Patient and professional perceptions for long-term optimal clinical response: A Framework for Bariatric Surgery Patient Care

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Obesity

Different

Freatments

Behavioral

changes

Obesity is a chronic

epidemic of the 21st

Bariatric

Surgery

century

disease and the global



I have no potential conflict of interest to report

Safe and effective long-term procedure for the treatment of obesity

Promotes significant weight loss, improvement in comorbidities, quality of life and long-term survival

Quality of life is one of the main reasons why patients choose bariatric surgery

Evidence suggests that weight regain increases with increased time after bariatric surgery





Perioperative follow-up

Continued perioperative followup is associated with maintained weight loss after bariatric surgery ⁽⁶⁾

> Perioperative follow-up care is essential to help patients manage all the changes in their "new" life ⁽⁷⁾

> > Patients and Professionals Perceptions and Expectations are different ⁽⁸⁾

METHODS





01 focus group - Patients waiting for surgery
02 focus group - Patients with weight regain
03 focus group - Patients without weight regain
04 focus group - Health professionals

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RESULTS

Bariatric

Beliefs

Obesity

Personal trainer

Physical Activity

Stigmatization

Important

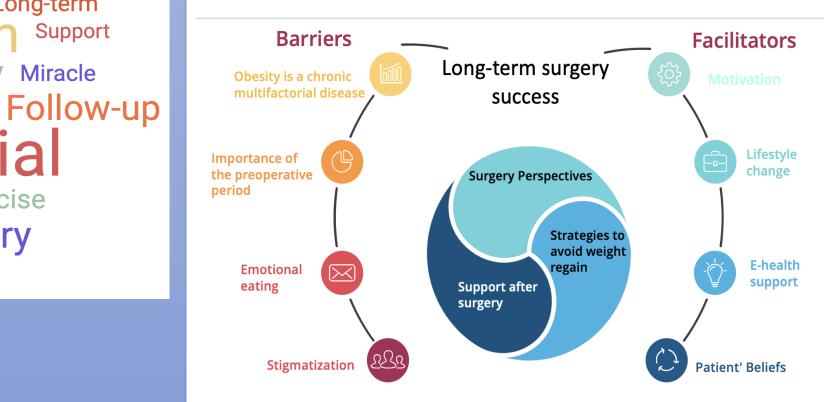
Supplements

e-health





Improve long-term results



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Lifestyle change

Eating habits Genetic Exercise

Pre-surgery

Nurse

Itifactorial

Post-surgery

Psychologist

Nutritionist

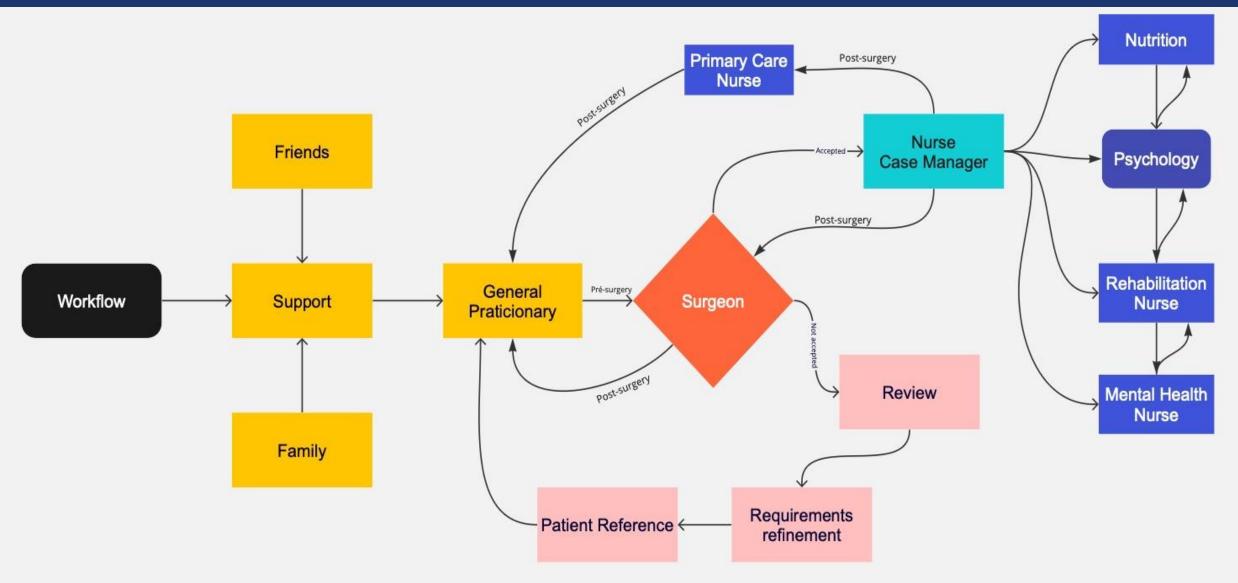
Long-term

Support

Miracle



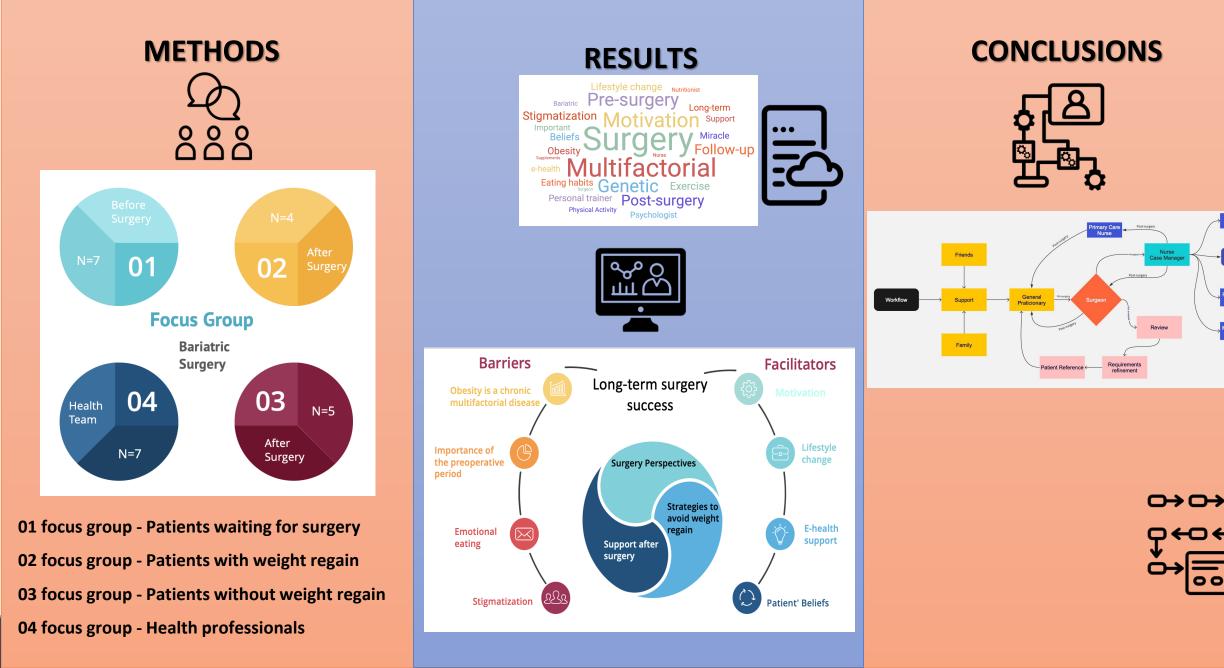
CONCLUSIONS



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Graphical Abstract



lental Health Nurse