

10th Anniversary and Future Perspectives

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President, Young IFSO

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Director, Chinese Obesity and Metabolic Surgery (COMES) Collaborative & Database
COO and Secretary General, Asia Pacific Alliance for Obesity and Sarcopenia Metabolism (APAOSM)

Content

IFSO

- 1. Structures and platforms
- 2. Activities: recent updates
- 3. Selected publications
- 4. Future plans

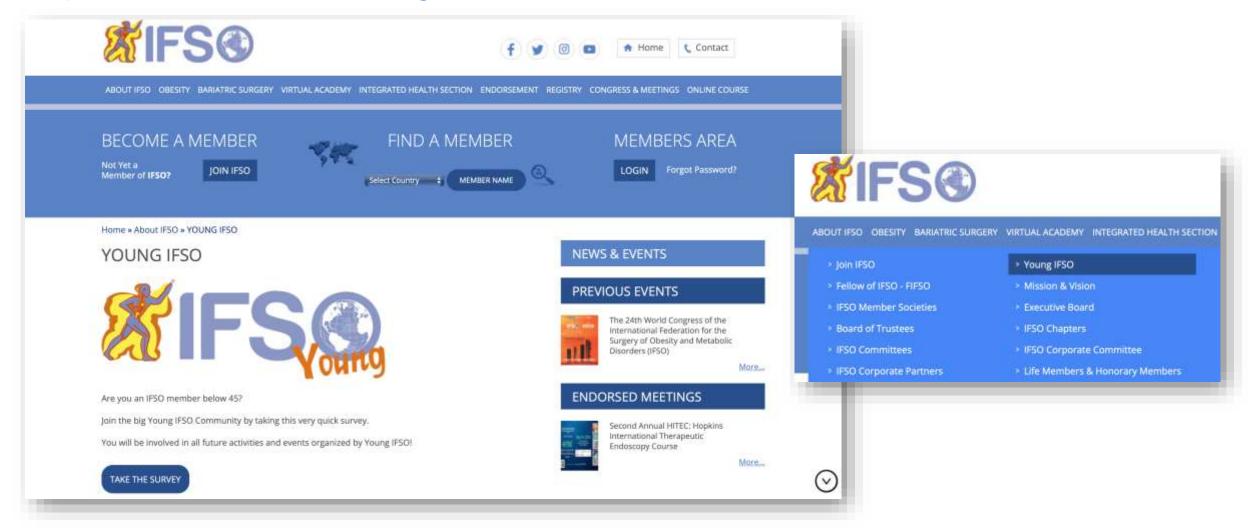
10th Anniversary and the New Logo



Young IFSO Webpage at IFSO.com



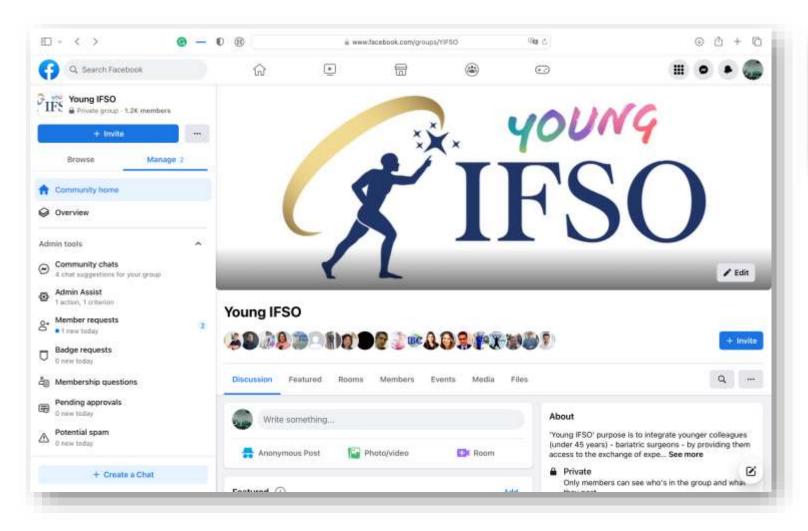
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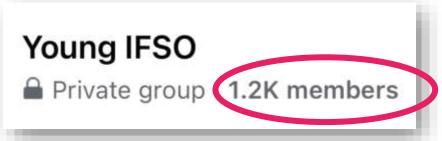


Young IFSO Facebook Page



www.facebook.com/groups/YIFSO





No. of Members

354 → 527 → **1200**



Twitter @YoungIFSO

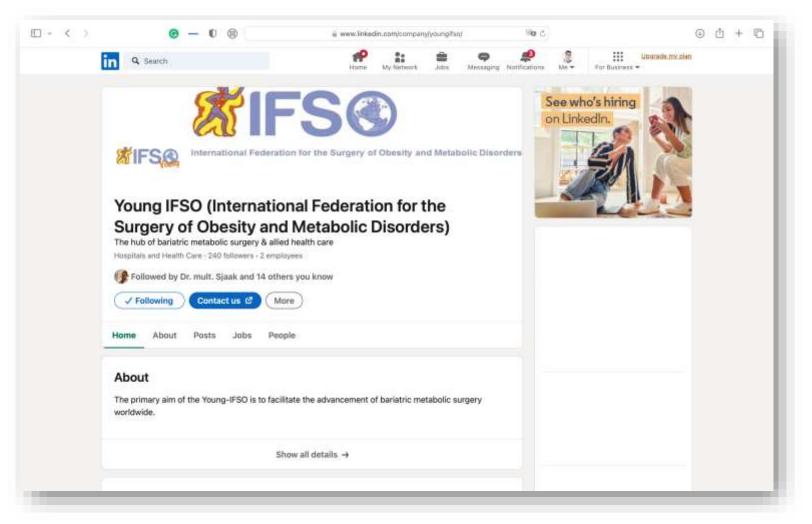




https://twitter.com/YoungIFSO







https://www.linkedin.com/company/youngifso

Benefits of being Young IFSO Members



- 1. Enjoy all benefits of IFSO Regular Members / Integrated Health Members
- Young IFSO provides clinical/academic international collaborations and global research opportunities.
- Young IFSO sessions at international conferences provide young investigators to present their work and increase their visibility.
- Young IFSO Journal Clubs provide good networking and discussions on hot topics in bariatric and metabolic surgery.
- Young IFSO provides opportunities to make international friends. A global network to call for advice and learn new skills in a relaxed, friendly environment.
- 6. Young IFSO provides opportunities to take part in leadership and teamwork in its Chapters and Committees with global collaborations and activities.
- IFSO Scholarship to support our young members to attend IFSO Chapter Meetings and World Congress.

Source: https://www.linkedin.com/company/youngifso

Join us: Young IFSO Membership Survey



- An IFSO member aged 45 or below is eligible to join Young IFSO
- Fill in a simple survey to join: https://www.surveymonkey.com/r/RPZKPNW



- → ARE YOU AN IFSO MEMBER BELOW 45?
- JOIN THE BIG YOUNG IFSO COMMUNITY BY TAKING A VERY QUICK SURVEY ON:

WWW.IFSO.COM/YOUNG-IFSO

BENEFITS OF BEING YOUNG IFSO N EMBERS

- 1. ENJOY ALL BENEFITS OF IFSO REGULAR MEMBERS / INTEGRATED HEALTH MEMBERS
- 2. YOUNG IFS CLINIC CADEMY ERNATIONAL C LLABORATIONS AND GLOBAL RESEARCH PORTUNITY
- OUNG IFSO SESSION ANTERNATIONAL COMMANDES PROVIDE YOUNG INVESTIGATORS TO PRESENT THEIR WORK INCREASE THEIR COMMANDES PROVIDE YOUNG INVESTIGATORS TO PRESENT THEIR WORK
- VING AND DISCUSSIONS ON HOT TOPICS IN BARIATRIC
- 5. GIFSO PROVIDES OPPORTUNITIES TO MAKE INTERNATIONAL FRIENDS. A LOBAL NETWORK TO CALL FOR ADVICE AND LEARN NEW SKILLS IN A RELAXED, FRIENDLY ENVIRONMENT
- 6. YOUNG IFSO PROVIDES OF CHIUNITIES TO TAKE PART IN LEADERSHIP AND TEAMWORK IN ITS CHAPTERS AND COMMUTTEES WITH GLOBAL COLLABORATIONS AND ACTIVITIES.
- 7. IFSO SCHOLARSHIP TO SUPPORT OUR YOUNG MEMBERS TO ATTEND IFSO CHAPTER MEETINGS AND WORLD CONGRESS.

Executive Board, Committees, Advisory Board



Executive Board	
President	Wah Yang (China)
President-elect	Daniel Moritz Felsenreich (Austria)
Immediate Past President	Halit Eren Taskin (Turkey)
Secretary-Treasurer	Reynu Rajan (Malaysia)
Chapter Representatives	
APC	Shahab Shahabi (Iran)
EC	Roxanna Zakeri (UK)
LAC	Jose Eduardo Garcia Flores (Mexico)
MENAC	Tamer Abdelbaki (Egypt)
NAC	Toghrul Talishinskiy (USA)
<u>Committees</u>	
Scientific Committee Chair	Sonja Chiappetta (Italy)
Communication Committee Chair	Daniel Gero (Switzerland)
Advisory Board	
Halit Eren Taskin, Aleksandr Neimark,	Karin Dolezalova, Sylvia Weiner























Chapter Representatives















Shahab Shahabi
APC



Roxanna Zakeri EC



Jose Eduardo Garcia Flores

LAC



Tamer Abdelbaki
MENAC



Toghrul Talishinskiy
NAC

Committees of Young IFSO





Sonja Chiappetta
Scientific Committee Chair



Daniel Gero

Communication Committee Chair



???
New Committee ???

Advisory Board





Halit Eren Taskin



Aleksandr Neimark



Karin Dolezalova



Sylvia Weiner

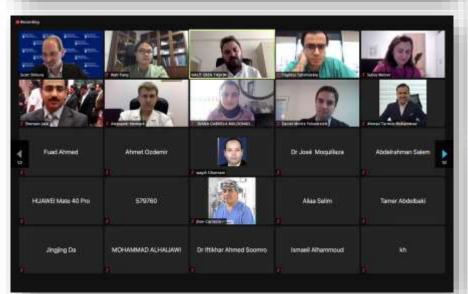


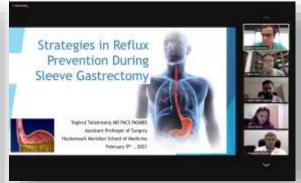
Activities: Recent Updates

Young IFSO Journal Club Meetings

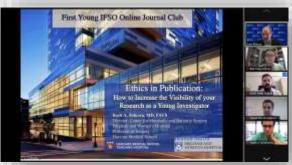






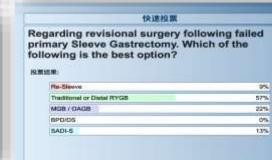












Upcoming Meetings

2022

Dec 20

2023

Feb

Apr

June

Aug: IFSO World Congress

Oct

Dec

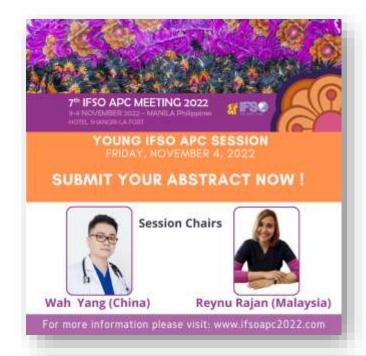


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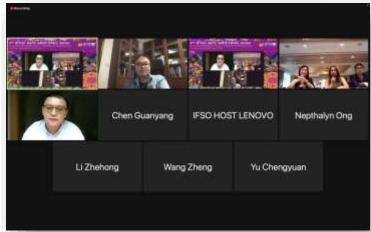
Source: Young IFSO

YOUNG IFSO Session in IFSO-APC Meeting 2022











II.00 - 16.30	YOUNG IFSO SESSION Chairs: Wah Yang, Reynu Rajan Co-Chairs: Michelle Lim-Loo, Darwin Salonga
15.00 - 15.05	Establishment of a nomogram based on inflammation-related methylation sites in intraoperative visceral adipose tissue to predict EWL% after LSG Chen Guanyang, Li Zhehong, Wang Zheng, Zhang Nengwei (China)
15.05 - 15.10	Evaluation of Six Non-invasive Methods for the Detection of Fibrosis in Chinese Patients with Obesity and Nonalcoholic Fatty Liver Disease Chen Gang, Yang Jun-cheng, Zhang Gui-xiang, Cheng Zhong, Du Xiao (China)
15.10 - 15.15	The Comparison of Sieeve Gastrectomy and Gastric Bypass in the Treatment of Metabolic-associated Fatty Liver Disease in Chinese Patients with Obesity Chen Gang, Yang Jun-cheng, Zhang Gui-xiang, Cheng Zhong, Du Xiao (China)
15.15 - 15.20	A Nomogram Based On Adipogenesis-Related Methylation Sites In Intraoperative Visceral Fat To Predict Ewl% At One-Year Following Laparoscopic Sleeve Gastrectomy Li Zhehong, Chen Guanyang, Wang Zheng, Zhang Nengwei (China)
15,20 - 15.25	Pregnancy outcomes after bariatric surgery compared with women without surgery in China Li Yichen, Mu Ligian, Mao Zhongqi, Qin Xiaoguang, Zhang Min, Wu Guoqiang, Lee Wei-Jel (China)
15.25 - 15.30	An Assessment of the Effect of Bariatric Surgery on Cardiovascular Disease Risk in the Chinese Using CVD risk model Xu Guangzhong, Wang Zheng, Yu Chengyuan, Nengwei Zhang (China)
15.30 - 15.35	Comparison of various prediction models of type 2 diabetes mellitus in the Chinese population five years after laparoscopic sleeve gastrectomy Yu Chengyuan, Wang Llang, Xu Guangzhong, Chen Guangyang, Sang Qing, Wuyun Qiqige, Wang Zheng, Tian Chenxu, Zhang Nengwei (China)
15.35 - 15.40	Comparison of various prediction models of type 2 diabetes mellitus in the Chinese population five years after Roux-en-Y Gastric Bypass Yu Chengyuan, Wang Zheng, Wuyun Qiqige, Chen Weijian, Li Zhehong, Shang Mingyue, Zhang Nengwei (China)
15.40 - 15.45	Efficacy analysis of four different bariatric surgeries in the treatment of Chinese patients with super-obesity Zhang Zheng, Wang Lun, Zhao Yuhui, Jiang Tao, Wang Xia, Zhang Zhongzheng, Hu Lifu, Xiao Minghao (China)
15.45 - 15.50	Effect of preoperative proton pump inhibitors on postoperative nausea and vorniting of sleevegastrectomy: a single-center randomized controlled trial Jie Zhu, Wenhui Chen, Rufeng Li, Xiaomei Chen, Wah Yang, Zhiyong Dong, Cunchwan Wang (China)
15.50 - 16.30	Q&A Discussion

Young IFSO Session at IFSO-EC Congress in Zurich 2023





• Young IFSO Session at IFSO-EC Congress in Zurich 2023
Abstract: Open now! Deadline: January 15, 2023

https://www.ifso-ec2023.com/abstracts

Worldwide Young IFSO bariatric educational Study is coming soon

Source: Dr. Daniel Moritz Felsenreich



Frankfurt Meeting 2022 (Germany)



Source: Dr. Daniel Moritz Felsenreich

Young IFSO Session | Die Another Day

Chairman: Daniel Moritz Felsenreich (AUT) Moderator: Anne Freund (Frankfurt) Moderator: Roxanna Zakeri (UK)

02:00-02:15 | Risk of Reopening of the Mesenteric Defects After Routine Closure in Laparoscopic Roux-en-Y Gastric Bypass: a Single-Centre Experience Younis Louvildis (CH)

02:15-02:30 | Biomarkers in patients with COVID and obesity Spok Pouveti (NED)

02:30-02:45 | Gastroesophageal Reflux Disease as an indication of Revisional Bariatric Surgery—Indication and Results—a Systematic Review and Metanalysis Alforso Bosco (ITA)

02.45-03:00 | Effects of barratric surgery on beta-cell function and insulin sensitivity in patients with NAFLD Adiso Polio (GER)

03:00-03:15 | Effectiveness and Tolerability of a Two-Week Hypocaloric Protein-Rich Diet Prior to Obesity Surgery with Two Different Diet Interventions: a Prospective Randomized Trial Undine Gabriele Longe (GER)

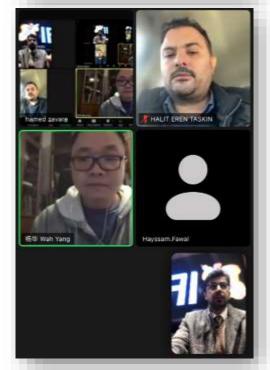
03:15-03:30 | Trends of Overweight and Obesity in Male Adolescents: Prevalence, Socioeconomic Status, and Impact on Cardiovascular Risk in a Central European Country
Lisa Genstholer (AUS)

03:30-04:00 | Discussion

- Young IFSO session in IFSO indorsed 5th international congress of Iranian Society of Metabolic and Bariatric Surgery (ISMBS), Tehran, Iran (Dec 2022)
 - with Shahab Shahabi, Wah Yang, Eren Taskin and other colleagues
- Young IFSO session in Annual Conference of Obesity Surgery Society of India (OSSI) (March 2023)
 - With Priya Pallawi, Shahab Shahabi, Wah Yang and other colleagues.
- Presentation of Young IFSO members in 3rd International conference of Pakistan Society for Metabolic and Bariatric Surgery (PSMBS) in IslamAbad, Pakistan. (16-17 March 2023)
 - With Eren Taskin, Shahab Shahabi, Amir Hossein Davarpanah and other colleagues.







Credits: Dr. Shahab Shahabi



- Young IFSO sessions in Azerbaijan and Uzbekistan last year. Attracted many young surgeons and collaborators to IFSO.
- Visited *Pakistan* and in Collaboration with GLR signed a protocol for young surgeons to come to *Istanbul University* to do a one month of Bariatric and Metabolic surgery fellowship in Istanbul.
- Work hard and try to attract many projects and young surgeons to IFSO from Central Asia and the Caucasus region.
- Visited also China this year and met with wonderful young surgeons there in Beijing











Credits: Dr. Halit Eren Taskin

News and updates from active members







Every year, as all members of the association, we hold meetings several times a year, our main goal is to inform them of the latest IFSO news and to discuss it together. Then we implement plans on how to form and advance these new scientific discussions in our country. So far, we have implemented them with Speed. Although we have been established for 10 years, we have already held 5 international conferences. Since 2017, we have had a national protocol. Since 2018, bariatric metabolic surgery has been taught at our university. CURRENTLY, IN 11 CLINIC IN OUR COUNTRY, THESE OPERATIONS ARE PERFORMED IN ACCORDANCE WITH IFSO STANDARDS.

Participations in National Societies



- Due to involvement in the Young IFSO allowed further involvement in ASMBS and accepted into Pediatric Committee at ASMBS with invited talk on evolution of Pediatric Bariatric Surgery Guidelines at the ASMBS 2023 meeting
- Other National Societies

YOUNG IFSO Session in IFSO World Congress 2023





- Encourage Young IFSO members submit their abstracts and attend the conference in person
- 7 abstracts accepted for this session
- 2 abstracts accepted were selected as top papers, so will be presented in the Top Papers Session



Selected Publications

by Young IFSO Members

Young IFSO Spotlight



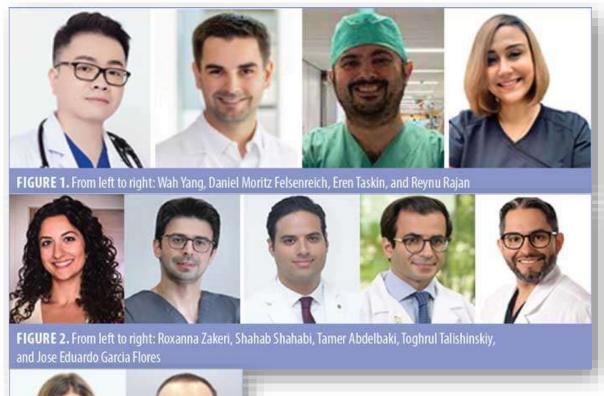




FIGURE 3. Sonja Chiappetta and Daniel Gero

Young International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Spotlight. Bariatric Times. 2023;20(7–8). Published online July 31, 2023. https://bariatrictimes.com/young-ifso-spotlight

Credits: Dr. Daniel Moritz Felsenreich

Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey



Oliverty Surgery (2023) 33:2616-2859 https://doi.org/10.1007/s11495-023-06751-d #IFS®

ORIGINAL CONTRIBUTIONS



Daniel M. Felsenreich^{*} - Wah Yang^{*} - Halit E. Taskin^{*} - Tamer Abdelbaki^{*} - Shahab Shahabi^{*} - Roxanna Zakeri^{*} -Togbrai Talishieskiy^{*} - Daniel Gero^{*} - Alexandr Neimark^{*} - Sonja Chlappetta^{**} on behalf of Young IFSO Collaborative Group

Received 6 April 2021 / Revised: 11 July 2021 / Accepted: 14 July 2021 / Full Indicated volume: 36 July 2021 / CiTie Authoritic under exclusive frames to Services Sciences Revises Media, 11C, part of Services Mature 2021

Abstract.

Background This international Young IFSO are surgery (BMS) training also approximation and resources differ among young surgrous.

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Conclusion. This inform sonal experts' survey underlines the lack of a mandardized global suggical curriculum of BMS during residency. It show that SG is the single most performed procedure by young suggest of the data might underline the importance of advancing suggical education in BMS, and accretiful fellowship properties. As offered, in this is maintain and make quality of BMS.

Keyworth Bariatric surgic education Baria truining Leaning we Global 5

Key Points

- BMS education globally variety using different grey locations.
 More than 50% of the recognity to performed loss than
- hartatric surgeries doring monitors

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- Preparation of the stockach data. St. is the most perfectled surgical step, and SG is the most perfectled flows during sessions;
- All types of gastra bypens are retroilers.
- excellence

 Laparecopic training courses, cadarer courses, and wet lab
 teating are the tool perferred suggest training options.

Dasiel M. Feberseich, Wah Yang, Hait E. Taskin, Einter Abdobak, Sashab Stabake, Rozarus Zakeri, Toghral Talishinskip, Dasiel Gero, Alexandr Neimarh, and Songa Chiagpetia are received of the Yuang BSO Collaborative Group.

Entended author information available on the last page of the article



bbi ations

IFSO International Federation for the Surgery of

BMS Bariatric/metabolic surgery
ASMBS American Composite and Hursan

SG Slerve gastroctomy
RYGB Roux-en-Y gastric hypais
OAGH One struttemosis gastric hypais
SADI-S Single anastronosis duodens-ileal

bypas + sleeve gastrectomy

OR Operating room

LAGII Laparoscopic adjustable gastric banding CUSUM Cumulative sum



Felsenreich DM, Yang W, Taskin HE, Abdelbaki T, Shahabi S, Zakeri R, Talishinskiy T, Gero D, Neimark A, Chiappetta S; Young IFSO Collaborative Group. Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey. Obes Surg. 2023 Sep;33(9):2816-2830. doi: 10.1007/s11695-023-06751-8. Epub 2023 Jul 28. PMID: 37505341.

Credits: Drs. Daniel Moritz Felsenreich, Sonja Chiappetta

Two Papers Awarded in IFSO-EC 2023



- Frick LD, Hankir MK, Borner T, Malagola E, File B, Gero D. *Novel Insights into the Physiology of Nutrient Sensing and Gut-Brain Communication in Surgical and Experimental Obesity Therapy.* Obes Surg. 2023 Sep;33(9):2906-2916.
- Renold C, Deferm NP, Hauser R, Gerber P, Bueter M, Thalheimer A, Gero D. The Effect of a
 Multifaceted Intervention Including Classroom Education and Bariatric Weight Suit Use on
 Medical Students' Attitudes toward Patients with Obesity. Obes Facts. 2023;16(4):381-391.





Best Paper and Best Video in OBSU



BEST PAPERS OBSU

 Single-anastomosis Sleeve Jejunal: a Mid-term Follow-up Report of a New Surgical Technique (Apr 2023)

BEST VIDEO OBSU

 Laparoscopic Conversion of Open Vertical Banded Gastroplasty to Roux-en-Y Gastric Bypass with Resecting the Remnant Stomach—Video Case Report" (Feb 2023)



Nothern Shokeli Shokeli Hokeleri, Pooled Ighthak, Amir Noovin Devergonsk jast, Sevol

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Many other papers published by Young IFSO members



- We have published multiple papers on multiple topics such as *variation of* histopathology on patients with obesity, sports injuries, education and hernias
- >100 publications last year from Young IFSO Members
- Set up scientific library to share all publications by Young IFSO members



Future Plans

4 E's for Young IFSO

4 E's for Young IFSO



- Expansion: Promote Young IFSO to more young talents around the world, especially in countries/regions just started bariatric surgery.
- Education: Give more equal chances to our young members to learn, share and collaborate with each other.
- Evidence: We need more data and evidence to speak for bariatric surgery as evidence is lacking for many clinical questions. With data, then we can come up with consensus or guidelines which is needed for IFSO and its members and chapters. Encourage and conduct more multicenter clinical researches.
- Equity: Be more practical and beneficial to most of our members.

Planned Future Activities of Young IFSO (selected)



- Young IFSO offers online and recorded events. The topic will be announced four weeks before the webinar via social media.
- Young IFSO session at the IFSO World Congress 2023 in Naples, Italy August 30 September 1, 2023
- 1st Joint IFSO-EC and Young IFSO Webinar online September 28, 2023
- Young IFSO MENA Chapter Session in Egyptian Society of Bariatric Surgeons Annual Meeting October 2023
- Young IFSO session at the IFSO-APC Congress 2023 in Shenzhen, China Nov 30 Dec 2, 2023
- Young IFSO Lecture at Club SOFFCO Jeune Congress in Strasbourg iRCAD, France February 1-2, 2024)
- Young IFSO Training Course (become a bariatric and metabolic surgeon) Animal Lab in Naples, Italy February 22-23, 2024
- Young IFSO session at the IFSO-EC Congress 2024 in Vienna, Austria May 2-4, 2024. 5 Prizes for the best presentations are planned.
- Joint Young IFSO and International Club SOFFCO Jeune Session at National SOFFCO Congress in Nantes, France May 22-24, 2024

Source: Young IFSO

BECOME A BARIATRIC AND METABOLIC SURGEON: Animal Lab for Young Surgeons





Surgical Tips and Tricks (09:00 AM - 04:00 PM)

Sleeve Gastrectomy

Karin Dolezalova

Roux-en-Y Gastric bypass

Aleksandr Neimark

One anastomosis gastric bypass

Eren Taskin

Endoscopic Sleeve Gastroplasty

Christine Stier

Robotic Bariatric Surgery

Toghrul Talishinskiy

Ergonomics in Laparoscopic Surgery

Tamer Abdelbaki

Lunch Session: Buttressing the staple line

NN

Scientific Work for Young Surgeons (04:00 PM - 05:00PM)

How to conduct a scientific study

Daniel Gero

How to publish

Shahab Shahabi

Discussion

Roxanna Zakeri

Credits: Dr. Sonja Chiappetta

Observership / Fellowship / Workshop Proposals



- Some hospitals (in Egypt) with experienced teams are willing to offer observership / workshops to Young IFSO Members.
- We gained full support from our institution (in North America) to open up a Bariatric and MIS fellowship which is currently under review of the Fellowship Council.
- MBS fellowship program in Rasoul-e- Akram Hospital Center of Excellence for surgery of Obesity in Iran, trainees from Afghanistan, Pakistan, UAE...









Credits: Drs. Tamer Abdelbaki, Toghrul Talishinskiy, Shahab Shahabi

Research Projects



- Several research projects are under preparation
- Studies presented in Young IFSO Sessions in the past events are currently under review or under preparation
 - eg. macronutrient selection changes after RYGB; benchmarks in robotic RYGB and SG

Abstracts / Presentations → **Published Papers**

Credits: Dr. Daniel Gero



- 1. Structures and platforms
- 2. Activities: recent updates
- 3. Selected publications
- 4. Future plans

JOIN US NOW

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