



**Agenda | June 21-22, 2018**

# **Bariatric & Metabolic Surgery Symposium Consensus & controversies**

Johnson & Johnson Institute, Hamburg, Germany

# Welcome to the Johnson & Johnson Institute

The Johnson & Johnson institute invites you to the 5th annual bariatric & metabolic surgery symposium. The interactive educational program combines plenary sessions, live-surgery sessions and workshops to offer an opportunity for an open exchange between the experts and attendees.

Plenary sessions will focus on consensus and controversies in primary and revisional bariatric surgery and treatment algorithms including lectures, live-surgery sessions and evidence-based debates among the experts.

Additionally, attendees can choose 2 workshops out of a broad offering to advance their knowledge in a specific area of bariatric & metabolic surgery or obesity center/practice management.

All sessions and workshops are led by a highly-experienced international faculty, experts in the field of bariatric & metabolic surgery.

Yours sincerely,

**The Bariatric & Metabolic surgery  
symposium Organizing Committee**

## **Faculty**

**Prof Jacques Himpens**, Belgium

**Dr Alan Wittgrove**, USA

**Dr Bruno Dillemans**, Belgium

**Prof David Nocca**, France

**Prof Antonio Torres**, Spain

**Dr Rui Ribeiro**, Portugal

**Prof Ralph Peterli**, Switzerland

**Dr Alessandro Giovanelli**, Italy

**Dr Christiano Giardiello**, Italy

**Dr Frits Berends**, The Netherlands

**Prof Catalin Copaesca**, Romania

**Prof Francesco Rubino**, UK

**Prof Carel Le Roux**, IRL

**Dr Karl-Peter Rheinwald**, Germany

**Dr Nicolas Veyrie**, France

**Dr Almino Ramos**, Brazil

**Prof. Torsten Olbers**, Sweden

**Prof Karl Miller**, UAE

**Day 1**

**June 21, 2018**

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09:30	Registrations	
10:00	Executive welcome	J&J - Chairman
10:15	Opening lecture: bariatric & metabolic surgery the past, the present & the future	J. Himpens
10:40	Revisional bariatric surgery: from technical aspects to chronic disease management	K. Miller / F. Rubino
11:20	<b>Live surgery session 1 with expert panel discussion &amp; audience participation</b> <b>Center:</b> AZ St. Jan Bruges – B. Dillemans, J.P. Mulier & team <b>Moderator:</b> K. Miller <b>Expert panel:</b> J. Himpens, A. Ramos, F. Berends, T. Olbers, A. Wittgrove & C. Giardiello	
12:45	Session summary	
13:00	<b>Lunch</b>	
14:00	<b>Live surgery session 2 with expert panel discussion &amp; audience participation</b> <b>Center:</b> AZ St. Jan Bruges – B. Dillemans, J.P. Mulier & team <b>Moderator:</b> K. Miller <b>Expert panel:</b> F. Rubino, R. Ribeiro, A. Torres, A. Giovanelli, D. Nocca & K.P. Rheinwalt	
15:45	Session summary	
16:00	<b>Coffee break</b>	
16:30	Workshops day 1*	
18:00	Concluding remarks & closing day 1	
18:15	Transfer to hotel	
20:30	<b>Dinner EAST restaurant</b>	

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**Day 2**

**June 22, 2018**

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07:00 Transfer to the Johnson & Johnson Institute

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08:00 Welcome day 2

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08:15 The great debate - Innovations in bariatric & metabolic surgery:

**Introduction:** K. Miller

**Session 1 - Novel & emerging procedures & techniques**

**Moderator:** A. Ramos

**Presenter:** A. Torres

**Panel:** C. Copaescu, R. Ribero, D. Nocca

**Session 2 - Patient pathway management**

**Moderator:** F. Berends

**Presenter:** A. Wittgrove

**Panel:** A. Giovanelli, A. Ramos, N. Veyrie

**Session 3 - Research, evidence & guidelines**

**Moderator:** R. Peterli

**Presenter:** F. Rubino

**Panel:** J. Himpens, C. Le Roux, C. Giardiello

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10:00 **Coffee break**

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10:30 Workshops day 2\*

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12:00 Faculty round table – best-practice & lessons learned

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13:00 Concluding remarks & closing day 2

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13:15 **Transfers to airport**

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## Workshop Overview

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\*Workshop allocation based upon your selection during registration

### Workshop 1 - Optimizing your surgical technique

Faculty: A. Wittgrove, D. Nocca & C. Copaescu

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**Outline:** A practical hands-on workshop with tips and tricks and best-practices from the experts on surgical technique to optimize your outcomes.

**Learning objectives:** After this workshops participants will:

- Perform side-to-side stapled anastomosis with hand sewn closure of the defect
- Understand principles of hand sewn anastomosis
- Understand principles of save stapling and suturing

### Workshop 2 - Patient pathway & Enhanced recovery after bariatric surgery (ERABS)

Faculty: F. Berends & K.P. Rheinwalt

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**Outline:** An interactive session on patient pathway programs & digital platforms, with focus on enhanced recovery after bariatric surgery.

**Learning objectives:** After this workshops participants will:

- Understand key components of an effective patient pathway program & tips and tricks on getting a program started in their institution
- How to engage and empower their surgical teams to increase efficiency
- Have an outline of current digital platform and their use and how to support better patient outcomes

### Workshop 3 - Managing a high-volume obesity center in a multi-disciplinary setting

Faculty: A. Giovanelli & T. Olbers

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**Outline:** A practical session on how to establish and engage a true multidisciplinary obesity team.

**Learning objectives:** After this workshops participants will:

- Gain insights on how to effectively manage high-volume pre, per and post-operative care
- Learn how to start and build a solid obesity/ bariatric center that has the correct elements to provide comprehensive care of the morbidly obese patient
- Understand the importance of multidisciplinary team approach in evaluating and managing complex patients

## Workshop Overview (continued)

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### Workshop 4 - How to better collaborate with the medical community to increase patient referral?

Faculty: C. Le Roux & A. Ramos

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**Outline:** A practical session on collaborative care during which clinicians representing both fields will present their perspectives and engage in dialogue about what they would most like colleagues from ‘the other side’ to understand about their own field.

**Learning objectives:** After this workshops participants will understand:

- How to establish aligned goals to propose best treatment options for the patient
- The role of social media and digital connectivity
- A summary on the most important information for other clinicians to know about surgical and nonsurgical approaches, and a more integrated, ‘continuum’ model of surgical and nonsurgical approaches

### Workshop 5 - Treatment strategies & algorithms for revisional bariatric surgery

Faculty: R. Ribero, J. Himpens & A. Torres

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**Outline:** A practical workshop with clinical case discussion.

**Learning objectives:** After this workshops participants will:

- Understand algorithms & effective treatment strategies
- Differentiate between weight regain/obesity disease relapse and anatomic complications
- Best-practice examples through clinical case discussion

### Workshop 6 - Patient engagement strategies to drive long-term results

Faculty: C. Giardiello & N. Veryie

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**Outline:** A practical session on the patient referral pathway incl. insights from the ‘other’ medical side. How to establish aligned goals to propose best treatment options for the patient.

**Learning objectives:** After this workshops participants will:

- How to activate the patient in an early stage?
- How to drive long-term results and optimize outcomes
- How to lead and drive a patient conversation (to help understand and set the right expectations)

## Workshop Overview (continued)

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### Workshop 7 - Best-practice in surgery – mental training for bariatric surgeons

Faculty: K. Miller & R. Peterli

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**Outline:** A practical session on how to leverage mental training in bariatric surgery to drive high standards and surgical excellence through the OR team.

**Learning objectives:** After this workshops participants will understand:

- Understand why skills matters
- Understand how to get a better performance of the surgical technique
- How to get a better standardized technique

### Workshop 8 - Time to think differently about Bariatric & Metabolic surgery

Faculty: F. Rubino

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**Outline:** An interactive session on the latest evidence on metabolic & diabetes surgery (DSSII, STAMPEDE, ect.).

**Learning objectives:** After this workshops participants will:

- How to leverage evidence & guidelines to drive effective policy activation & engagement
- Have practical examples from developed and emerging countries in the field of bariatric & metabolic surgery on how to effectively influence guidelines development

## Logistics

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### Course venue

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#### **Johnson & Johnson Institute**

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