistics used to develop the 2022 ASMBS/IFSO guidelines for MBS
- New Publishing Editor: Emma Morris

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Position Papers

- The Role of Obesity Management Medications in the Context of Metabolic/BariatricSurgery : An International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Consensus
- Best practice approach for re-do surgeries after sleeve gastrectomy, an expert's modified Delphi consensus
- IFSO consensus on definitions and clinical practice guidelines for obesity management – An international Delphi Study.
- Metabolic and bariatric surgery in patients with obesity class V (BMI > 60 kg/m^2): a Modified Delphi Study.
- Therapeutic options for recurrence of weight and obesity related complications after metabolic and bariatric surgery." An IFSO position Statement. Current recommendations for procedure selection in class I and II obesity developed by an expert modified Delphi consensus

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IFSO/ASMBS Guidelines for MBS

- The scientific and statistical evidence for the conclusions drawn in the 2022 publication
- Publication delayed about 12 months
- Open access and simultaneously published in both *Obesity Surgery* and *Surgery for Obesity and Related Diseases*
- The IFSO/ASMBS guidelines are slowly gaining acceptance by payors and other health decision-makers

Obesity Surgery
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ASMBS/IFSO Criteria for MBS

• BMI 30 – 34.9 kg/m^2 and metabolic disease	Level 2a	Grade B
• **BMI 35 ≥ kg/m^2**	Delphi	
• BMI threshold for Asians (27.5 kg/m^2)	Level 2a	Grade B
• Older patients	Level 2a	Grade B
• Pediatric and adolescent patients	Level 1b	Grade A
• **Joint arthroplasty**	Delphi	
• Abdominal ventral hernia repair	Level 2b	Grade B
• Organ transplantation	Level 2b	Grade B
• BMI > 60 kg/m^2	Level 2a	Grade B
• Cirrhosis	Level 2b	Grade B
• Heart failure	Level 2b	Grade B
• Multidisciplinary patient evaluation	Level 2c	Grace B
• Revisional surgery	Level 2b	Grade B

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IFSO/ASMBS Guidelines for MBS

Obesity Surgery
https://doi.org/10.1007/s11695-022-06332-1

ORIGINAL CONTRIBUTIONS

2022 American Society of Metabolic and Bariatric Surgery (ASMBS) and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Indications for Metabolic and Bariatric Surgery

Dan Eisenberg[1] · Scott A. Shikora[2] · Edo Aarts[3] · Ali Aminian[4] · Luigi Angrisani[5] · Ricardo V. Cohen[6] · Maurizio de Luca[7] · Silvia L. Faria[8] · Kasey P.S. Goodpaster[4] · Ashraf Haddad[9] · Jacques M. Himpens[10] · Lilian Kow[11] · Marina Kurian[12] · Ken Loi[13] · Kamal Mahawar[14] · Abdelrahman Nimeri[15] · Mary O'Kane[16] · Pavlos K. Papasavas[17] · Jaime Ponce[18] · Janey S. A. Pratt[1,19] · Ann M. Rogers[20] · Kimberley E. Steele[21] · Michel Suter[22,23] · Shanu N. Kothari[24]

Major updates to 1991 National Institutes of Health guidelines for bariatric surgery

Metabolic and bariatric surgery (MBS) is recommended for individuals with a body mass index (BMI) ≥35 kg/m^2, regardless of presence, absence, or severity of co-morbidities.
MBS should be considered for individuals with metabolic disease and BMI of 30-34.9 kg/m^2.
BMI thresholds should be adjusted in the Asian population such that a BMI ≥25 kg/m^2 suggests clinical obesity, and individuals with BMI ≥27.5 kg/m^2 should be offered MBS.
Long-term results of MBS consistently demonstrate safety and efficacy.
Appropriately selected children and adolescents should be considered for MBS.

(Surg Obes Relat Dis 2022; https://doi.org/10.1016/j.soard.2022.08.013)

Keywords Obesity · Metabolic and bariatric surgery · IFSO · ASMBS · Criteria · Indications

Thirty years ago, the National Institutes of Health (NIH) convened a Consensus Development Conference that published a Statement on gastrointestinal surgery for severe obesity, reflecting expert assessment of the medical knowledge available at the time [1]. Specifically, it sought to address "the surgical treatments for severe obesity and the criteria for selection, the efficacy and risks of surgical treatments for severe obesity, and the need for future research on and epidemiological evaluation of these therapies," and included specific recommendations for practice. Among these are that nonsurgical programs should be initial therapy for severe obesity; that patients should be carefully selected for surgery after evaluation by a multidisciplinary team; and that lifelong medical surveillance continue after surgery. The 1991 NIH Consensus Statement has been used by providers, hospitals, and insurers, as a standard for selection criteria for bariatric surgery. A body mass index (BMI) ≥40 kg/m^2, or BMI ≥35 kg/m^2 with co-morbidities, is a threshold for surgery that is applied universally.

Since its publication, hundreds of studies have been published on the worldwide obesity epidemic and global experience with metabolic and bariatric surgery (MBS), which has greatly enhanced the understanding of obesity and its treatment [2, 3]. Now recognized as a chronic disease, obesity is associated with a chronic low-grade inflammatory state and immune dysfunction [4, 5]. It is suspected that the prolonged state of inflammation leads to a disruption of homeostatic mechanisms and consequently to metabolic disorders commonly associated with obesity, mediated by incompletely elucidated pathways involving cytokine production, adipokines, hormones, and acute-phase reactants [5–8].

With an increasing global MBS experience, long-term studies have proven it an effective and durable treatment of severe obesity and its co-morbidities. Studies with long-term

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ELSEVIER

Surgery for Obesity and Related Diseases 18 (2022) 1345–1356

SURGERY FOR OBESITY AND RELATED DISEASES

Original article

2022 American Society for Metabolic and Bariatric Surgery (ASMBS) and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO): Indications for Metabolic and Bariatric Surgery

Dan Eisenberg, M.D.[a,*], Scott A. Shikora, M.D.[b], Edo Aarts, M.D., Ph.D.[c], Ali Aminian, M.D.[d], Luigi Angrisani, M.D.[e], Ricardo V. Cohen, M.D., Ph.D.[f], Maurizio De Luca, M.D.[g], Silvia L. Faria, Ph.D.[h], Kasey P. S. Goodpaster, Ph.D.[d], Ashraf Haddad, M.D.[i], Jacques M. Himpens, M.D., Ph.D.[j], Lilian Kow, B.M.B.S., Ph.D.[k], Marina Kurian, M.D.[l], Ken Loi, M.B.B.S., B.Sc. (Med)[m], Kamal Mahawar, M.B.B.S., M.Sc.[n], Abdelrahman Nimeri, M.D., M.B.B.Ch.[o], Mary O'Kane, M.Sc., R.D.[p], Pavlos K. Papasavas, M.D.[q], Jaime Ponce, M.D.[r], Janey S. A. Pratt, M.D.[a,s], Ann M. Rogers, M.D.[t], Kimberley E. Steele, M.D., Ph.D.[u], Michel Suter, M.D.[v,w], Shanu N. Kothari, M.D.[x]

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Obesity Surgery
Editorial Board Meeting

Editorials and Paired Editorials

Professor Ricardo Cohen, MD

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Goodbye Editorial Manager

- In May, Springer/Nature introduced a new Peer Review System

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Benefits of SNAPP

- Designed to offer a more friendly interface for the editors
- Enhance the editor's ability to find reviewers
- Streamline the peer review process
- Reduce turnaround time by up to 70%

From article submission to acceptance

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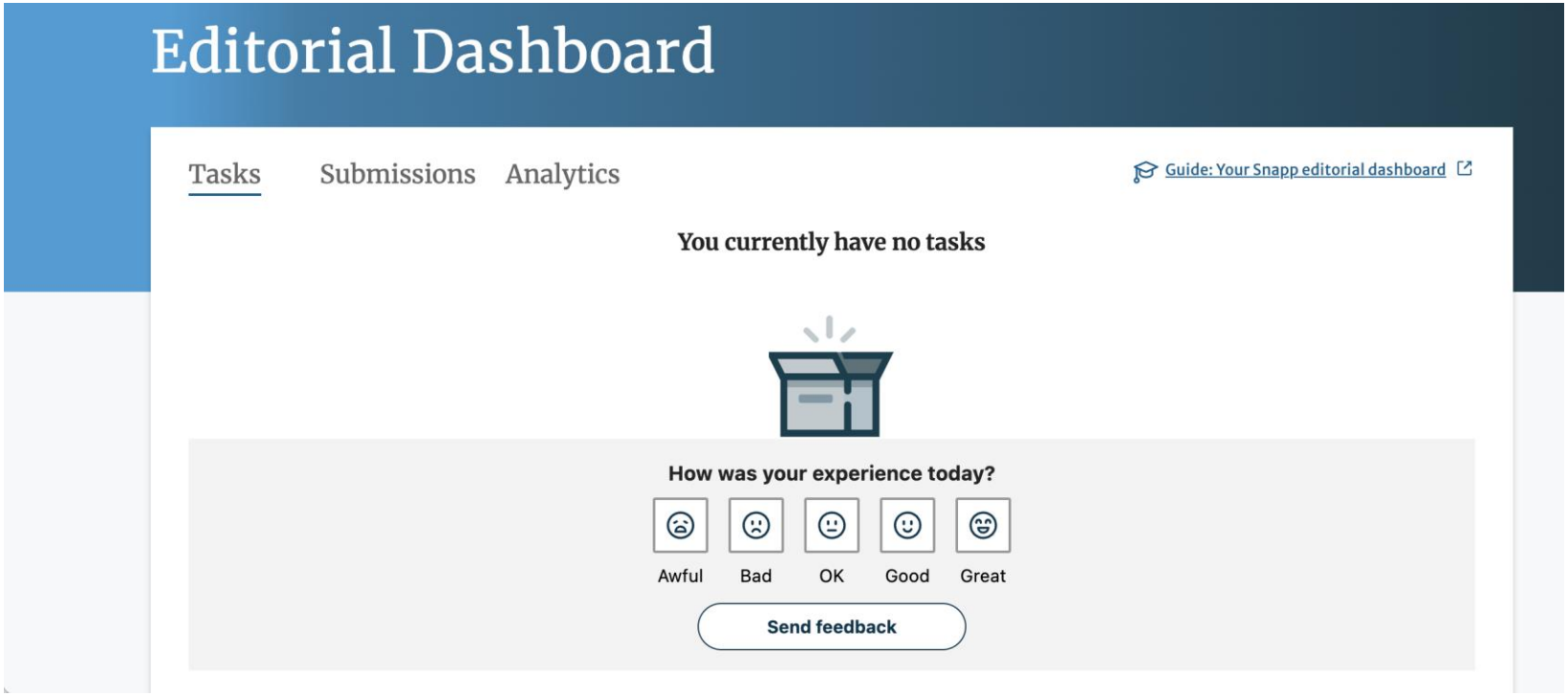
SNAPP Has a Fresh New Look



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Editorial Board Meeting

SNAPP Has a Fresh New Look

Showing results for submissions in stage 'All submissions'.

Showing 20 results of 205 | Sorted by newest first. All dates displayed are in UTC.

Stage: No reviewers invited *(5 hours ago)* **Current task:** Assess suitability *(11 hours ago)* **Assigned to:** Luigi Angrisani

Obesity Surgery | *a5fbf810-4171-4469-aa6f-d780e2dd8b54*

Ref: 2024-247

Liver Fibrosis as a Predictor of Cardiovascular Risk in Patients with Severe Obesity: Insights from the Assisi Study

Version 1

Submission date: 11 Aug 2024 (22 hours ago)

No reviewers invited for version 1

Stage: Reviewers invited *(2 hours ago)* **Current task:** Find and invite reviewers *(2 hours ago)* **Assigned to:** Philippe Topart

Obesity Surgery | *9b1b90b2-4054-486e-8943-c330dd44dacf*

Ref: 2024-242

Magnetic Sphincter Augmentation for Gastroesophageal Reflux after Sleeve Gastrectomy: a Systematic Review

Reviewers invited (v1)	3
Accepted	1
Reports submitted	0

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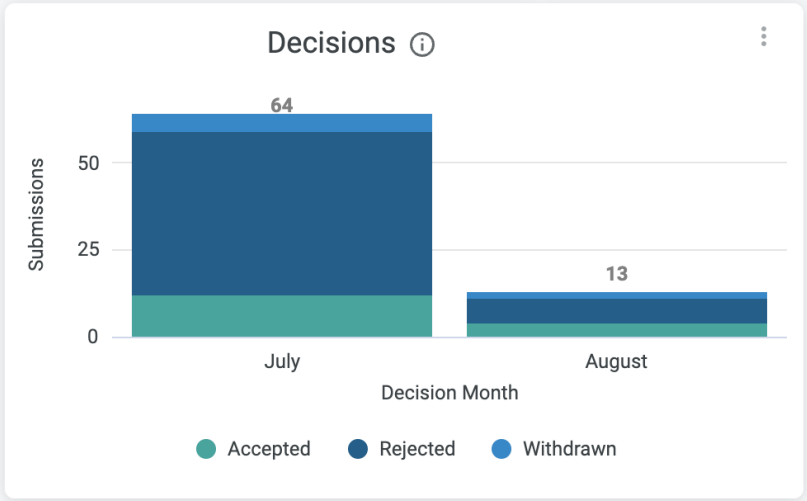
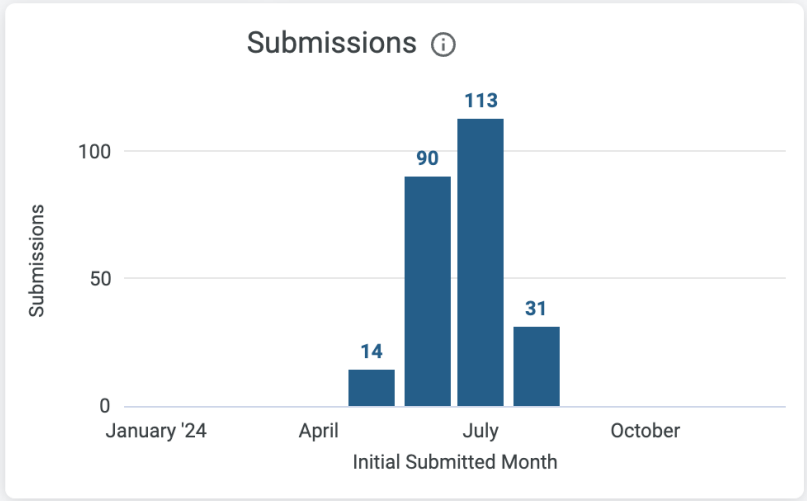
SNAPP Provides Analytics

248	16	54
Submissions	Accepted Submissions	Rejected Submissions
21	**19**	**18**
Avg TAT for First Decision	Avg TAT for Acceptance	Avg TAT for Rejections





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New Manuscript Formats

Previous		New
Original Contribution (2400)	→	Research (2400)
New Concepts (2400)		Methodology (2400)
Review (3000)	→	Review (3000)
Brief Communication (800)	→	Brief report (800)
Letter-to-the Editor (1200)	→	Correspondence (1200)
Multimedia (500)		Editorial (1200)

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Removing Demeaning Terminology

BMI (kg/m^2)	Old Nomenclature	New Nomenclature
$\geq$ 50 kg/m^2	Super-Obese	Class IV, BMI > 50 kg/m^2
$\geq$ 60 kg/m^2	Super-Super Obese	Class V, BMI > 60 kg/m^2
$\geq$ 70 kg/m^2	Mega-Obese	Class VI, BMI > 70 kg/m^2

- References to obesity must be given in the 3rd person

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New Terminology

Old	New
Morbid obesity	Severe Obesity (BMI)
Comorbidities	Obesity complications
Less than ideal weight loss	Suboptimal initial response
Significant weight regain	Late post clinical deterioration
Morbidly obese patient	Patient with obesity
Obesity or bariatric surgery	Metabolic/bariatric surgery
Revisional surgery	Modification of the original procedure
Revision or conversion	Changing the procedure to something else
Revision or reversal	Restoring the GI tract to its original configuration

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Total Submissions (By Year)

	2017	2018	2019	2020	2021	2022	2023	2024
Total	995	1137	1269	1563	1310	1126	1209	*810
Accept (%)	55.3	55.8	55.3	52.4	50.5	47.9	51.2	50.8
Reject (%)	44.7	44.2	44.7	47.6	49.5	52.1	48.8	49.2
Transfer (no.)	64	302	504	624	492	607	532	268

*2024 YTD through 8/15/24

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of Days to a Final Decision

	2017	2018	2019	2020	2021	2022	2023	2024*
Average Days to First Decision	39	31	29	23	24	27	28	EM: 29 SNAPP: 21
Average Days to Final Decision Accept	102	91	96	86	88	95	92	EM: 107 SNAPP: 17
Average Days to Final Decision Reject	51	45	49	34	37	37	37	EM: 35 SNAPP: 18

*2024 YTD through 8/15/24

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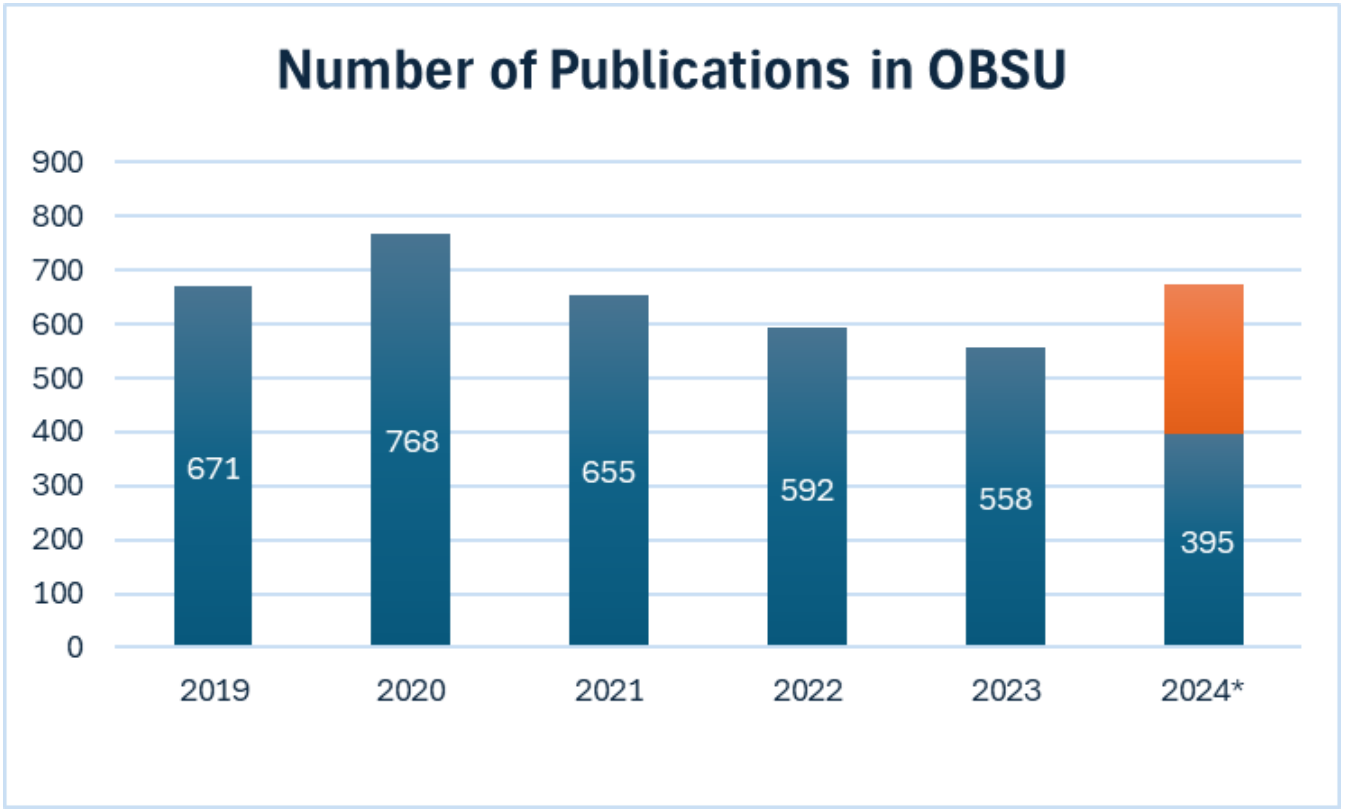
Annual Publication Trends



*2024 YTD through 8/15/24

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2023 Decisions by Article Type

Article Type	Total	Accept	Reject
Brief Communication	72	30	42
Editorial	4	4	0
Letter to the Editor/Rep	124	101	23
Multimedia Article	71	42	29
New Concept	17	2	15
Original Contribution	730	342	388
Review Article	104	52	52
Total	1120	573	547

*2024 YTD through 8/15/24

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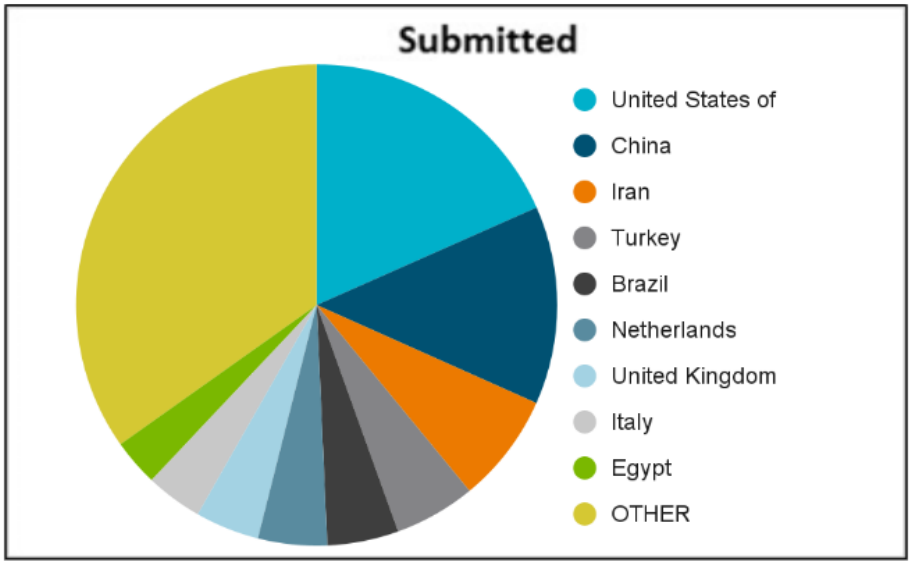
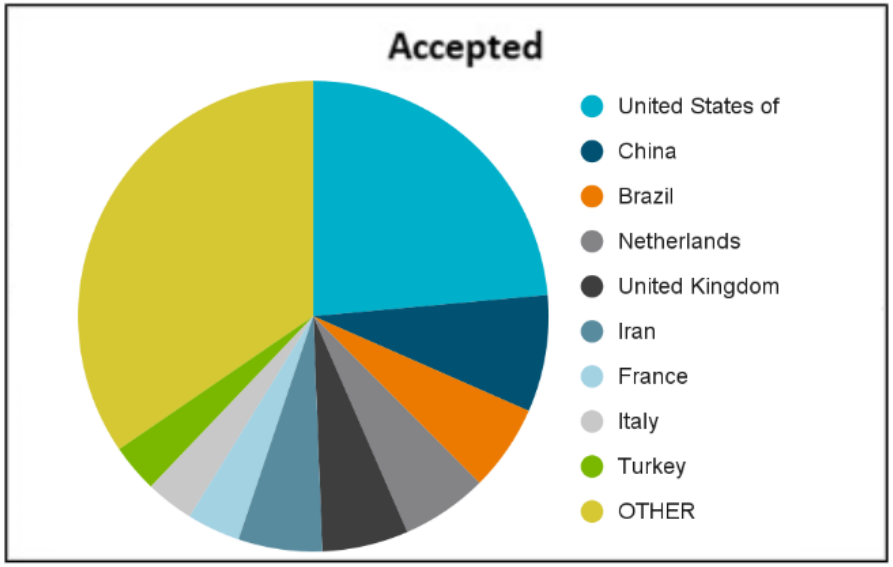
2023 Submissions/Acceptances

Top 10 countries





Total Countries: 100

Total Manuscripts: 1209

*2024 YTD through 8/15/24

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Current Editorial Board

- Editor-in-Chief
- 4 Advisory Editors
- 37 Associate Editors
- 88 Editorial Board Members
- 4 Social Media Editors
- Almost 500 reviewers

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Editorial Board Members

- Agree to do a minimum of 12 reviews per year
- Agree to do the review or decline ASAP (1 week)
- Put real effort into the reviews
- Treat each review as if it was your paper
- If asked to re-review the revised manuscripts, please look the paper over and state whether the authors satisfied your comments

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Top 20 Reviewers

2023	
Reviewer Name	**Total Reviews**
Mohammed Al Hadad	51
Mohammad Kermansaravi	34
Bart Torensma	29
Rodolfo Oviedo	29
Tadeja Pintar	29
Daniel Gero	25
Naoki Hashimoto	25
Manish Parikh	24
Antonio Vitiello	23
Ashraf Haddad	23

2024*	
Reviewer Name	**Total Reviews**
Hazem Al Momani	31
Anna Carolina Dantas	25
Rodolfo Oviedo	23
Tadeja Pintar	21
Andrew Robertson	19
Bart Torensma	19
Manoel Galvao Neto	19
Mohammad Kermansaravi	17
Antonio Iannelli	16
Armour Forse	15

*2024 YTD through 8/15/24

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Associate Editor Turnover

Retiring

- Gianfranco Adami
- Stacy Brethauer
- Cynthia Buffington
- Andrew De Beaux
- Jean-Marc Chevallier
- Jan Willem Greve
- Paul O'Brien

Joining

- Dale Bond
- Anna Carolina Dantes
- Manoel Galvao Neto
- Yitka Graham
- Mohamed Al Hadad
- Ashraf Haddad
- Mohammad Kermansaravi
- Antonio Vitiello

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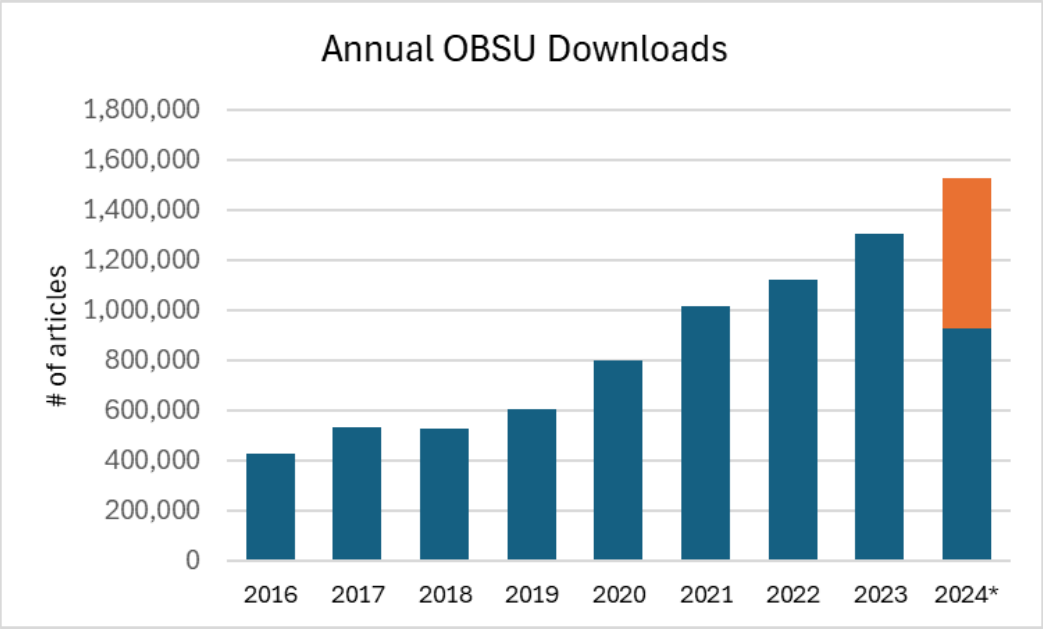
Annual Downloads

- Third year in a row of ONE MILLION+ downloads in a year
- In 2023, roughly 3,500 OBSU articles were downloaded per day



Year	Annual Downloads
2016	426,466
2017	534,608
2018	526,534
2019	606,662
2020	799,870
2021	1,016,400
2022	1,119,198
2023	1,302,789
2024*	928,302

= projection for 2024

*2024 YTD is through 8/15/24

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2024 Top Downloads – PT 1

Article Title	Author	Article Type	Access Type	Article Pub Year	Total Item Request
IFSO Consensus on Definitions and Clinical Practice Guidelines for Obesity Management—an International	IFSO Experts Panel	ORIGINALPAPER	OA	2024	5667
Using the 5-Item Medication Adherence Report Scale (MARS-5) to Screen for Non-adherence to Vitamin and Mineral Supplementation After Bariatric Surgery	Kristina Spetz et al.	ORIGINALPAPER	OA	2024	4824
IFSO Worldwide Survey 2020–2021: Current Trends for Bariatric and Metabolic Procedures	the Collaborative Study Group for the IFSO Worldwide Survey	ORIGINALPAPER	OA	2024	2785
Efficacy of High-dose Liraglutide 3.0 mg in Patients with Poor Response to Bariatric Surgery: Real-world Experience and Updated Meta-analysis	Federica Vinciguerra et al.	ORIGINALPAPER	OA	2024	2615
Metabolic Bariatric Surgery Across the IFSO Chapters: Key Insights on the Baseline Patient Demographics, Procedure Types, and Mortality from the Eighth IFSO	on behalf of the IFSO Global Registry Collaboration	ORIGINALPAPER	OA	2024	1973
Safety and Efficacy of 12-Month Intra-gastric Balloon—Series of over 1100 Patients	Tom Wiggins et al.	ORIGINALPAPER	OA	2024	1894
Clinical Management of Major Postoperative Bleeding After Bariatric Surgery	Lars Kollmann et al.	ORIGINALPAPER	OA	2024	1810
Outcomes of One-Anastomosis Gastric Bypass Conversion to Roux-en-Y Gastric Bypass for Severe Obesity: A Systematic Review and Meta-analysis	Narek Sargsyan et al.	REVIEWPAPER	OA	2024	1693
Bilateral Subdiaphragmatic Vagal Nerve Stimulation Using a Novel Waveform Decreases Body Weight, Food Consumption, Adiposity, and Activity in Obesity-Prone	Monique Leinen et al.	ORIGINALPAPER	OA	2024	1684

Obesity Surgery
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2024 Top Downloads – PT 2

Article Title	Author	Article Type	Access Type	Article Pub Year	Total Item Request
Liraglutide 3.0 mg (Saxenda©) for Weight Loss and Remission of Pre-Diabetes. Real-World Clinical Evaluation of Effectiveness among Patients Awaiting	Rebekah Wilmington et al.	BRIEFCOMMUNICATION	OA	2024	1596
Suboptimal Weight Loss 13 Years After Roux-en-Y Gastric Bypass Is Associated with Blunted Appetite	Siren Nymo et al.	ORIGINALPAPER	OA	2024	1547
Obstructive Sleep Apnea: The Effect of Bariatric Surgery After Five Years—A Prospective Multicenter Trial	Pipsa Peromaa-Haavisto et al.	ORIGINALPAPER	OA	2024	1517
Ultrasound-Guided External Oblique Intercostal Plane Block for Postoperative Analgesia in Laparoscopic Sleeve Gastrectomy: A Prospective, Randomized, Controlled, Patient and Observer-Blinded Study	Ali Sait Kavakli, Taylan Sahin, Umit Koc, Arzu Karaveli	ORIGINALPAPER	OA	2024	1495
Banded Versus Non-banded Sleeve Gastrectomy: 5-Year Results of a 3-Year Randomized Controlled Trial	Jodok M. Fink et al.	ORIGINALPAPER	OA	2024	1465
Glucagon-Like Peptide-1 Receptor Agonists in Post-bariatric Surgery Patients: A Systematic Review and	Deep Dutta et al.	ORIGINALPAPER	SUB	2024	1419
Asia's Growing Contribution to Obesity Surgery Research: A 40-year Bibliometric Analysis	Ziyun Liu, Haiqin Wang, Dazhi Fan, Tingting Xu, Fuzhen Wan, Qing Xia	REVIEWPAPER	OA	2024	1398
Popularity of Surgical and Pharmacological Obesity Treatment Methods Searched by Google Users: the Retrospective Analysis of Google Trends Statistics in 2004–2022	Mikołaj Kamiński et al.	ORIGINALPAPER	OA	2024	1389
Evaluating the Impact of Enhanced Recovery After Surgery Protocols on Surgical Outcomes Following Bariatric Surgery—A Systematic Review and Meta-analysis of Randomised Clinical Trials	Matthew G. Davey et al.	ORIGINALPAPER	OA	2024	1384

Obesity Surgery
Editorial Board Meeting

Impact Factor and COVID

- The *average* I.F. change for all Surgery journals was (-0.4)
- Only 15 Surgery journals increased their IF by more than 5%.
- Most of these were journals with an IF <2 in 2021. Transplantation and Inter J Surg were the only 2 'well-known' journals which increased their IF
- 176 Surgery journals [84% of those with an IF] declined from 2021

In 2023, almost all surgery journals saw a further decrease in IF. *Obesity Surgery* was one of the few that maintained its IF this year (2.9)

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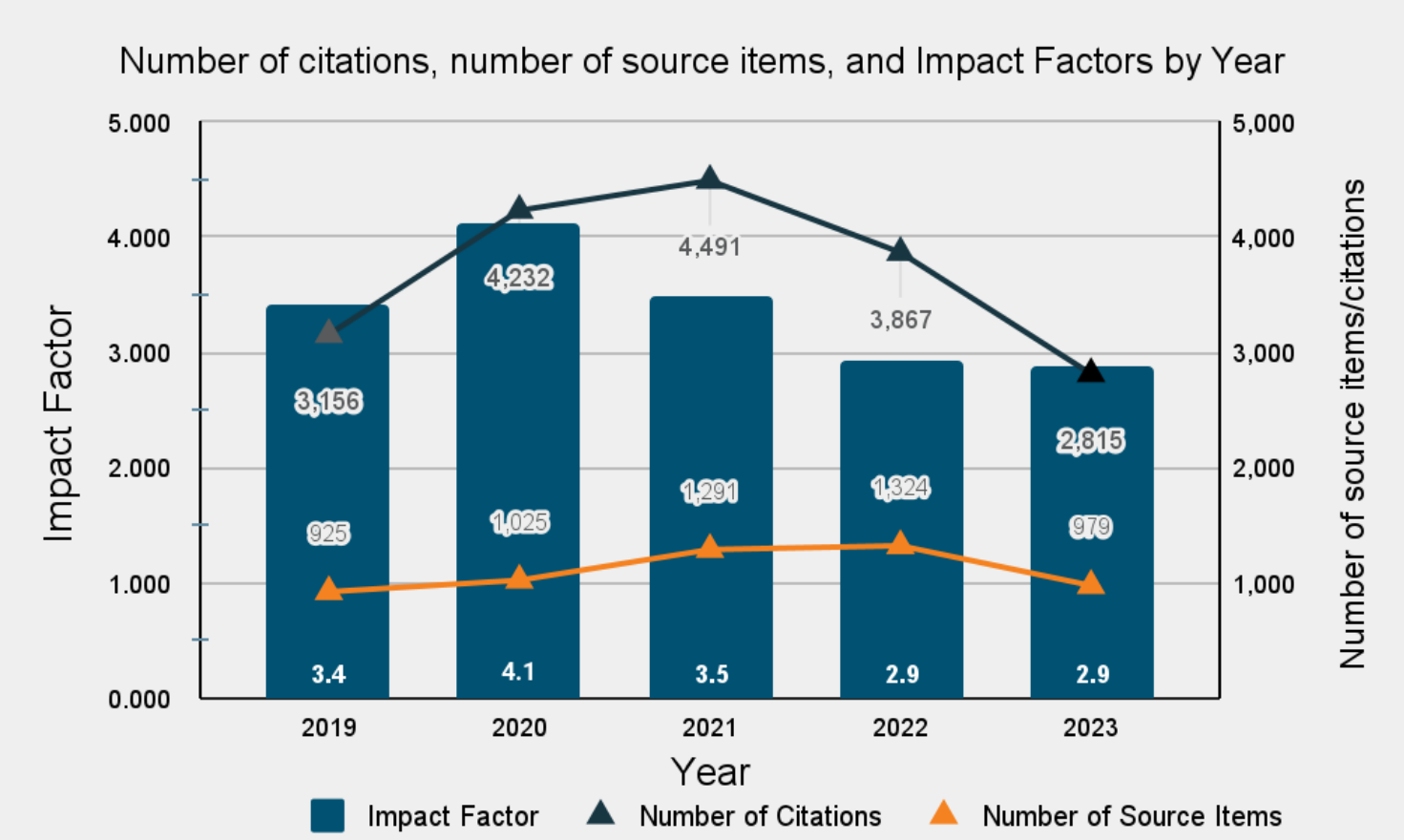
OBSU Impact Factor – 5 Year Trend



(# citable articles from past 2 years)

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Most-cited Articles in 2023 for IF

Title	Authors	2023
Bariatric Surgery Survey 2018: Similarities and Disparities Among the 5 IFSO Chapters	Angrisani, Luigi; Santonicola, Antonella; Iovino, Paola; Ramos, Almino; Shikora, Scott; Kow, Lilian	87
Weight Regain and Insufficient Weight Loss After Bariatric Surgery: Definitions, Prevalence, Mechanisms, Predictors, Prevention and Management Strategies, and Knowledge Gaps-a Scoping Review	El Ansari, Walid; Elhag, Wahiba	75
2022 American Society of Metabolic and Bariatric Surgery (ASMBS) and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Indications for Metabolic and Bariatric Surgery	Eisenberg, Dan; Shikora, Scott A.; Aarts, Edo; Aminian, Ali; Angrisani, Luigi; Cohen, Ricardo, V; de Luca, Maurizio; Faria, Silvia L.; Goodpaster, Kasey P. S.; Haddad, Ashraf; Himpens, Jacques M.; Kow, Lilian; Kurian, Marina; Loi, Ken; Mahawar, Kamal; Nimeri, Abdelrahman; O'Kane, Mary; Papasavas, Pavlos K.; Ponce, Jaime; Pratt, Janey S. A.; Rogers, Ann M.; Steele, Kimberley E.; Suter, Michel; Kothari, Shanu N.	68
The Application of Enhanced Recovery After Surgery (ERAS) for Patients Undergoing Bariatric Surgery: a Systematic Review and Meta-analysis	Zhou, Jiajie; Du, Rui; Wang, Liuhua; Wang, Feng; Li, Dongliang; Tong, Guifan; Wang, Wei; Ding, Xu; Wang, Daorong	22
IFSO Update Position Statement on One Anastomosis Gastric Bypass (OAGB)	De Luca, Maurizio; Piatto, Giacomo; Merola, Giovanni; Himpens, Jacques; Chevallier, Jean-Marc; Carbajo, Miguel-A; Mahawar, Kamal; Sartori, Alberto; Clemente, Nicola; Herrera, Miguel; Higa, Kelvin; Brown, Wendy A.; Shikora, Scott	20

Obesity Surgery
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Most Cited Articles in 2023 for IF

Title	Authors	2023
What Is Weight Loss After Bariatric Surgery Expressed in Percentage Total Weight Loss (%TWL)? A Systematic Review	Van Rijswijk, Anne-Sophie; van Olst, Nienke; Schats, Winnie; van der Peet, Donald L.; van de Laar, Arnold W.	19
Multidisciplinary Approach for Weight Regain-how to Manage this Challenging Condition: an Expert Review	Cambi, Maria Paula Carlin; Baretta, Giorgio Alfredo Pedroso; Magro, Daniela De Oliveira; Boguszewski, Cesar Luiz; Ribeiro, Igor Braga; Jirapinyo, Pichamol; de Moura, Diogo Turiani Hourneaux	19
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Areas for Improvement

- Late reviews
  - AE delay in finding reviewers
  - Editors and reviewers take too long to respond or to review the paper
- Poor quality reviews
  - The reviewer offers no suggestions to back up their decision or to help the author improve their paper
- Inadequate number of reviewers
  - At least 2 reviewers for all papers
  - Don’t over work the reliable reviewers