





FRIDAY, 1 SEPTEMBER

PAVILION 4
ROOM CAPRI

AMBULATORY BARIATRIC SURGERY: THE FUTURE OR NOT WORTHY 09.00 - 10.30



Chair: Camilo Boza (Chile)

Moderators: Moataz Bashah (Qatar), Vincenzo Borrelli (Italy)

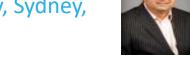
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https://www.ispcop.net



I have no potential conflicts of interest to report

DIFFICULTIES IN IMPLEMENTING ERABS

09.20-09.30







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ERABS: ENHANCED RECOVERY AFTER BARIATRIC SURGERY

MULTI-DISCIPLINARY

EVIDENCE BASED

EARLY INTERVENTION

World J Surg (2016) 40:2065–2083 DOI 10.1007/s00268-016-3492-3





SCIENTIFIC REVIEW

Guidelines for Perioperative Care in Bariatric Surgery: Enhanced Recovery After Surgery (ERAS) Society Recommendations

A. Thorell¹ · A. D. MacCormick^{2,3} · S. Awad^{4,5} · N. Reynolds⁴ · D. Roulin⁶ · N. Demartines⁶ · M. Vignaud⁷ · A. Alvarez⁸ · P. M. Singh⁹ · D. N. Lobo¹⁰

Published online: 4 March 2016

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ENHANCED RECOVERY AFTER BARIATRIC SURGERY

EARLY INTERVENTION

EXTENSIVE

EVIDENCE-BASED MODIFICATIONS

IN ALL PERIOPERATIVE PHASES

MULTIMODAL

MULTIDISCIPLINARYPROTOCOLS FOR A

SURGICAL EPISODE.



ERABS AIMS TO ENHANCE : PRE

INTRA &

POST-OPERATIVE PHYSIOLOGY

FOR OPTIMIZATION OF RECOVERY

AFTER SURGERY NAPOL

RESULTS:

BETTER PATIENT OUTCOMES, LESS SURGICAL / PERIOP COMPLICATIONS, DECREASED LENGTH OF HOSPITAL STAY, RAPID PATIENT TURNOVER, SHORTER OPERATING ROOM TIMES, LOWER HEALTHCARE COSTS

NAPOLI

SO WHY ISN'T EVERYBODY DOING IT?! THE SURGEONS DON'T WANT IT THE ANESTHESIOLOGISTS DON'T WANT IT THE HOSPITAL WON'T FUND IT THE NURSES DON'T WANT IT THE PATIENTS DON'T WANT IT*

PHYSICAL AND LOGISTIC FACTORS*

Preoperative Opioid Use,
History Of Psychiatric Illness,
Chronic Kidney Disease,
Revision Cases - delayed discharge
Creatinine >1.5 Mg/Dl
Ejection Fraction < 50%,
Increased Case Duration - Increased LOS
Fifteen Patients Were Readmitted Within 30 Days (2.6%)

*Jonsson, A. Lin, E. Patel, L. et al: Barriers to Enhanced Recovery after Surgery after Laparoscopic Sleeve Gastrectomy. Journal of the American College of Surgeons 226(4):p 605-613, April 2018. | DOI: 10.1016/j.jamcollsurg.2017.12.028



INSTITUTIONAL-CULTURAL FACTORS

- 1. INEFFECTIVE LEADERSHIP
- 2. POOR ENGAGEMENT
- 3. POOR COMMUNICATION.
- 4. CLINICAL VARIATION
- 5....poor compliance



POOR COMPLIANCE EVEN THE BEST...



Brazilian Journal of ANESTHESIOLOGY



ORIGINAL INVESTIGATION

Compliance with Enhanced Recovery After Surgery (ERAS) protocol recommendations for bariatric surgery in an obesity treatment center



Júlia Gonçalves Zandomenico 🍩 *, Fabiana Schuelter Trevisol 🚳 , Jean Abreu Machado 🚳

The study evaluated all patients undergoing bariatric surgery in 2019. Mean compliance with the recommendations per participant was 42.8%, with a maximum of 55.5%, and was distrib- uted as follows: 22.6% of compliance with preoperative recommendations, 60% to intraoperative recommendations, and 58.1% to postoperative recommendations. The anesthesiologist is the professional who provides most measures for the perioperative optimization of bariatric surgery patients. In our study we found that anesthesiologists complied with only 39.5% of ERABS recommendations.



ANESTHESIOLOGIST ROLE OVERCOMING BARRIERS

- Preoperative Preparation:
- Pathophysiological Optimization And Premedication
- Intraoperative Management:
- Pain Prevention
- PONV Prevention
- Consider OFA
- Consider recent advances

Consider recent advances

 https://www.asahq.org/aboutasa/newsroom/newsreleases/2023/06/american-society-ofanesthesiologists-consensus-basedguidance-on-preoperativeManagement of Patients (Adults and Children) on Glucagon-Like Peptide-1 (GLP-1) Receptor Agonists



ANESTHESIOLOGIST ROLE

- IMPROVED fasting guidelines,
- SUPERVISE carbohydrate loading
- OPTIMIZATION of risk factors,
- MULTIMODAl analgesia,
- FLUID management,
- prevention of HYPOTHERMIA,
- early FEEDING
- early MOBILIZATION.
- APPLY SPECIFIC PROTOCOLS TO OBTAIN MAXIMUM BENEFITS OF ERAS.

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THANK YOU

