

Career Development

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CONFLICT OF INTEREST DISCLOSURE

I have no potential conflict of interest to report

I have the following potential conflict(s) of interest to report:

- Receipt of honoraria or consultation fees: Medtronic, Ethicon, WL Gore, Stryker, Novo Nordisk, Vivus

What Matters?

College/ Med School

Residency/Fellowship

First Job

Mentors

Colleagues

Mentors, Sponsors, Allies

- Mentors offer guidance, advice and behavior modeling to create opportunities for professional development.
- Sponsors are typically highly placed in an organization and have influence at some level
- Compared to mentorship, sponsorship requires more active and intentional initiatives, not only offering guidance but also advocating, networking and providing connections
 - More likely to accelerate their beneficiaries' careers
- Allies can be supportive of initiatives

Slow and Steady



Identify Your Interests and strengths



Listen To Colleagues who value you



Talk to Leaders about next steps



Align Goals w Society

The Next Step

Meritocracy

Societies/ Committees

Be Part of the Solution

Publications

Presentations

Surgical Societies



Start on a committee or two



Do the Work



You must produce!

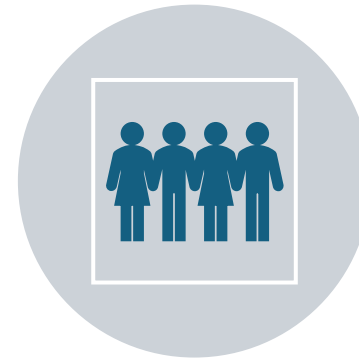
Surgical Societies



TAKE ON DIFFERENT
PROJECTS TO ADVANCE



START TO CO-CHAIR
COMMITTEES



UNDERSTAND THE
STRUCTURE OF THE SOCIETY

First Things First

- Do You Want to Be a Leader?
- Aren't We all Leaders?
- Is the Choice between Leaders and Sheeple?



So You Want to be a Leader

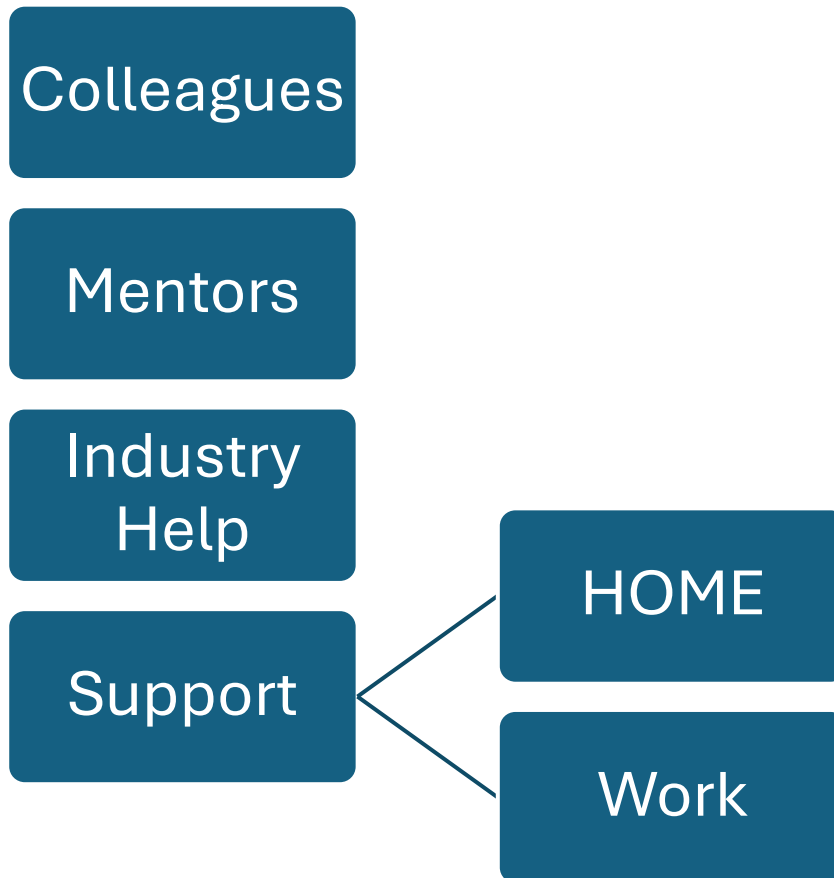
Why do you want to be chair.. Exec.. President?

Represent the membership

Bring your voice to the table

Make informed decisions based on membership needs

Getting from A to B



Insight



Grow with the Times

- Learn your craft
- Be open to new techniques
- Be an eternal student
- Teach others as you learn
- Understand the limitations of your craft, so that you can identify opportunities and improve outcomes
- Be self reflective

Next Steps



PICK A
SOCIETY



JOIN A
COMMITTEE



TAKE ON
PROJECTS



PUBLISH

Next Steps



Make Videos



Submit to National or International Meetings



Participate in IFSO, SAGES and ASMBS online offerings

Mentors





Mentors

Encouragement to
enter Surgery

Encouragement and
support for Advanced
Laparoscopic
Fellowship

Support and
guidelines to enter
practice, negotiate a
contract, navigate the
societies

Encouragement to
join studies or groups

Support from within
Societies: Meritocracy



Colleagues



Colleagues

Colleagues





Conclusions

Rising to the top is a meritocracy

Proving you are capable involves publishing, presenting, and completing projects on time

Asking to be involved in projects is being proactive

Consider that you are not done yet as there is always more to do and more to learn

Conclusions

- Mentor others
- The life of a surgeon is very much like spinning plates on sticks...make sure you do not spin too many at a time (say yes to some projects but not to all)

