# Intra-thoracic Gastric Pouch Migration Following

## **Laparoscopic Sleeve Gastrectomy**



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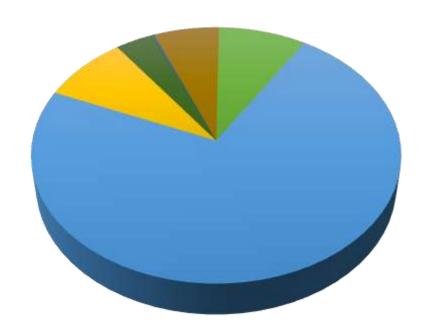


#### CONFLICT OF INTEREST DISCLOSURE

I have no potential conflict of interest to report



#### CASE MIX DISCLOSURE (2022)





NAPOLI 2023

**IFSO** 

#### **INTRODUCTION**

## ITSM refers to:

The gastric sleeve that was intra-abdominal during the sleeve gastrectomy procedure then migrated up some time after the surgery



#### INTRODUCTION

## Intra-thoracic sleeve migration (ITSM) is an underreported phenomenon

Patients suffer from many symptoms like



#### **Rationale**

Intra-thoracic sleeve migration (ITSM) is an underreported phenomenon

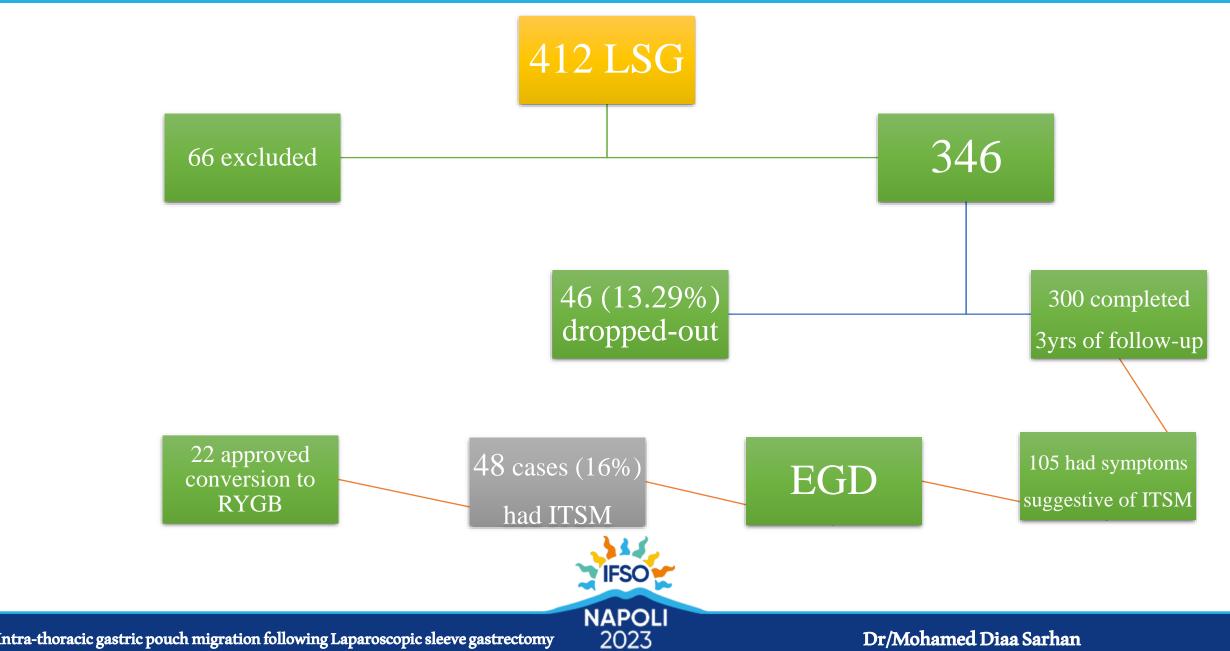
Detailed study of ITSM and correction of this abnormality

Resolve distressing symptoms

Improve quality of life.



### **Study Sample**

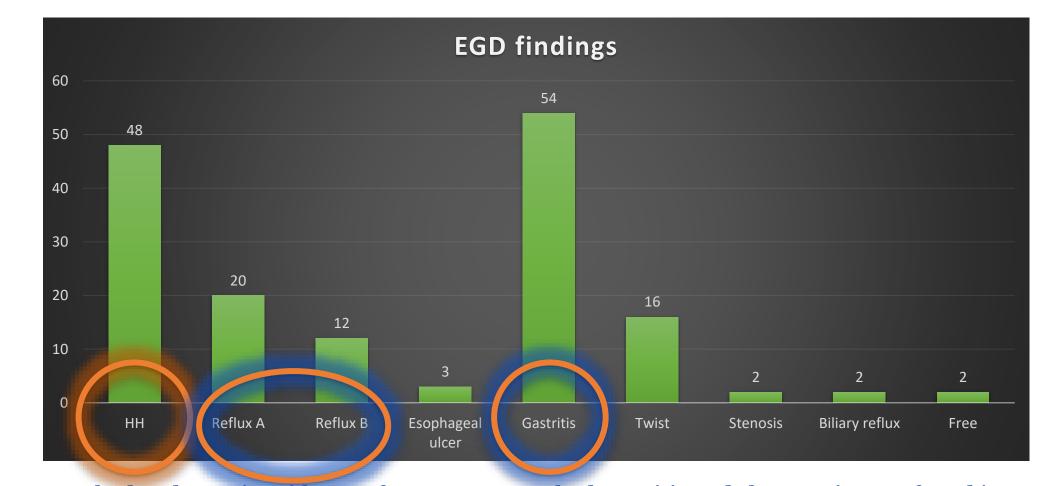


## **Methodology**

Persistent or recurrent symptoms after conservative Jan-oct (2019) measures 3 years of 300 LSG **EGD** screening Review and Exclusion Screen Persistent epigastric compare Symptoms of criteria for complaints of: pain GERD before LSG Intractable GERD ITSM) vs Group Endoscopic evidence of GERD Dysphagia Offer RYGB Concomitant hiatal for ITSM Persistent vomiting hernia repair group **GERD-HRQL** questionnaire

## Clinical findings from screening of the cases (N=300)

Symptom or sign	Number of cases	Percentage		
Epigastric pain	<mark>108</mark>	36% 1		
Dysphagia	14	4.7%		
Persistent vomiting	88	<mark>29.3%</mark> 2		
Reflux symptoms	<mark>66</mark>	<mark>22%</mark> 3		
Additional symptoms & signs investigated				
Globus sensation	48	16%		
Water intolerance	136	45.3%		
Protein intolerance	116	38.7%		



48 cases had endoscopic evidence of ITSM, 54 cases had gastritis and sleeve twist was found in 16 cases.

**IFSO** 

## ITSM appearance by CT and EGD











Incidence of ITSM was found by EGD to be





#### Comparison between clinical findings in group (A) and (B)

variables	Groups		Pearson Chi-		
	A (N=252)	B (N=48)	Square	P value	
Epigastric pain	86 (34.2%)	22 (45.8%)	2.398	0.121	
Persistent vomiting	56 (22.2%)	32 (66.7%)	38.422	<0.001	
Refractory GERD	38 (15.1%)	28 (58.3%)	43.960	<0.001	
Dysphagia	4 (1.6%)	10 (20.8%)	54.829	<0.001	
Globus sensation	22 (8.7%)	26 (54.2%)	61.934	<0.001	
Water intolerance	100 (39.7%)	36 (75.0%)	20.594	<0.001	
Protein intolerance	76 (30.2%)	40 (83.3%)	48.072	<0.001	

All the cases with ITSM were offered revisional surgery to RYGB and cruroplasty

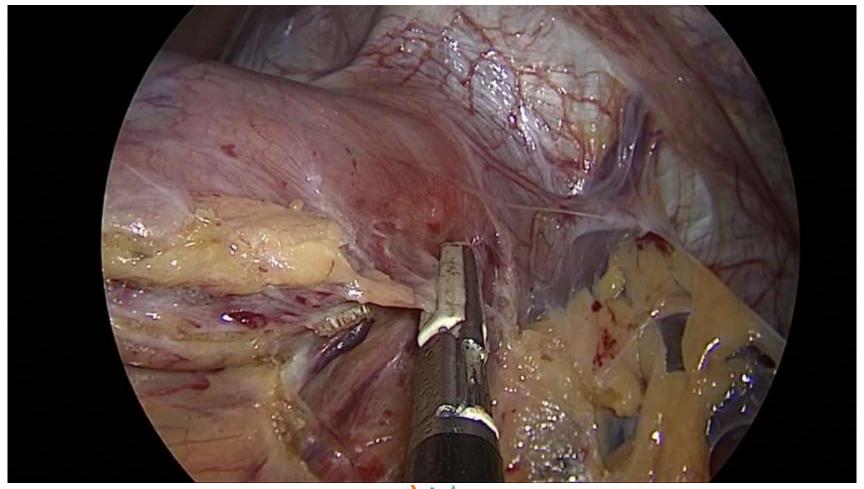
22 cases approved conversion to RYGB plus cruroplasty

Re-operation successfully eliminated the complaints

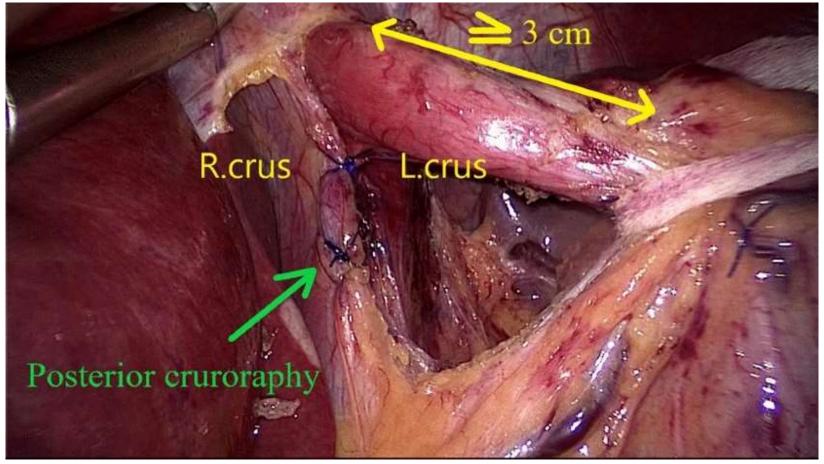
All the 22 cases answered the GERD-HRQL questionnaire before and after Surgical revision



Cruroplasty

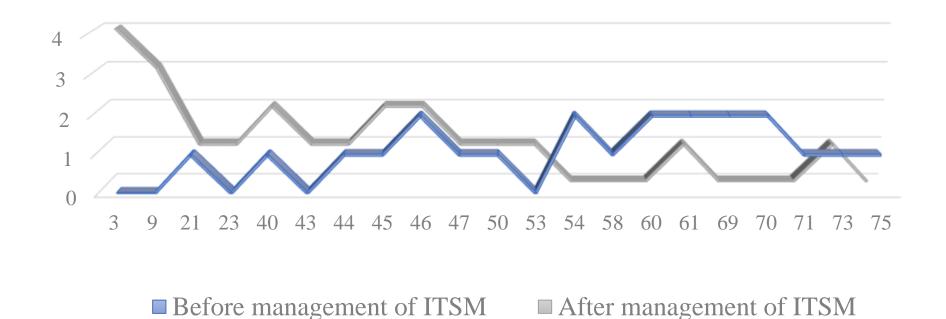


#### Cruroplasty



Hutopila, I., Ciocoiu, M., Paunescu, L., & Copaescu, C. (2023). Reconstruction of the phreno-esophageal ligament (R-PEL) prevents the intrathoracic migration (ITM) after concomitant sleeve gastrectomy and hiatal hernia repair. Surgical Endoscopy, 37(5), 3747–3759. https://doi.org/10.1007/s00464-022-09829-z

## GERD HRQL score



Mean score before ITSM management was 47.13±21.4 and it improved to 29.19 after revision (P-value < 0.001)

#### **Discussion**

## Possible mechanisms responsible for ITSM

Enlarged natural orifice due to a rapid postoperative weight loss leading to melt down hiatal fat

Transection at the angle of His

Partial removal of the sling diaphragmatic fibers

Increased intra-abdominal pressure by several mechanisms e.g.: constipation or pregnancy

Loss of ligament fixation e.g.: omental attachement

### Take-home message

Sleeve herniation should be included in differential diagnosis of LSG patients presenting with persistent vomiting and/or GERD

Pre and post-LSG endoscopic assessment is recommended

Management of ITSM should be tailored according to the patient condition, taking into consideration the patient weight and BMI status

RYGB plus cruroplasty is an excellent option for ITSM surgical management

Finally search for preventive measures of ITSM must be pursued to improve quality of life and outcome of LSG.

## Thank you..



# Comparison between group (A) and group (B) demographics

Variables	Group A (N=252)	Group B (N=48)	T-test	P value
Age	33.88 ± 9.92	37.13 ± 8.88	-2.275	.764
BMI before the operation	48.56 ± 6.17	49.61 ± 6.78	-1.000	.257
BMI at presentation	33.21 ± 5.39	34.43 ± 4.95	-1.533	.375
% Excess weight lost	66.57 ± 17.41	62.06 ± 17.59	1.630	.916



#### **GERD-HRQL Questionnaire**

GERD Health-related Quality of Life (GERD-H	IRQL	) Q	uest	tion	nair	e
Patient Name: Date			0.00			
Are you currently taking any medications for GERD symptoms?	YES		NO			
Please circle the number that best reflects your symptoms using the sc	oring so	ale p	orovide	d belo	ow.	
Scoring Scale						
0 = No symptoms						
1 = Symptoms noticeable but not bothersome						
2 = Symptoms noticeable and bothersome but not every day						
3 = Symptoms bothersome every day						
4 = Symptoms affect daily activities						
5 = Symptoms are incapacitating – unable to do daily activities						
How bad is the heartburn?	0	1	2	3	4	5
2. Heartburn when lying down?	0	1	2	3	4	5
3. Heartburn when standing up?	0	1	2	3	4	5
4. Heartburn after meals?	0	1	2	3	4	5
5. Does heartburn change your diet?	0	1	2	3	4	5
6. Does heartburn wake you from sleep?	0	1	2	3	4	5
7. Do you have difficulty swallowing?	0	1	2	3	4	5
8. Do you have pain with swallowing?	0	1	2	3	4	5
9. If you take medication, does this affect your daily life?	0	1	2	3	4	5
10. How bad is the regurgitation?	0	1	2	3	4	5
11. Regurgitation when lying down?	0	1	2	3	4	5
12. Regurgitation when standing up?	0	1	2	3	4	5
13. Regurgitation after meals?	0	1	2	3	4	5
14. Does regurgitation change your diet?	0	1	2	3	4	5
15. Does regurgitation wake you from sleep?	0	1	2	3	4	5
16. How satisfied are you with your present condition?						
☐ Satisfied						
☐ Neutral						
Dissatisfied						

#### HRQL-GERD SCORING GUIDE

The GERD-HRQL questionnaire was developed and validated to measure changes of typical GERD symptoms such as heartburn and regurgitation in response to surgical or medical treatment.

Total Score: Calculated by summing the individual scores to questions 1-15.

- Greatest possible score (worst symptoms) = 75
- Lowest possible score (no symptoms) = 0

Heartburn Score: Calculated by summing the individual scores to questions 1-6.

- Worst heartburn symptoms = 30
- No heartburn symptoms = 0
- Scores less than or equal to 12 with each individual question not exceeding 2 indicate heartburn elimination.

Regurgitation Score: Calculated by summing the individual scores to questions 10-15.

- Worst regurgitation symptoms = 30
- No regurgitation = 0
- Scores less than or equal to 12 with each individual question not exceeding 2 indicate regurgitation.

