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CONFLICT OF INTEREST DISCLOSURE

In accordance with «EACCME criteria for the Accreditation of Live Educational Events», please disclose whether you have or you have not any conflict of interest with the companies:

Vishal Kudav, MD: no potential conflict of interest to report

Lucian Panait, MD: consultant relationship with Medtronic



How can I build a new bariatric practice in a mature market?



BACKGROUND

Building volume in a new bariatric practice is dependent on multiple factors [1]

- Referrals from previous patients
- Primary care and subspecialty networks
- Internet resources

Patient recruitment and engagement can be supported by industry partnerships through various strategies

- Co-marketing campaigns
- Virtual online and app-based platforms for personal health education
- Industry-sponsored pilot programs to drive patient recruitment
- Therapy awareness dinners for providers

[1] Moore, R.L. (2016) 'Tools and Keys for Success in New and Established Bariatric Practices', *Bariatric Times*, 1 August.





- Formed in 2020 a mature bariatric market in a major metropolitan area in the United States (Minneapolis-St.Paul)
- Offers multimodal weight loss management options for patients
 - Anti-obesity medication management
 - Endobariatric procedures for weight loss
 - Outpatient/inpatient bariatric surgical care

Our plan

- Engaged industry representatives in seeking resources to promote practice growth
- Partners include:
 - Medtronic
 - Apollo Endosurgery
 - Novo Nordisk





Utilized different strategies with industry partners:

Enrolled patients in Go Further Health & followed leads via Patient Partner platforms

- Go Further Health: online and app-based personal health and weight loss tracking program
- Patient Partner: pilot collaboration through Medtronic for patient-to-patient mentorship program for bariatric surgery; professional video shoot for provider marketing





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6 month co-marketing campaign for Orbera Intragastric Balloon therapy (May 2022 – December 2022)

- Practice investment of \$5000/month, matched \$5000/month by Apollo for total of \$60,000 over 6 months
- Funds used for Search Engine Marketing via Google & Facebook, email blasts for a local magazine, and timed radio ads



Obtained patient educational brochures regarding Wegovy®, provided drug samples for use, performed inservice training for clinical staff



GO FURTHER >

Medtronic-sponsored online and app-based health and weight loss tracking app

- Access to personalized meal plans and recipes to assist with weight loss
- Pre-recorded and live virtual nutritional counselling classes
- Digital tracking of customizable weight loss surgery preop requirements

Patient retention tracked over 2 years

 $Patient \, Retention = \frac{(Patients \, who \, underwent \, bariatric \, surgery \, + \, Patients \, completing \, requirements)}{All \, patients \, enrolled \, in \, platform}$

Our patient retention rate = 86% (Historic data 30-50%)

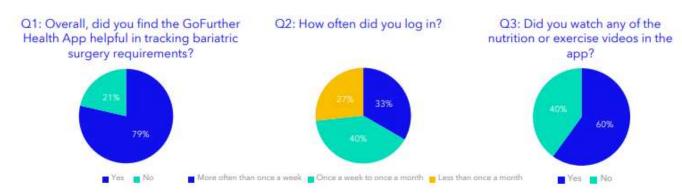


Figure 2. Survey results assessing patient satisfaction and app usage

**Data presented at ASMBS Annual Meeting in Las Vegas, June 2023

94 patients invited to join GoFurther:

26 did not join

- 10 lost to follow up
- 16 underwent surgery or completing requirements

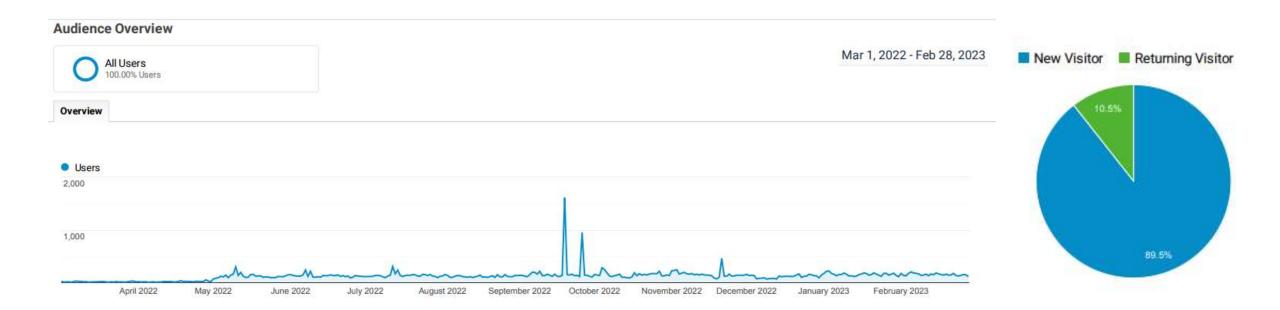
48 underwent bariatric surgery

11 still completing requirements

9 lost to follow up



Website New User Data



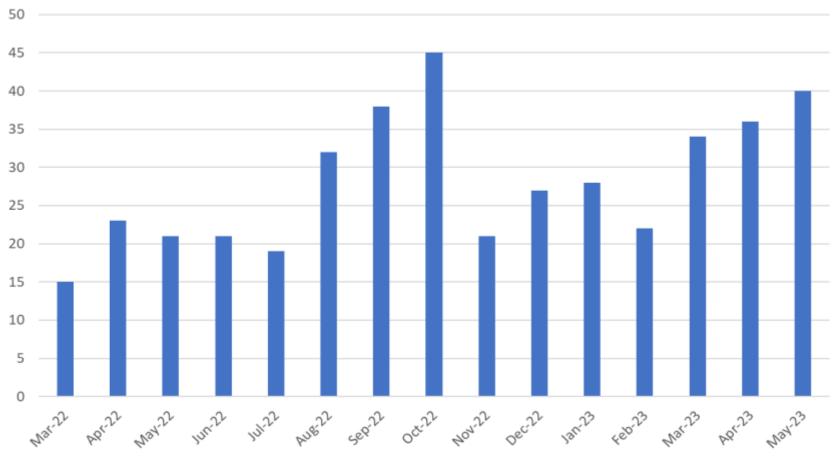
Total New Website Users (3/2022 - 3/2023):

43,218



RESULTS

Bhatti Weight Loss New Patient Volume



Totals***

2022: **262**

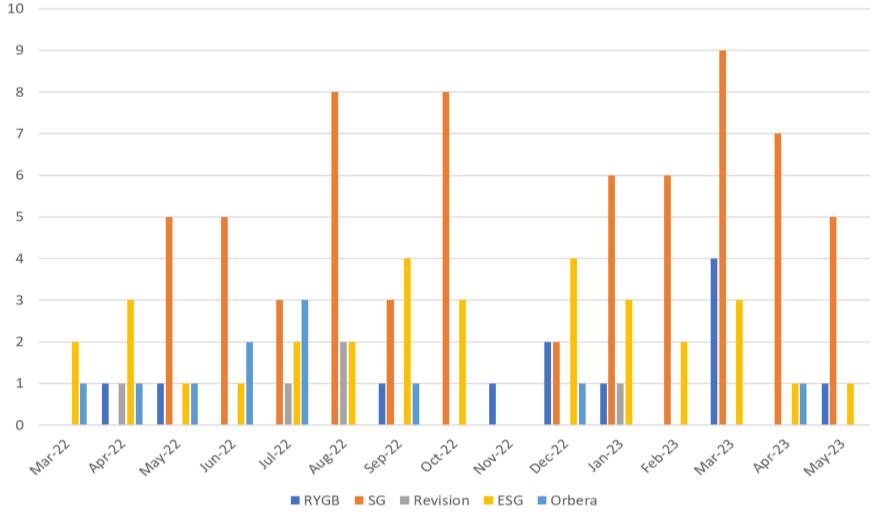
2023: 160

■ Number of New Weight Loss Consults



***Volume from Mar 2022 - May 2023

RESULTS



Procedure	Volume
Roux-en-Y gastric bypass	12
Sleeve gastrectomy	67
Revisional procedure	5
Endoscopic sleeve gastroplasty	32
Orbera intragastric balloon	11



CONCLUSION

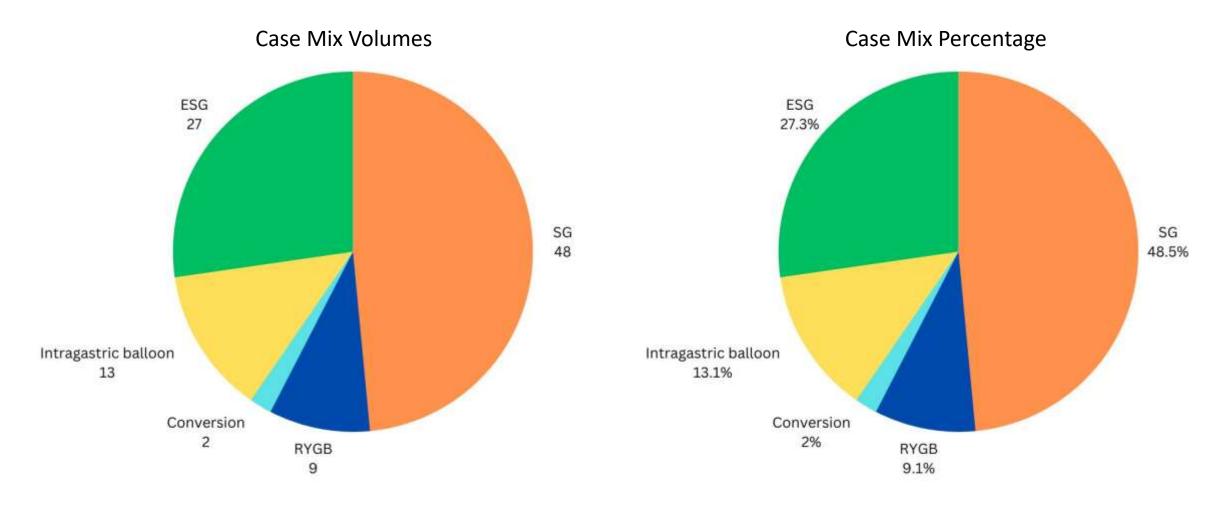
• Organic and paid marketing efforts are necessary when establishing a new weight management practice in a competitive market

• Industry resources are widely available and can increase patient awareness, satisfaction and program retention

• Collaboration with industry can be mutually beneficial for practice growth and in development of practice management tools









**Volume data from March 2022 – July 2023

Questions/Discussion



