JEOPARDY JEOPARDY JEOPARDY JEOPARDY JEOPARDY JEO Bariatric Surgery

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# HERE ARE TODAY'S CATEGORIES







## Obesity Definition







## Bariatric Nutrition







# Pediatric and Adolescence Obesity







## Bariatric Clinical Trails







#### Comorbidities







#### **IFSO**













Obesity Definition	Nutrition	Pediatric Obesity	Trials	Comorbiditi es	IFSO
<u>\$100</u>	<u>\$100</u>	<u>\$100</u>	<u>\$100</u>	<u>\$100</u>	<u>\$100</u>
<u>\$200</u>	<u>\$200</u>	<u>\$200</u>	<u>\$200</u>	<u>\$200</u>	<u>\$200</u>
<u>\$300</u>	<u>\$300</u>	<u>\$300</u>	<u>\$300</u>	<u>\$300</u>	<u>\$300</u>
<u>\$400</u>	<u>\$400</u>	<u>\$400</u>	<u>\$400</u>	<u>\$400</u>	<u>\$400</u>
<u>\$500</u>	<u>\$500</u>	<u>\$500</u>	<u>\$500</u>	<u>\$500</u>	<u>\$500</u>

**FINAL JEOPARDY** 







# The year the American Medical Association designated Obesity as a Disease

**Start Timer** 







#### What is 2013?







### BMI definition of Obesity among Asians

**Start Timer** 







#### What is BMI > 28?







## Percent Body fat required to define obesity in Men according to Obesity Medicine Association

**Start Timer** 







#### What is > 30%?







#### Waist Circumference to define obesity in Caucasian Female

**Start Timer** 

ANSWER (question







## What is > 88 cm (35 inch)?







### BMI Definition of obesity in children

**Start Timer** 







# What is BMI > 95% of Age Percentile charts?

#### Assessing Obesity in Children

Birth- 24 months- WHO normative growth charts <sup>1</sup>

Ages 2-20: CDC BMI for Age percentile charts <sup>2</sup>

< 5 % Underweight

5-84 % Healthy Weight

85-94 % Overweight

95-99 % Obesity

≥120 % of 99<sup>th</sup> % Severe Obesity

or BMI ≥ 35 kg/m² Severe Obesity

Growth Charts - WHO Child Growth Standards (cdc.gov
 Growth Charts - Clinical Growth Charts (cdc.gov)

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Post operative Supplementation of this essential amino acid, results in maintenance of muscle mass, stimulation of protein synthesis, and improvement body composition

**Start Timer** 







#### What is Leucine?







# Deficiency can cause poor wound healing, hair loss, glossitis, acrodermatitis and enteropathica-like rash?

**Start Timer** 







#### What is Zinc?











# Deficiency results in confusion, peripheral numbness, pain and sometimes paralysis

Start Timer







### What is Thiamine (Vitamin B1)?







## The earliest sign of inadequate protein intake post bariatric surgery

**Start Timer** 







### What is persistent hair loss?







Deficiency results in microcytic anemia, neutropenia, peripheral neuropathy, myelopathy, ataxia, muscle weakness, optic neuropathy, and cardiomegaly

Start Timer







#### What is Copper?







### Definition of Severe Obesity in Children?

**Start Timer** 







## What is BMI > 120% of the 99<sup>th</sup> percentile?







#### This Bariatric procedure was studied in a randomized trial in adolescence **But is rarely used** nowadays

Start Timer







## What is Laparoscopic Adjustable Gastric Band?







# Most preformed Bariatric Surgery in Adolescence nowadays

**Start Timer** 







### What is Laparoscopic Sleeve Gastrectomy?







## Most performed Bariatric Procedure in the Teen-LABS Study

**Start Timer** 







# What is Laparoscopic Roux en Y Gastric Bypass?







## 5 FDA approved medications for obesity treatment in Adolescence

**Start Timer** 







# What are Orlistat, Phenetamine, Liraglutide and Semglutide?







In this trial, at 10 year follow up both sleeve gastrectomy and RYGB resulted in in good sustainable weight loss (more in RYGB), and similar rate of Barrett's esophagus

Start Timer







### What is SLEEVEPASS trial?







# In a Randomized Trial By Robino et al, this procedure had the highest rate of remission of Type 2 DM

Start Timer







### What is BPD-DS?







# The first long-term observational and longitudinal study to evaluate Bariatric Surgery in Adolescence

**Start Timer** 







# What is the Teen Longitudinal Assessment of Bariatric Surgery Teen-LABS study?







The first long term prospective, controlled trail in Bariatric Surgery to assess effects of weight loss on Cardiovascular disease, Cancer and **Mortality** 

Start Timer

ANSWER (question)







## What is Swedish Obesity Subject Study?







Largest and longest running trial, at 12 years follow up metabolic surgery was superior to medical and lifestyle intervention for Type 2 DM, control, remission and weigh loss

Start Timer







#### What is ARMMS-T2D trial?



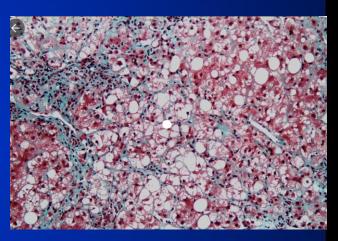






### Strongly related to obesity

Defined as
Hepatocyte
Ballooning,
Apoptosis, Mallory
Bodies, inflammation
and/or Fibrosis



**Start Timer** 

ANSWER (question)







### What is Steatohepatitis?







## The first sign of obesity related chronic kidney diseases

**Start Timer** 







#### What is Proteinuria?







# Obesity is the most important risk factor for these tow cancers in postmenopausal women

**Start Timer** 







### What are breast and endometrial cancer?







## This syndrome in obese individual characterized with daytime CO2 level > 45 mmgh and sleep disorders

**Start Timer** 







# What is Obesity Hypoventilation Syndrome?







# 

# Human relationships that might be affected positively or negatively after Bariatric Surgery

Start Timer







### What are Divorce and Marriage?







### The city and the year were IFSO was formed

**Start Timer** 







### What is Stockholm 1995?







### The first president IFSO

**Start Timer** 







### Who is Dr. Nicola Scopinaro?









## City and year where first IFSO congress was held

**Start Timer** 







### What is Prague 1996?







### The first female president of IFSO

**Start Timer** 







### Who is Dr. Lilian Kow?









### **Current Chairman of IFSO Board of Trustees**

**Start Timer** 







#### Who is Dr. Jan Willem Greve?



Chairman: Jan Willem Greve 2005-2006







JEUPARUJ





### Second IFSO president and 5<sup>th</sup> ASMBS President

## Currently non-voting: historian member of IFSO Executive Board

**Start Timer** 







### Who is Dr. George S.M. Cowan Jr?







