

IFSO Integrated Health Section

Silvia Leite, PhD, MSc in Human Nutrition
Nutritionist Brasilia Brazil
University of Brasilia



Executive Board

Officers



Silvia Leite (LAC)
President



Andrea Schroeder (APC)
President elect



Mary O’Kane (EC)
Past President



Karen Flanders (NAC)
Secretary

Executive Board

Chapter Representatives



Kwang Wei Tham
Asia Pacific



Violeta Moize
European



Blanca Rios
Latin American



Sara Suliman
Middle East-
North African



Tracy Martinez
North American

Executive Board

Committee Chairs and Vice Chairs

Education and Training



Julie Parrott
Chair
USA



Poonam Shah
Vice Chair
India

Professional Guidelines



Yitka Graham
Chair
UK

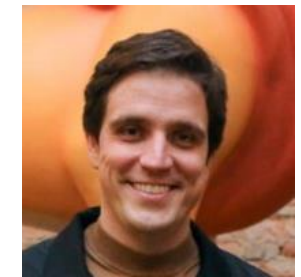


Nasreen Alfaris
Vice Chair
Saudi Arabia

Research and Innovation



Dale Bond
Chair
USA



Alexandre Gadduci
Vice Chair
Brazil

Routine

- Monthly meetings (Zoom)
 - Recorded
 - Agenda/minutes

• Working procedures

Roles

Responsibilities



Current prospects:

Integrated Health Representation on:

- National Societies
- Chapters
- Seats on boards/councils with voting rights

Open and transparent process for recruitment to vacancies

Progress Report

IH IFSO Fellow (IH-FIFSO)

IH Observership

IH Endorsement Application

IH-FIFSO

BECOME A IH FELLOW OF IFSO (IH-FIFSO)

Dear IFSO IH Members,

We are happy to inform you about a new special benefit linked to IFSO membership: **the status of "Fellow of I.H. IFSO (IH-FIFSO)".**

Mission

Special recognition to an IFSO Integrated Health regular member in good standing, who has an active practice in the field of Metabolic and Bariatric Surgery and maintains participation in educational activities offered by IFSO.

IH-Observership



OBSERVERSHIP PROGRAM 2024

Feedback IFSO/EB-IH

IH-IFSO Endorsement

Criteria for evaluation are being developed by the Education and training Committee

Progress Report

Recruitment and Representation

Established open and transparent processes for recruitment enabling IH members for self-nominate and apply for vacancies

- Kwang Wei Tham (APC) and Sara Suliman (MENAC) recently elected as chapter representatives
- Currently recruiting to EC IH Committee

Seeking IH representation with voting rights on Chapter Executive Boards

Progress Report

Recruitment and Representation

Encouraging all societies to open membership to IH members –
Now a requirement for new societies

Representation from all chapters in the IH executive board and
IH committees

Progress Report

Activities and achievements 2023-24



JUNE 27, 2024
8 AM NEW YORK / 2 PM EUROPE

IMPACT OF BEHAVIORAL HEALTH ON OUTCOMES AFTER METABOLIC BARIATRIC SURGERY

MODERATORS

VIOLETA MOIZE, SPAIN YITKA GRAHAM, UK

"Exploring the Establishment of new Habits and Behavioral Changes following MBS"
MARISA RICO, MEXICO

"Problematic Eating Behaviors and Weight Outcomes after MBS: the Role of pre and postoperative Assessment"
EVA CONCEIÇÃO, PORTUGAL

PATIENT ADVOCATE
SUSIE BIRNEY, IRELAND

IFSO CONSENSUS CONFERENCE 2024 - Vienna

“The Role of Obesity Management Medications (OMM) in the Context of Metabolic/Bariatric Surgery (MBS)”

IH Webinar

- 1) Impact of behavioural health outcomes after metabolic bariatric surgery
- 2) Tips for Writing an Effective and Impactful Structured Abstract

Progress Report

Activities and achievements 2023-24

[Obesity Surgery](#) > [Article](#)

Association of Social Support and Metabolic and Bariatric Surgery Completion Among Racially and Ethnically Diverse Patients

Original Contributions | Published: 25 June 2024

Volume 34, pages 2755–2763, (2024) [Cite this article](#)



[Obesity Surgery](#)

[Aims and scope](#) →

[Submit manuscript](#) →

[Obesity Surgery](#) > [Article](#)

Changes in Nutritional Outcomes After Roux-en-Y Gastric Bypass: A Systematic Review and Meta-Analysis

Original Contributions | Published: 25 April 2024

Volume 34, pages 2116–2129, (2024) [Cite this article](#)



[Obesity Surgery](#)

[Aims and scope](#) →

[Submit manuscript](#) →

IH Best Papers – Obesity Surgery

IH participation in position papers – Revisional Surgery, OAGB, SADIS

Activities and achievements 2023-24



COOKBOOK

International Healthy Recipes Vol. 3

Silvia Leite

Mary O'Kane

Andrea Schroeder

IFSO 2024 cookbook

IFSO 2024 Congress Program

Scholarships, Abstracts, Integrated Health Sessions, Top Papers, Emerging Integrated Health Scientist

Goals of the Committees

Education and training

- **Online survey for the IH multidisciplinary team.** This initiative will help us better understand and improve education and training for the work of IH disciplines in MBS.
- **A subcommittee is gathering information from patients** and their advocates about the perceived status of care provided in MBS and the **care needed in MBS.**
- **Plan to update the sponsorship process for IFSO IH** educational sessions, postponed until 2025.

Goals of the Committees

Professional guidelines

- Position statement on the **menopause and MBS**
- Identifying **areas of post bariatric care** where **more guidance** is needed
- Developing guidelines on **equality, diversity and inclusion** for IH members to develop global policy.

Goals of the Committees

Research and Innovation

- Select and highlight **top IH article** monthly
- Preparing a committee-authored publication focused on **“Challenges Associated with Conducting Integrated Health Research in the Field of MBS”**
- Planning IH Research and Innovation Committee-sponsored symposia, pre-conference course, and early-stage investigator competition for **IFSO 2025**
- Brainstorming funders/opportunities to establish an IFSO seed **award grant competition that pairs early-stage investigators and a senior mentor**

**Open for suggestions and ideas related to
advancing IH policies and procedures**

Email: silvialeitefaria@gmail.com

Thank you