

In accordance with «EACCME criteria for the Accreditation of Live Educational Events», please disclose whether you have or not any conflict of interest with the companies:

**I have no potential conflict of interest to report**

# Does increased structured pre-op physical activity result in improved post MBS outcomes?

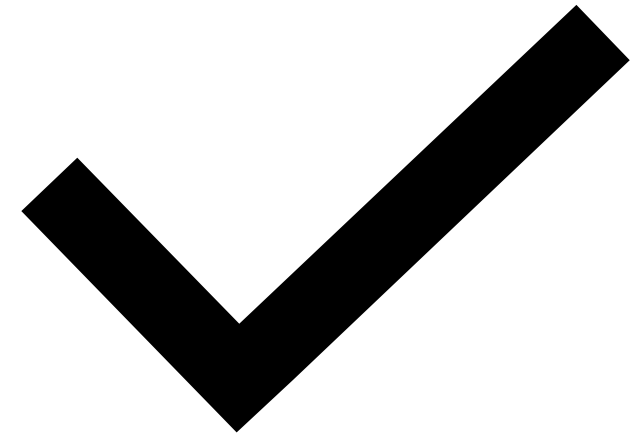
Kia Naylor, Allied Health Manager, Belgravia Leisure



# Does increased structured pre-op physical activity result in improved post MBS outcomes?

Kia Naylor, Allied Health Manager, Belgravia Leisure

- Reduced Post-Op Complications
- Improved Recovery and Functional Outcomes
- Improved Physical and Psychological Benefits
- Long term health benefits
- Commenced Behavior Change
- Exercise and Psychosocial Outcomes
- Reduction in Surgical Complications



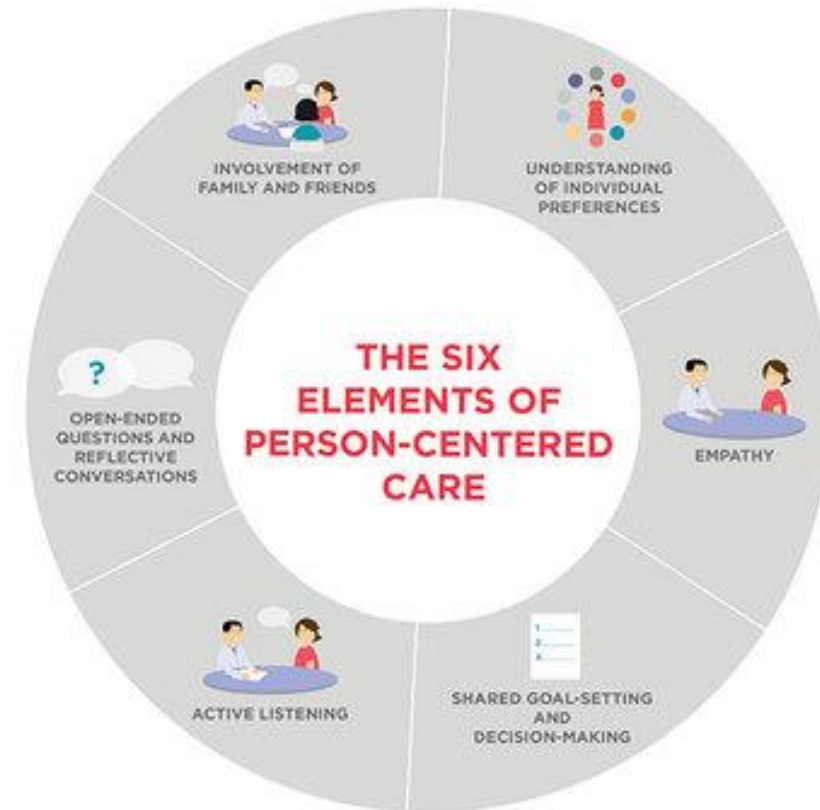
# Does increased structured pre-op physical activity result in improved post MBS outcomes?

Kia Naylor, Allied Health Manager, Belgravia Leisure

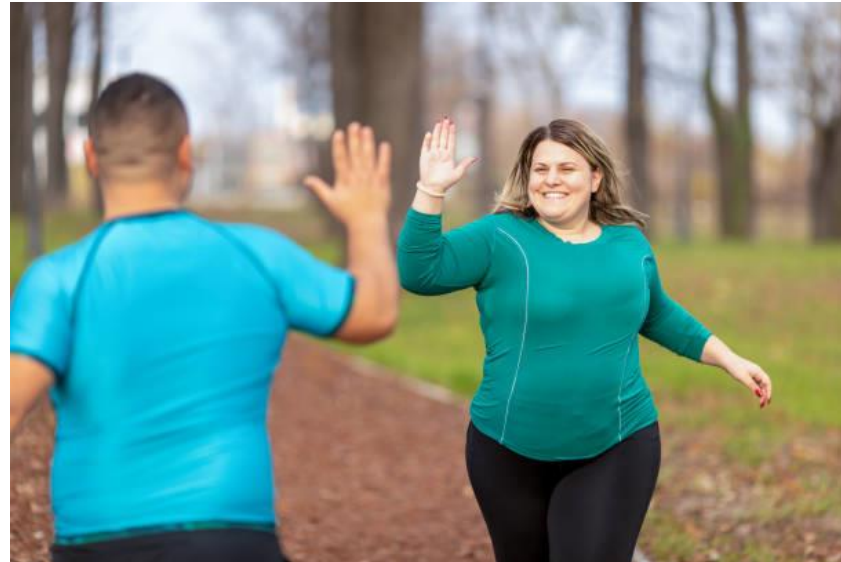


Person-centred care is widely recognised as a foundation to safe, high-quality health care. It is care that respects and responds to the preferences, needs and values of patients and consumers.

*(Australian Commission on Safety and Quality in Healthcare)*



Co-Design of a concept to build confidence, trust and awareness to support them to be ready to venture into the communities



# Does increased structured pre-op physical activity result in improved post MBS outcomes?

Kia Naylor, Allied Health Manager, Belgravia Leisure



Partners in Health Facebook Site

Kia Naylor

[knaylor@belgravialeisure.com.au](mailto:knaylor@belgravialeisure.com.au)

<https://www.belgravialeisure.com.au>

<https://www.belgraviafoundation.org.au>