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³CHRC - Comprehensive Health Research Centre, Universidade de Évora, Évora, Portugal

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I have no potential conflict of interest to report

Obesity

Obesity is a chronic disease and the global epidemic of the 21st century

Different Treatments

Bariatric Surgery

Behavioral changes

Safe and effective long-term procedure for the treatment of obesity

Promotes significant weight loss, improvement in comorbidities, quality of life and long-term survival

Quality of life is one of the main reasons why patients choose bariatric surgery

Evidence suggests that weight regain increases with increased time after bariatric surgery

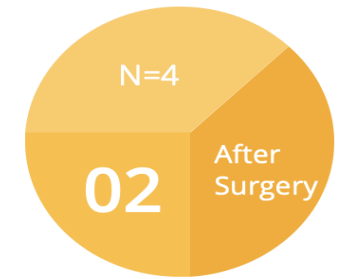
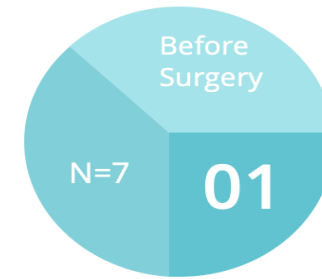
Perioperative follow-up

Continued perioperative follow-up is associated with maintained weight loss after bariatric surgery ⁽⁶⁾

Perioperative follow-up care is essential to help patients manage all the changes in their “new” life ⁽⁷⁾

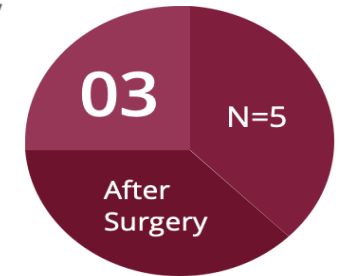
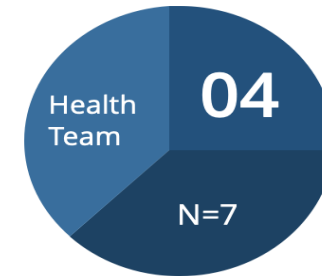
Patients and Professionals Perceptions and Expectations are different ⁽⁸⁾

METHODS



Focus Group

Bariatric Surgery



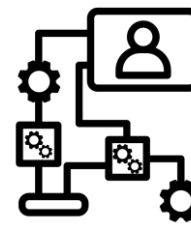
01 focus group - Patients waiting for surgery

02 focus group - Patients with weight regain

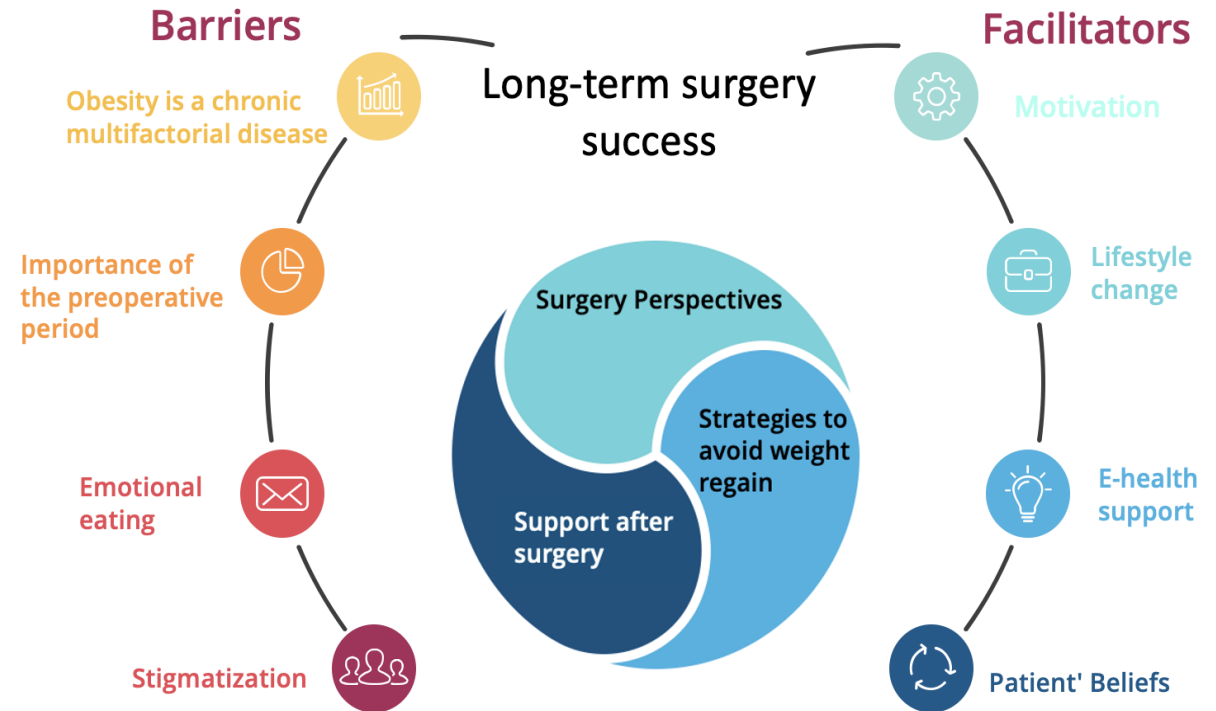
03 focus group - Patients without weight regain

04 focus group - Health professionals

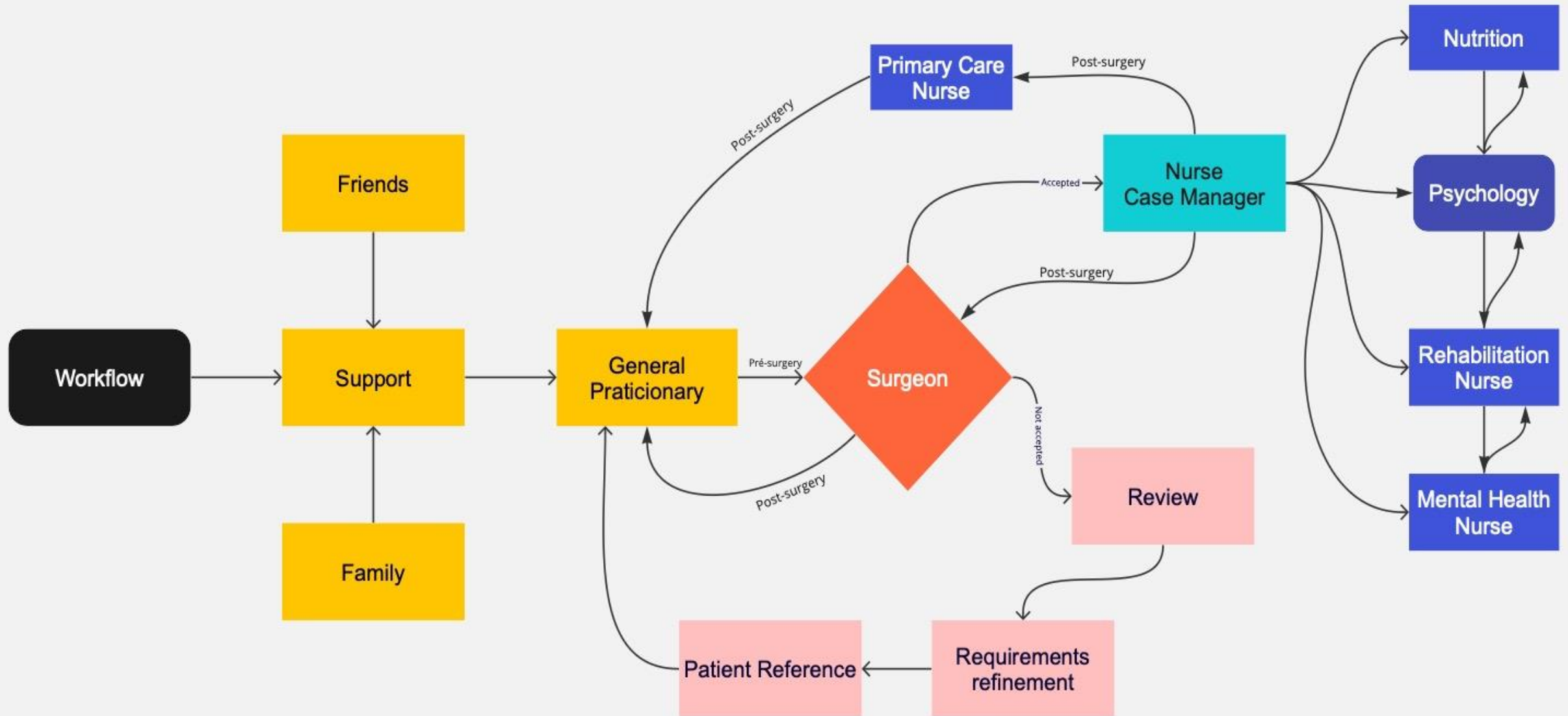
RESULTS



Improve long-term results



CONCLUSIONS



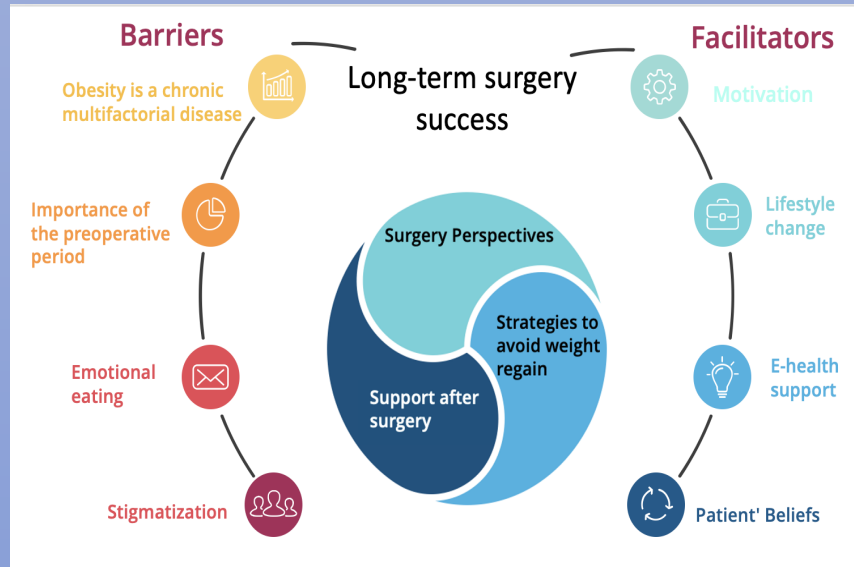
Graphical Abstract

METHODS



- 01 focus group - Patients waiting for surgery
- 02 focus group - Patients with weight regain
- 03 focus group - Patients without weight regain
- 04 focus group - Health professionals

RESULTS



CONCLUSIONS

