

**ورشة العمل العاشرة لجراحات البدانة المفرطة**  
**X - BARIATRIC AND METABOLIC**  
**SURGERY WORKSHOP**

Friday & Saturday  
April 13<sup>th</sup> & 14<sup>th</sup>, 2018  
Venue at : Main Lecture Hall  
1<sup>st</sup> Floor - KING HAMAD  
University Hospital - Manama



الهيئة الوطنية لتنظيم المهن والخدمات الصحية  
NATIONAL HEALTH REGULATORY AUTHORITY

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CME



Course Director  
**Sultan Al-Temyatt, MD**  
Consultant, Minimal Invasive  
General & Bariatric Surgery



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KING HAMAD  
UNIVERSITY HOSPITAL  
مستشفى الملك حمد الجامعي





## Message From Course Director



**O**besity is a global concern. The World Health Organization predicts that by 2020, 1 Billion of the world population will be obese as defined by a body mass index of at least 30

Based on surgical techniques originating in the 1950, bariatric surgery has developed considerably and has increased in popularity in recent years. Procedures have traditionally been described as being either restrictive or malabsorptive but a greater understanding of the pathophysiology of obesity including the role of gut hormones has showed this to be a rather simplistic view of the various procedures. Use of minimally invasive techniques has increased significantly in recent years and is now recognized as standard practice worldwide

Surgery is now recognized as the only effective treatment for the morbidly obese patient with long term sustained weight loss and postoperative complete resolution or significant improvement in the obesity comorbidities. However this highly demanding and challenging surgical therapy necessitates the appropriate training and experience on the part of the surgeon. It is vital that the surgeon beyond the optimal theoretical knowledge also has the necessary technical skills in open and/or laparoscopic surgery performs meticulous pre- and postoperative care and is committed to long-term patient follow-up.

Moreover institutional commitment to the multidisciplinary care of the morbidly and super- obese patient who have an exceptional surgical and anesthetic risk is essential to ensure the safe and effective practice of bariatric surgery.

Bariatric surgeons like general surgeons in other subspecialty of surgery have been involved in the assessment of their own profession for many decades. In this era of evidence-based medicine pressure to improve the overall quality of care delivered is greater than ever.

In an effort to improve the quality of service offered to bariatric patients Badana Clinic in collaboration with King Hamad University Hospital Pleased to provide this specialized advanced workshop.

*Sultan Temyatt*

**Sultan Al Temyatt, MD**

Clinic Director

# BARIATRIC AND METABOLIC SURGERY WORKSHOP

## Course Director SULTAN AL TEMYATT, MD

### FACULTY MEMBERS:

- **Abdul Menem Yahya Abualseel, MD** Consultant Bariatric Surgery
- **Khalid Mirza, MD** Consultant Bariatric Surgery
- **Mohammed Saber, MD** Consultant Bariatric Surgery
- **Omer Sherif, MD** Consultant Gastroenterologist
- **Dalal Al Romaihi, MD** Consultant Endocrinologist
- **Shahed Adeel, MD** Consultant Anesthesia and Intensive Care Medicine
- **Walid Hasan Assar, MD** Consultant Cardiologist
- **Dr. Andrew Riskalla, MD** Ent Consultant
- **Dt. Lina Dwedary** Clinical Dietitian



# BARIATRIC AND METABOLIC SURGERY WORKSHOP



## ORGANIZING COMMITTEE:

- **Dr. Ahmed Shokry** Specialist, Surgeon
- **Nasreen Hejres** OR Manager
- **Walid Al Azri** Senior Nurse Specialist
- **Ayman Mohamed Yousef** Senior Nurse Specialist
- **Ms. Reshma Murali** Events Facilitator

**SARA SHAHDA**

WORK SHOP COORDINATOR  
E-MAIL: [sara@badanaclinic.com](mailto:sara@badanaclinic.com)



# BARIATRIC AND METABOLIC SURGERY WORKSHOP

## First Day (Friday 13<sup>th</sup> of April 2018)

- **01:00 PM - 01:30 PM**  
Registration and Welcome Address
- **01:30 PM - 02:00 PM**  
Obesity Management Overview **Dr. Sultan Al Temyatt**
- **02:00 PM - 02:30 PM**  
Peri-Operative preparation of Bariatric surgery **Dr. Mohammed Saber**
- **02:30 PM - 03:00 PM**  
Anesthesia Consideration in Obese Patients **Dr. Shahed Adeel**
- **03:00 PM – 03:30 PM**  
Endoscopic Management of Bariatric Surgery Complications **Dr. Omer Sherif**
- **03:30 PM - 03:45 PM**  
Coffee Break
- **03:45 PM – 04:15 PM**  
Metabolic Surgery **Dr. Sultan Al Temyatt**
- **04:15 PM – 04:45 PM**  
Management of DM in Bariatric Surgery **Dr. Dalal Alromaihi**
- **04:45 PM - 05:15 PM**  
Diet Protocol **Dt. Lina Dwedary**
- **05:15 PM - 05:45 PM**  
The Noisy Partner **Dr. Andrew Riskalla**
- **05:45 PM - 06:00 PM**  
Questions and Answers

**BARIATRIC AND METABOLIC SURGERY WORKSHOP****Second Day (Saturday 14<sup>th</sup> of April 2018)**

- **08:30 AM - 09:00 AM**  
Cardiac Evaluation of Obese Patients **Dr. Walid Hasan Assar**
- **09:00 AM - 10:00 AM**  
Live Transmission from OR **Case 1: Sleeve Gastrectomy**
- **10:00 AM - 10:30 AM**  
Malabsorptive Bariatric Surgery **Dr. Khalid Mirza**
- **10:30 AM – 11:00 AM**  
OAGB (One Anastomosis Gastric Bypass) **Dr. Sultan Al Temyatt**
- **11:00 AM - 11:30 AM**  
Coffee Break
- **11:30 AM – 12:30 PM**  
Live Transmission from OR **Case 2 : OAGB (One Anastomosis Gastric Bypass)**
- **12:30 PM – 01:30 PM**  
Video Session
- **01:30 PM - 02:00 PM**  
Complications of Bariatric Surgery **Dr. Abdel Menem Abualsel**
- **02:00 PM – 02:30 PM**  
Questions and Answers
- **02:30 PM – 03:00 PM**  
Closure and Certificate



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