I acknowledge the Wurundjeri people of the Kulin Nation as the traditional owners where we are meeting today and the Dharug and Gundungurra People of the Blue Mountains where my family and I live.

Lacknowledge the individual and collective expertise of those with a living or lived experience of obesity.
L recognise their vital contribution at all levels and value the courage of those who share this unique perspective for the purpose of learning and growing together to achieve better outcomes for all.

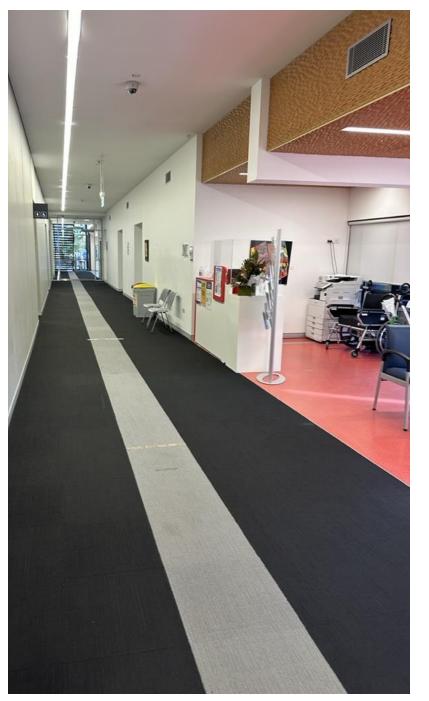


#### Patient to Advocate

I have NO financial disclosure or conflicts of interest with the presented material in this presentation.





















## Weight Issues Network

Contact WIN



We are WIN Weight stigma WIN at Work

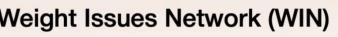


Free membership

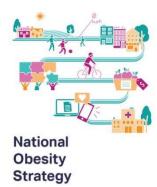
Join the growing voice of Australians fighting against weight bias, stigma and misinformation

Become a Memb

#### About Weight Issues Network (WIN)



WIN is a place for people affected by overweight or obesity...and those who care





2022-2032

Enabling Australians to eat well and be active

Health Ministers' Meetin







I joined WIN because I grew up in a family where 2 of 3 of us (me and siblings) grew ...

Read More Kai

WIN is the first organisation in When joining WIN, not only did Australia that speaks with the voice..

learn more about losing

weight and also help others in my journey with

but something I have achieved may help

family support helping

what they are going

treat the problem.

some way.

everyone share their stories in a confidential ...

Joanne

Read More Lisa-April

Read More



Stop the bias and the blame game I like the Weight Issues...

Jemma





At WIN, I have found a supportive collegiate group with inspiring stories...

Colette

Read More



Clare has worked in change management and communications roles...

Read More

Jenny is a self-confessed "notboring" accountant with over 30 years...

Clare Mullen

Jenny Marshall Read More



# Weight Issues Network





Louise began her career as a Nic has been a Specialist Registered Nurse and Midwife Obesity Physician for 20 years. over 40 years ago ... He is a passionate advocate ...

Louise Maher-Bale Read More Nic Kormas Read More

Andrew is passionate about supporting people living with obesity and mental health ...

> Andrew Wilson Read More



Technology and Systems...

Sam Sarkis



Litsa is a lawyer with 20 years of a successful Information experience. She has a strong drive to live in a more ...

Read More Litsa Tsitsis

Read More Lyn is an indigenous woman, mother and grandmother. A retired Mathematics teacher...

> Lyn Keppler Read More



- Lived Experience Leadership Group
- WIN Community Meetups
- Story Telling Training
- Advocate for services and treatments
- Change the narrative around weight challenges
- Respectful image library and media guide
- PBAC Submissions
- Clinical practice guidelines for the management of overweight and obesity in adults, adolescents and children in Australia
- Advocacy Report

### Weight Issues Network

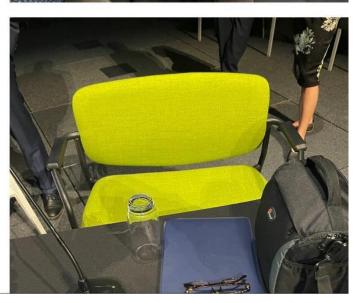




























www.weightissuesnetwork.org