



# IFSO MENA 2024 Report

**KHALED GAWDAT**

**PRESIDENT IFSO-MENA CHAPTER**

**ASSOCIATE AND ADVISORY EDITOR OBESITY SURGERY**




A land Mark meeting in Cairo towards The MENA (Middle East and North Africa) Bariatric organization formation. The meeting took place at the ESBS 2017 and was attended by delegates from the GOSS (Gulf Obesity Surgery Society), PASMBS (Pan Arab Society for Metabolic and Bariatric Surgery) and IFSO society presidents from different countries Egypt (ESBS), Kingdom of Saudi Arabia (SAMBS), Kuwait (KLOSS) UAE (ESMBS), Lebanon(LGBS) , Jordon (JSOT).

The meeting approved all the necessary steps towards the great collaboration for the MENA BMSS and agreed to meet again at the GOSS meeting in December 2017 to finalize the details and elect the Executive board of the Greatest Middle East and North African Bariatric organization that will help unite forces for spreading bariatric surgery knowledge across the whole region

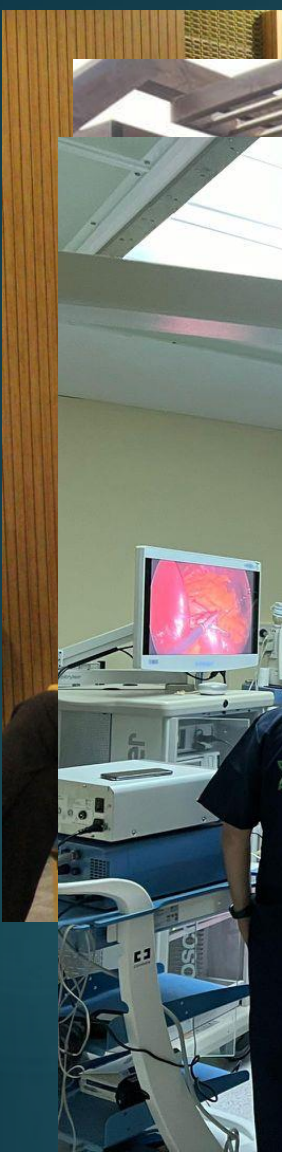
# IFSO Mena Country Membership Status

- ▶ Growing at a very fast pace
- ▶ 2017 6 countries Kuwait, KSA, UAE, (GOSS) Egypt Lebanon, Jordan (PASBMS)
- ▶ 2023/2024 11 countries: Pakistan, Iraq, Libya, Bahrain, Tunisia
- ▶ 83.3% growth in country membership the past 2 years
- ▶ Future activities (New countries) Algeria, Morocco, Yemen
- ▶ African countries

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- ▶ The Tunisian Conflict:
  - ▶ An application to the IFSO was received from ATCMB . That was a society established in Tunisia with few bariatric surgeons that did not include the majority of the Tunisian bariatric surgery work force
  - ▶ We where approached by another society TSBS that did not have a final legal existence yet (paperwork in progress) but included most of the bariatric surgery work force in Tunisia

# IFSO MENA Bylaws Changes

- ▶ Initially GOSS & PASBMS 6 countries alternating roles, financial shares
- ▶ Now 11 countries with many non GOSS/ non PASBMS
- ▶ No more rotations, no shares
- ▶ Nominating Committee : Candidate nomination and election was an IFSO MENA EB task, now a nominating committee will be formed by the EB+ national society presidents.



# Committee Chairs

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- Allied Health: Sarah Sulieman WOF regional chair
- Communications: Hazem Al Momeni
- Education: Alaa Abbass
- Scientific Ashraf Haddad
- Membership Osama Taha

# Scientific Committee

## Ashraf Hadad

- ▶ Research Grant for the IFSO MENA
- ▶ 2 research topics were chosen from IFSO MENA
- ▶ From Kuwait Already published
- ▶ Lebanon and Egypt being published
- ▶ Extent of Agreement Between Histopathological and Endoscopic Findings Four to Seven Years After One Anastomosis Gastric Bypass” (Osama Taha, Hayssam ElFawal)
- ▶ Both will be presented and discussed in the Cairo IFSO MENA conference December 2024

> [Med Princ Pract.](#) 2024 Jul 24;1-13. doi: 10.1159/000540534. Online ahead of print.

### Effect of Dual Glucagon-Like Peptide 1/Glucose-Dependent Insulinotropic Polypeptide Receptor Agonist (Tirzepatide) versus Bariatric Surgery on Weight Loss and Nonalcoholic Fatty Liver Disease

Salman Al-Sabah <sup>1 2</sup>, Irina Al-Khairi <sup>3</sup>, Mohammad Jamal <sup>1 2</sup>, Mohammad Qaddoumi <sup>4</sup>, Fahad Alajmi <sup>3</sup>, Jijin Kumar <sup>3</sup>, Nermeen Abukhalaf <sup>5</sup>, Preethi Cherian <sup>3</sup>, Dhanya Madhu <sup>3</sup>, Hossein Arefanian <sup>6</sup>, Carol Dsouza <sup>3</sup>, Nada Alam-Eldin <sup>3</sup>, Abdullah AlSabagh <sup>3</sup>, Ashraf Al Madhoun <sup>5</sup>, Suleiman Al-Sabah <sup>7</sup>, Fahd Al-Mulla <sup>8</sup>, Mohamed Abu-Farha <sup>3</sup>, Jehad Abubaker <sup>3</sup>

Affiliations + expand

PMID: 39047721 DOI: 10.1159/000540534



# Communication Committee

## Hazem Al-M

Women in MBS: Current State and Future Prospects

**WOMEN IN MBS:  
CURRENT STATE AND FUTURE PROSPECTS**

by **IFSO**  
Middle East & North Africa Chapter

**JULY 18, 2024**

- 8 am New York
- 9 am São Paulo
- 2 pm Central Europe
- 3 pm Cairo
- 4 pm Abu Dhabi
- 6.30 pm New Delhi



 <b>PRESENTER</b> Sonja Chiappetta Italy	 <b>MODERATOR</b> Hazem Al Momani UAE
<b>PANELISTS</b>	
 Hanan Al Ghamdi KSA	 Asmaa Al Rashed Kuwait
 Khaled Gawdat Egypt	 Adriana Rotundo UAE

SADI-S: CURRENT & FUTURE STATE



**FEBRUARY 15, 2024**

- 8 am New York
- 10 pm São Paulo
- 2 pm Madrid
- 3 pm Cairo
- 5 pm Abu Dhabi
- 6.30 pm New Delhi

**SADI-S: CURRENT & FUTURE STATE**

by **IFSO**  
Middle East & North Africa Chapter

 <b>PRESENTER</b> Ala Wafa Libya	 <b>MODERATOR</b> Hazem Al Momani UAE	
<b>PANELISTS</b>		
 Alaa Abbass Egypt	 Khaled Gawdat Egypt	 Antonio Torres Spain



[Watch the recording here](#)

istrict Bypass

**MODERATOR**



**PANELISTS**



**EBAA AL OZAIRI**  
KUWAIT



**DONNA RYAN**  
USA



**BASSEM SAFADI**  
QATAR





**TAHIR YUNUS**  
PAKISTAN

AR  
UTURE AND  
SURGERY

**IFSO**  
Middle East & North Africa Chapter

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EM AL-MOMANI  
UAE

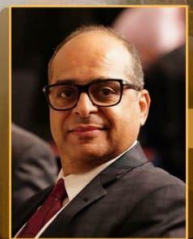
The International Federation for the Surgery of Obesity and Metabolic disorders (IFSO)

# ESBS


19<sup>th</sup> ANNUAL CONFERENCE OF THE EGYPTIAN SOCIETY FOR BARIATRIC SURGERY

## YOUNG IFSO MENA CHAPTER SESSION

EGYPTIAN SOCIETY FOR BARIATRIC SURGEONS  
OCTOBER 27, 2023




Prof. Khaled Gawdat




Prof. Said Elkayal

# Chairman



Prof. Tamer Abdelbaki



Prof. Wah Yang

### OPENING SPEECH



Tamer Abdelbaki MD  
Alexandria University

### KEYNOTE LECTURE

How I build a revisional bariatric surgery center



Prof Bruno Dillemans

### Hiatal Sleeve Gastrectomy With Weight Regain; Options to Revise



Mohamed Sharshar MD

### Transitioning to All Robotic Bariatric Practice From Laparoscopy



Toghru Talishinskiy MD

### Challenges in Revision Surgery (video presentation)



Mostafa Gamal (MRCS)



Surprises During Bariatric Surgery



Mohamed Diaz Sarhan MD

LONG-TERM RESULTS AFTER BARIATRIC PROCEDURES. WHAT WE KNOW AFTER 10 YEARS?



Aleksandr Nelmark MD, PhD

Video of Laparoscopic Roux-en-Y Fistuloyjunostomy for chronic gastric leak



Panagiotis Linais MD

The Devil in Redo after Gastroplasty



Dr. Abdellah Nyaz, MD

Bariatric Emergencies In A Non-Bariatric Centre: Possibility and Literature Review



Mohanad Ibrahim MD



ESBS  
YOUNG IFSO MENA CHAPTER SESSION

### Laparoscopic Roux-en-Y fistuloyjunostomy for chronic gastric leaks after sleeve gastrectomy

Panagiotis Linais, MD PhD

1. Head of Department of Bariatric & Metabolic Surgery, Metropolitan Hospital, HGA, Academy, Athens, Greece.
2. Consultant Surgeon, Department of Minimally Invasive Digestive Surgery, Antoine Béclère Hospital, Paris-Saclay University, Paris, France.

ESBS President Prof. Dr. Alaa Abbas  
ESBS Secretary General Hany Elba

Dusit Thani LAKEVIEW - CAIRO



# Expansion Plan in collaboration with industry sponsorship

- Post graduate programs in Countries with bariatric surgery services but no IFSO membership.
- Training and proctorship programs in countries with non existing bariatric services.
- Collaboration with the IFSO fellowship committee for a unified fellowship protocol



# Bariatric Social Media Misinformation and false claims (No Supplements, Type 1 diabetes Surgery)

- ▶ Patient awareness Campaigns
- ▶ Government approach
- ▶ Guidelines for bariatric surgery promotional ethics



# IFSO MENA Biannual Conference

- ▶ December 12-14 Cairo, Egypt
- ▶ Venue Semiramis intercontinental by the Nile
- ▶ Abstract submission still open
- ▶ New IFSO PCO

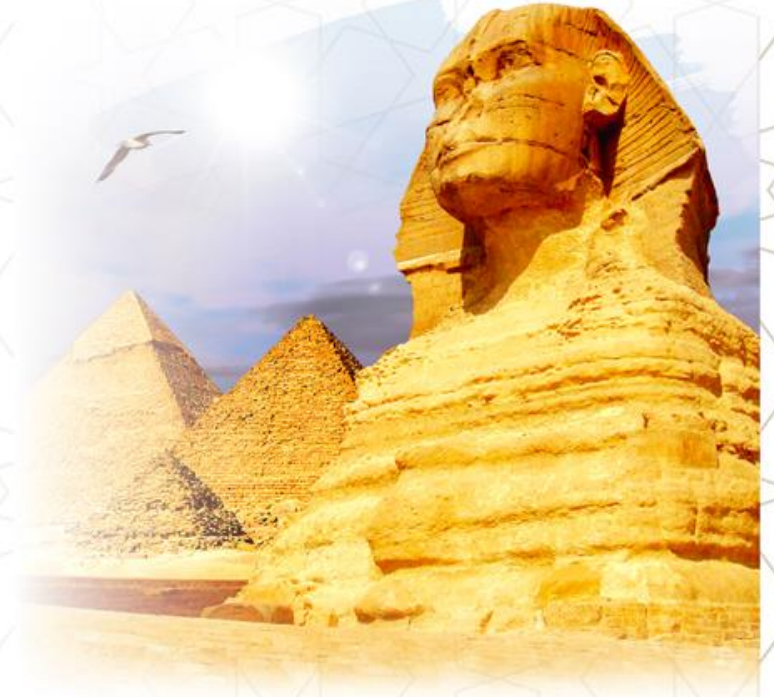


# 3<sup>rd</sup> IFSO MENAC | 20<sup>th</sup> ESBS Meeting

12-14 December 2024 | Cairo, Egypt

[ifsomenac2024.com](http://ifsomenac2024.com)

*Save the Date*



*In collaboration with*

