

IFSO 2024

HYBRID AND SMALL BOWEL ENDOSCOPIC PROCEDURES

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DISCLOSURES

- **Consultant:** Boston Scientific, Olympus, Medtronic, Metamodix, BFKW, Apollo Endosurgery
- **Co-inventor:** Endogenex (licensed technology by Mayo Clinic)
- Research Support: Apollo Endosurgery, USGI, Endogastric Solutions, Boston Scientific, Medtronic, Spatz, Cairn.
- Speaker: Johnson & Johnson, Olympus, Endogastric Solutions

THE LANCET

Metabolic surgery versus conventional medical therapy in patients with type 2 diabetes: 10-year follow-up of an open-label, single-centre, randomised controlled trial

The Lancet Volume 397 Issue 10271 Pages 293-304 (January 2021)



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Research

JAMA | Original Investigation

Long-Term Outcomes of Medical Management vs Bariatric Surgery in Type 2 Diabetes

Anita P. Courcoulas, MD; Mary Elizabeth Patti, MD; Bo Hu, PhD; David E. Arterburn, MD; Donald C. Simonson, MD, ScD; William F. Gourash, PhD; John M. Jakicic, PhD; Ashley H. Vernon, MD; Gerald J. Beck, PhD; Philip R. Schauer, MD; Sangeeta R. Kashyap, MD; Ali Aminian, MD; David E. Cummings, MD; John P. Kirwan, PhD



Ou

Hb

Key Point:

Gut-based therapeutic interventions, particularly metabolic surgery, exhibit a potential disease-modifying effect on Type II diabetes mellitus. This is evidenced by a substantial reduction in insulin usage over a 7-year period (16% versus 56%), alongside improved glycemic control.

Medical/lifestyle			Bariatric surgery			Group comparison	
Baseline (n = 96)	Year 7 (n = 82)	Change (95% CI) ^b	Baseline (n = 166)	Year 7 (n = 136)	Change (95% CI)	Difference in change ^c	P value
8.2 (1.2)	8.0 (1.8)	-0.2 (-0.5 to 0.2)	8.7 (1.7)	7.2 (1.4)	-1.6 (-1.8 to -1.3)	-1.4 (-1.8 to -1.0)	<.001
11.7	26.7	2.77 (1.38 to 5.54)	15.5	54.1	6.42 (3.63 to 11.4)	3.22 (1.76 to 5.88)	<.001
41.7	56.0	1.93 (1.07 to 3.46)	50.6	16.0	0.18 (0.11 to 0.31)	0.13 (0.06 to 0.29)	<.001
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#Pushing the Boundaries (Modular Endoscopic Surgery)







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J. Casella-Mariolo et al. / EBioMedicine 46 (2019) 452-462



NOTES GASTROINTESTINAL BYPASS

scientific reports

OPEN First fully endoscopic metabolic procedure with NOTES gastrojejunostomy, controlled bypass length and duodenal exclusion: a 9-month porcine study

Jean-Michel Gonzalez¹[∞], Sohaib Ouazzani¹, Laurent Monino¹, Laura Beyer-Berjot^{2,3}, Stephane Berdah^{2,3}, Nicolas Cauche⁴, Cecilia Delattre⁴, Joyce A. Peetermans⁵, Peter Dayton⁵, Ornela Gjata⁵, Darren Curran⁵ & Marc Barthet¹

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Collaboration







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Boston Scientific

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Sutureless Duodeno-Ileal Anastomosis with Self Assembling Magnets: Safety and Feasibility of a Novel Metabolic Procedure

METHODS

Open-label, prospective, single-arm study including obese patients (BMI 30-50 kg/m²) with Type II Diabetes.

The ileal magnet was deployed laparoscopically and the duodenal magnet was deployed endoscopically. Both magnets were coupled under laparoscopic and fluoroscopic guidance. Magnets were expelled at a median of 29.5 days after the procedure with no associated complications





RESULTS

Upper endoscopy at 12 months confirmed patent anastomoses with healthy-appearing mucosa in all patients

HbA1c reduced below 7.0% in 6 out of 8 (75%) patients and greater than 5% total body weight loss was observed in 7 out of 8 (87.5%) patients at 12 months



CONCLUSIONS

Suturcless duodeno-ileal side to side anastomosis using self-assembling magnets is feasible and safe in obese patients, and a dualpath enteral diversion with large-caliber and durable anastomosis can be achieved





Schlottmann F, Ryou M, Lautz D, Thompson CC, Buxhoeveden R. Sutureless Duodeno-Ileal Anastomosis with Self Assembling Magnets: Safety and Feasibility of a Novel Metabolic Procedure. Obesity Surgery 2021



WITH SLEEVE GASTRECTOMY

Surgical Endoscopy (2023) 37:6452–6463 https://doi.org/10.1007/s00464-023-10134-6

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Side-to-side magnet anastomosis system duodeno-ileostomy with sleeve gastrectomy: early multi-center results

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CONCLUSION

- Therapies targeting the GUT for correcting metabolic maladaptation in T2D represent a new frontier in Type 2 Diabetes management
- Potential for disease modification and decreasing the burden of disease
- Leveraging these interventions in an organ sparing fashion it the wave of the future

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THANK YOU

QUESTIONS